



Sacred Heart Catholic Primary School Diamond Creek

Sacred Heart Newsletter

Newsletter No 3 Term 1
13 February 2020

What's on at Sacred Heart

Fri 14 Feb	ISS V Diamond Creek (AWAY)
Sat 15th Feb	All Sacraments Blessing Mass Hurstbridge 7.15 pm
Sun 16th Feb	All Sacraments Blessing Mass Diamond Creek 9.00 am
Mon 17 Feb	School Assembly 9.05 am District Swimming Carnival - Watermarc
Tues 18 Feb	Faith Development Night – All Sacraments – St Thomas the Apostle 7 pm
Wed 19 Feb	No Preps
Thur 20 Feb	Prep Welcome BBQ
Fri 21Feb	ISS V Laurimar (AWAY) Sausage Sizzle Lunch

Dates for your Diary.....

<i>Wed 26th Feb</i>	<i>Ash Wednesday Mass 9.15 am Diamond Creek</i>
<i>Thurs 27th Feb</i>	<i>KABOOM TWILIGHT SPORTS CARNIVAL – 5-7 PM on the OVAL</i>
<i>Mon 2nd Mar</i>	<i>Yr 3/4 Excursion – Town Planning</i>
<i>Mon 9th Mar</i>	<i>Labour Day Public Holiday</i>

Click on this link to view the school calendar: <https://www.shdiamondcreek.catholic.edu.au/calendar/>

Dear Sacred Heart families and friends,

The following reflection is worth reading as it gives another insight into commencing something new whether it be a new year, new job or even a new school. All experiences are like a jigsaw.

Everything I needed to know about life I learnt from a jigsaw puzzle.

1. Don't force a fit. If something is meant to be, it will come together naturally
2. When things aren't going so well, take a break. Everything will look different when you return.
3. Be sure to look at the big picture. Getting hung up on the little pieces only leads to frustration.
4. Perseverance pays off. Every important puzzle went together bit by bit, piece by piece.
5. When one spot stops working, move to another. But be sure to come back later. (see #4)
6. The creator of the puzzle gave you the picture as a guidebook.
7. Variety is the spice of life. It's the different colours and patterns that make the puzzle interesting.
8. Working together with friends and family makes any task fun.
9. Establish the border first. Boundaries give a sense of security and order.
10. Don't be afraid to try different combinations. Some matches are surprising.
11. Take time often to celebrate your successes - even little ones.
12. Anything worth doing takes time and effort. A great puzzle can't be rushed.

School Commencement Time –

Children should not to be at school before 8:30 am, as there are no teachers on duty. Any children that arrive at school before 8:30 am must attend the Before School Care program, unless this has been discussed with Gina Murphy or me. This is a legal responsibility that the school must enforce.

Children arriving late to school (after 9 am) need to be signed in by their parent at the Front Office.

If picking your child/ren up early you must sign them out at the Front Office before collecting them from their class.

Working with Children Check –

The Victorian Government introduced the Working With Children Card as a checking system that helps to protect children from sexual or physical harm. The WWC Check is free for volunteers and is valid for a period of five years. As a result all parents or family members who volunteer to help in the classrooms at Sacred Heart need to have a current WWCC card. Online applications can be completed via this link <http://www.workingwithchildren.vic.gov.au/>. You need to take your form to Australia Post to be processed and send your application receipt to the school. Thank you for your co-operation.

2020 Sacramental Programs-

Parents of 2020 Sacrament Candidates in the Combined Parishes of Sacred Heart, St. Thomas the Apostle and St. Mary's are invited to attend an evening of Faith Formation for adults as your child will be celebrating a Sacrament this year.

You can attend either Tuesday 18 February OR Thursday 20 February. These evenings will be held at the Parish Church of St. Thomas the Apostle, 251 Diamond Creek Road, Greensborough North starting at 7.00 pm and finishing at 8.00 pm (approximately).

A reminder that all students and their families who are participating in a Sacrament this year (Year 2 – Reconciliation, Year 3 – First Eucharist, Year 6 – Confirmation) are invited to attend one of our Blessing Masses this weekend. These Blessing Masses are at St. Peter’s Hurstbridge on Saturday 15 February at 7.15 pm and Sacred Heart on Sunday 16 February at 9.00 am.

Sacred Heart Water Supply

On Saturday 15 February the water supply will be turned off while we conduct a leak detection using compressed air. We would appreciate no one being at the school and using drinking taps while these tests are being conducted.



Value = Responsibility

Student of the Week

Prep NG	Alexander Hernandez
1/2 CN	Lucy Jones
1/2 PA	Levi Johnstone
3/4 JD	Tom O’Keefe
3/4 NJ	Hilton Christian
5/6 CM	Lana Junge
5/6 RM	Evelyn McIlroy
STEM	Annabel Boland & Patrick Hardy
LOTE	Marcus Mennilli
Performing Arts	Liam O’Reilly
Visual Arts	Charlotte Molinaro
PE	Madeline Arvaji



Week 2 Students of the Week



*Sustainability Leaders – Kai & Christian
Mini Vinnies Leader – Tadhg
Fire Carriers Leader - Tom*



Token Winners – Miles & Miller



Student Wellbeing & P. E.



Special Lunch Order:

A flyer has been sent home today in regards to a special lunch order for Friday 21st February.

Building Update:

Last Friday the students started using the new toilet block. This is just another sign that we are getting closer to the finish date for the handover of sections to the school. We are also now beginning to investigate new furniture and landscaping options. At this stage we are not committing to large ticket items until the completion of the works allowing us a better idea of how much we have to spend. It really is an exciting time and we look forward to the final outcome. The power will be disconnected on Saturday 22nd February so that the demolition of Block A can occur mainly on Saturday 29th February and Sunday 1st March. There will be further works during the week although a large part of this will take place over the weekend.

Website:

Our new website went live over the weekend. We still have a few minor errors that we are finding that we hope to have fixed up by the end of next week. Please take the time to have a look at it and if there is any feedback please forward this onto gmurphy@shdiamondcreek.catholic.edu.au. We also met with CDF pay to set up an online payment system where families will be able to order and pay for tuckshop, uniform and other events organised by the Parents Association throughout the year from the comfort of their own home on their devices. This will go live in a couple of weeks.

Secondary School Applications:

Reminder to families of Year 5 students wishing to attend Catholic Secondary Schools, open days are currently happening and applications for 2022 close later this year. Year 6 students looking at applying for Government Schools information will be sent home early Term 2 via your child but I encourage families to start attending open days in the meantime.

District Tennis:

On Monday we had three students representing Sacred Heart at the District Tennis trials. Well done to both Alice Brunnen and Ally Blakely on their efforts on the day and unfortunately the boys did not get to play on the day and will reschedule, so we wish Lenny Thomson good luck for when this occurs.

District Swim Carnival:

The District Swimming Carnival is Monday 17th February at Water Marc, Greensborough. Good luck to the following students that will represent Sacred Heart at this event; Isaac Sciberras, Harper Bishop, Zarah Clough, Claire Waddington, Hector Santostefano, Xavier Sciberras, Evelyn McIlroy, Ally Blakely, Makayla Davison, Tadhg Keating, Paddy Hardy and Lachlan Cummins.

House Points:

At the conclusion of week 3 the results were as follows:

MACKILLOP (RED)	BUNJIL (BLUE)	CORDNER (GREEN)
925	1020	1210

KABOOM Twilight Family Carnival:

This year we will be holding our annual Twilight Sports on Thursday 27 February 5-7pm. It is hoped that all families could attend this event. If students are unable to attend if they could let their class teacher know. This is a fun community event for all families.

Interschool Sport:

Sacred Heart competes in the District Interschool Sport Competition conducted throughout the year. Interschool Sport will begin tomorrow, Friday 14th February, with a game against Diamond Creek at their home grounds.

Staff Bio:

ALLISON GARRARD

I think I have had the pleasure of meeting all of our Sacred Heart families at the front office, and have certainly got to know all of your delightful children over the last couple of years. One of the things I love about our beautiful little school is the sense of community and togetherness we share.

My name is Allison Garrard and my association with Sacred Heart began in 2003 when our oldest son started school here. Tom is now 23, followed by Angus 20, Finn 19 and Hamish 17 – all past students. I loved being involved and spent 6 years on the Parents' Association raising the ever much needed funds to enhance the facilities the children still use today. We made great friends and had plenty of fun times over the years.

I began working at Sacred Heart after 5 years in the Finance Office at Our Lady of Mercy College Heidelberg. It was always a dream that one day I might end up back at the school our whole family has loved. I really do feel lucky to be working with such dedicated, hard-working and passionate staff.



My husband, Rod and I have been married 26 years, are in the process of building our second dream home in Hurstbridge (it's only been about 10 years so far). When not cleaning bricks, painting, or being the apprentice, I love to spend time in the outdoors and my garden, tending to my fruit trees, veggie patch and chooks. Our kelpie, Lexi also loves to take me walking each day. Our family's other happy place is Sandy Point – just near Wilson's Prom. We still holiday with another past Sacred Heart family as often as we can - chilling out with friends, surfing, boating, fishing and exploring the magnificent Prom.

I feel it's exciting times ahead for Sacred Heart and feel lucky to be a part of it.

GLORIA LEWIS



Hi my name is Gloria Lewis. I was born and raised in Lautoka, Fiji and moved to Melbourne in 1986 with my husband who was from Macleod but working in Fiji for the Australian Government. We lived in Greensborough for four years before we settled in Diamond Creek in 1990.

My connection with Sacred Heart School and Parish goes back to the 90's with my two girls attending Sacred Heart Primary. My son attended Diamond Creek East P.S. I was on the Parish Baptismal Team for a few years and actively involved with Sacred Heart Netball Club serving on the Committee as well as coaching. My claim to fame is that I coached Kate Moloney (Melbourne Vixens) during her junior years at Sacred Heart Netball Club. I played hockey for Greensborough for 20 years and played netball with a few teams in the Diamond Valley and Jika League over the years and retired from playing about six years ago.

My background work in Fiji was in Sales and Marketing and Reservations in the Tourism Industry. Once settled in Melbourne, I worked for the Commonwealth Bank for over 10 years until I had my son. I went on to look after the Sisters of The Good Samaritan in Northcote before joining the Department Of Human Services specialising in Disability work. After five years, I moved over to St. John Of God (Churinga) for a few years until I joined the Sacred Heart Family in 2010.

I have worked throughout all the year levels as an LSO in the classrooms. Working with children with special needs can be challenging but I find it very interesting as every day is a new day and I wouldn't change a thing. I love seeing our past students working and playing sports locally. This is why I love our Sacred Heart Community.

Term 1 Calendar

February

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10 WEEK 3 A	11	12	13	14	15	16
				ISS v DCreek (Away)	All Sacraments Mass Hursbridge 7.15 pm	All Sacraments Mass DCreek 9.00 am
17 WEEK 4 B	18	19	20	21	22	23
Assembly District Swimming	General Faith Development Night	Preps no school EnvironMentally 2.30pm		ISS v Laurimar (Away)		

24 WEEK 5 A	25	26	27	28	29
Assembly PSGs this week	Shrove/Pancake Tuesday	Preps no school Ash Wednesday Mass 9.15am	Kaboom Twilight Sports Community Event 5-7pm	ISS v First Aid in Schools	

March

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1 First Sunday of Lent
2 WEEK 6 B	3	4	5	6	7	8
Preps Full Time Assembly Year 3/4 Excursion - Eureka Skydeck	Tennis in PE Advisory Board 7.30pm	Tennis in PE EnvironMentally 2.30pm Open Classrooms 2.30-3.15pm		ISS v		Second Sunday of Lent
9 WEEK 7 A	10	11	12	13	14	15
LABOUR DAY HOLIDAY	Tennis in PE	Tennis in PE		ISS v Ride2School Day Bop Till U Drop Disco		Third Sunday of Lent
16 WEEK 8 B	17	18	19	20	21	22
Assembly Teach the Teacher 11.40am - 1.40pm Year 5	Tennis in PE St Patricks Day	Tennis in PE Eucharist Faith Night	Open Classrooms 9.15-10.00am	ISS v School Photo Day National Day of Action against Bullying & Violence	1 st Eucharist Blessing Mass Hurstbridge 7.15 pm	Fourth Sunday of Lent 1 st Eucharist Blessing Mass DCreek 9.00 am
23 WEEK 9 A	24	25	26	27	28	29
Assembly	Tennis in PE	Tennis in PE The Annunciation - Mass		ISS v END OF TERM 1 2.30pm		



The Teeth On Wheels team are coming to our school

Great News! Our school is pleased to announce that the Teeth on Wheels team will be coming out to our School every 6 months to provide Oral Health Education and quality dental treatment to our students.

Remember your forms!
Please keep your eye out for the consent form which can be filled out and handed back into the school reception for your child to be seen.

TeethOnWheels™
a positive dental experience



INSIGHTS

Five forgotten skill sets that contribute to student success



At a time when we hear a great deal about growth mindsets, good mental health habits and creating digitally savvy students, we can easily overlook the skill sets that form the building blocks of long-term school success. These are skill sets that are also easily forgotten when we narrow our focus onto numeracy, literacy, performing arts, STEM and other academic areas.

While all these other mental skills and academic areas are important, the skills I want to focus on here are ones that can be taught, or at the very least drawn out, alongside every other skill when we as parents and teachers know what to look for.

Following are five skill sets that contribute massively to overall student success and contentedness at school.



1. Friendship skills

The ability to get along with others is hugely important for children and teenagers. Those students with a strong set of friendship skills are easy to like, easy to relate to and easy to play with. The skills they possess include knowing how to win and lose well, how to approach others to join in a group and how to lead rather than boss.

2. Organisational skills

The ability to organise your time, your space, your items and other aspects of your life is a massive plus for any student. The best way to help children who are organisationally challenged is to introduce them to systems and processes to help them organise themselves. These processes include the use of visual reminders, anchoring (i.e. linking new behaviours to habitual behaviours) and the mapping out of activities.

3. Optimism skills

It may seem strange to see optimism as a skill set, but as leading psychologist Professor Martin Seligman discovered through his research, optimism can be taught. Seligman found that while some children are more inclined by nature to see a glass as half empty than half full, all children are capable of developing an optimistic explanatory style through exposure and direct teaching. The skills of optimism include being aware of self-talk, reframing negative events into positive events and the practice of perspective-taking.



4. Coping skills

Kids will generally face a number of challenges during the course of their school lives including overcoming the disappointment of not being picked on a team, working their way through difficult learning situations and dealing with rejection. The impact of these challenges will depend on each kid's own spirit, the support they receive and their coping skills. The good news is that coping skills can be taught or, at the very least, encouraged if adults know what to focus on. Coping strategies include parking problems for a while, normalising difficult situations and accepting and moving on. Some kids will use coping strategies quite naturally, while others need parental and teacher input to help them cope with even seemingly minor challenges.

5. Relaxation skills

The ability to relax and get away from it all is vital for the maintenance of mental health, which in turn affects a student's ability to perform. Many of today's kids live with pressure. That pressure needs to be released through relaxation and play, otherwise it can lead to anxiety and other mental illnesses. The ability to relax and unwind is paramount to your child's school success. Relaxation techniques include mindfulness and meditation, participating in hobbies and enjoying creative pursuits.

These skills are part developmental and part environmental. That is, kids will naturally develop many of them as they mature but the skills also need to be nurtured environmentally. They need to be recognised, encouraged, taught and modelled by adults who children and teenagers respect and admire. That makes parents and teachers 'Very Important People' in the process of acquiring them.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 12 books for parents including *Spoonfed Generation* and the best-selling *Why First Borns Rule the World and Last Borns Want to Change It*. His latest release *Anxious Kids*, was co-authored with Dr Jodi Richardson.



News from the Office

SCHOOL FEES

2020 Fee Statements have now been issued to all families. Please note, the first instalment (Student Levies) **was due by Friday 07/02/2020** unless you have a Direct Debit arrangement in place. A Direct Debit Authority can be collected from the office.

CSEF – Camps, Sports & Excursions Fund

Do you have a health care or pension card? If so, you may be eligible to receive a **rebate of \$125.00** per child from your school levies. Forms can be collected from the school office and must be returned as soon as possible. If you received the rebate in 2019 and still have a current HCC/Pension Card, a new form is not required – just please send a copy of your card to the office asap. Please see flyer below for further information;



FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

MORE INFORMATION

For more information about the CSEF visit www.education.vic.gov.au/csef

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

If you applied for the CSEF at your child's school in 2019, you do not need to complete an application form in 2020 unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools in 2020 or you did not apply in 2019.
- **changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing at the school in 2020.

Check with the school office if you are unsure.



Sacred Heart Special Lunch Order



SAUSAGE SIZZLE

Friday 21st February

Please choose from:

1 Sausage in bread with a prima \$3.50

OR

2 Sausages in bread with a prima \$5.00

Please return order and payment by Wednesday 19th February



Student Name _____ Class _____ Option 1 or 2 _____

Student Name _____ Class _____ Option 1 or 2 _____

Student Name _____ Class _____ Option 1 or 2 _____

Payment Type - Please tick

Cash (enclosed)

Eftpos in the office

Eft. BSB 630000 Acc 136609054



 SCHOLASTIC

Book Club

Issue 1 Orders Due back Friday 14th February 2020

Our school will be participating again in **Scholastic Book Club** this year. Up to twice a term throughout the school year, a Club catalogue will be sent home with a different selection of books offered for all ages.

It is easy to order. The **Book Club LOOP** platform for parents and guardians allows you to securely order and pay online credit/debit card. Your child's order is submitted directly to the school, and the books will be delivered to class, approximately 1-2 weeks of orders closing. By ordering through **LOOP** you will also be eligible for bonus offers and rewards.

Alternatively, you can place your order by completing the order form at the back of the catalogue and returning it with the correct cash amount in an envelope, addressed to "Book Club" through the classroom tub system.



 SCHOLASTIC

Book Club LOOP for Parents

LOOP is the Scholastic Book Club
Linked Online Ordering & Payment platform for parents.

To order and pay for Scholastic Book Club by credit card visit:
www.scholastic.com.au/LOOP

GET IT ON
 Google play

Download on the
 App Store

Your Book Club orders also help support our school as **20% of your order spend goes back to our school** in valuable Scholastic Rewards that are then used by our library to purchase additional books and resources. Last year, we raised \$471.85 – thank you for your ongoing support!

The Issue 1 of Scholastic Book Club for 2020 has been sent home this week. Orders for this issue will be due back by **Friday, 14th of February 2020.**

If you have any queries, please feel free to email me at sasha_t@hotmail.com.au or call/text on 0481394559.

Sincerely,

Sasha Topolcsanyi



Community Noticeboard



PARADE COLLEGE OPEN DAY SUNDAY 16 FEBRUARY

10am - 2pm Preston Campus 8 Clifton Grove
10am - 2pm Bundoora Campus 1436 Plenty Rd

- Talk to our Principal and all our staff
- Watch the awesome Science Show
- Listen to our College bands
- Pick up an information pack with a special gift for your son
- Enjoy our free BBQ and café
- Listen to the Principal's address at 10.30, 11.30 & 1.00.

Year 7 2022 Enrolments Now Open!
 Limited places at Preston available 2021.



Register online www.parade.vic.edu.au ■ p. 9468 3300 ■ registrar@parade.vic.edu.au



OPEN DAY Sunday 1 March



Tours from 10.30am bookings required
 Register at whitefriars.vic.edu.au



Fr Noel Kierce, O.Carm Scholarship
 2021 Applications Now Open

This scholarship recognises outstanding achievements in the arts, sport, leadership and community service.

Applications close Friday 24 April 2020.

To find out more about the criteria and application process visit www.whitefriars.vic.edu.au/scholarship

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Jason Stonehouse
0419 872 875

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email
jamhotmusic@hotmail.com



Clean Up

STEP UP TO CLEAN UP

SUNDAY 1 MARCH
9am – 12pm: Marngrook Oval
Main Hurstbridge Road, Diamond Creek

Register on Facebook: [DiamondCreekShopping/events](https://www.facebook.com/DiamondCreekShopping/events)

Clean Up will be followed by a
BBQ & family entertainment

Printing thanks to



This event this is
brought to you by



Free Event

Kids Arts Party Fest

Sunday
15 MARCH 2020

GRAND PARADE
10AM – 11AM
BURGUNDY ST. HEIDELBERG

FESTIVAL
11AM – 4PM
SILLS BEND, HEIDELBERG

FREE Shuttle Bus

MESSY ART Activities

Entertainment under a GIANT TIP!

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For more information visit:
www.banyule.vic.gov.au/KidsArtsPartyFest or phone 5490 4322



HOME HARVEST PICNIC 2020

Edendale Community Environment Farm
3.30pm-7pm Sunday 1 March 2020

Get growing this summer!



Experience the satisfaction of growing your own produce, and the pure pleasure of sharing and eating it with others at the Home Harvest Picnic 2020.

Home Harvest is a celebration of home-grown produce and local food. Growers big and small are invited to supply some produce which will be turned into a delicious picnic by trained cooks to be shared and enjoyed at a wonderful community afternoon at Edendale Farm.

Register as a grower – free

Spend the summer growing, then supply some of your produce for the picnic in the week leading up to the event. Registering as a grower is your ticket to the event. On the day, you will receive a prepared picnic for you and up to three guests.

Purchase a prepared picnic – \$10

Not a grower? You can still come along and enjoy the feast! A limited number of prepared picnics are available. Purchase online before the event and enjoy at the picnic.

To register:

home-harvest-picnic-2020.eventbrite.com.au



Twilight Sounds
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FOOD & WINE

LIVE MUSIC BY THE YARRA

THE VOICES SUPERGROUP
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14 MARCH SATURDAY 2020
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www.banyule.vic.gov.au/TwilightSounds
or phone 9490 4222

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ELTHAM RUGBY
To register for season 2020 you must download the RugbyXplorer App

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DOWNLOAD THE APP

50 years of Rugby Union
Join Eltham as a supporter or a player to participate in our Golden Anniversary Season

Eltham Junior Rugby
Come and Try Rugby Union
From 2:30 pm
Sunday 16 February
58 Bridge Street,
Eltham

Aged 5 or more and want to try something new? Rugby Union is a truly inclusive international game suitable for all body shapes and sizes.

Eltham Rugby warmly welcomes back returning juniors, and urges them to bring along a friend or relative to come and try rugby union. Sunday 16 February 2020 from 2:30pm at our 58 Bridge Street Eltham Ground.



Small-Sided Football
for 3-7 year olds

Boys & girls teams
Saturday mornings

REGISTER NOW
elthamredbacksfc.org.au



MARRIAGE ENCOUNTER WEEKEND

Invest in your most precious asset.....Your Marriage!

Married couples, come and learn how to keep/rekindle the passion in your relationship and how to keep your love growing!

The weekend is based around Catholic values but couples of all faiths are welcome.

Next weekend is on 17-19 April 2020 in Melbourne

Other weekends on 17-19 July and 13-15 November 2020

Starts 7pm on Friday. Ends 5pm Sunday. Accommodation and all meals provided.

Information/Bookings: Phone Mercy & James 0409 183 676 or

Email: vicbookings@wwme.org.au Website: wwme.org.au