

View the Newsletter online: https://www.shdiamondcreek.catholic.edu.au/newsletters-forms/

Newsletter No 2Term 3 23 July 2020

Dear Sacred Heart Families and Friends,

Congratulations to all members of the community, students, parents, carers and staff, we have nearly finished a full week of Remote Education 2.0 and we can confidently state that things have started really well. We have received lots of positive feedback from parents and children and the staff have become more comfortable with each task and ensuring the students are being educated well. It certainly has not been perfect for all families, with a couple of technology issues and even tears, but we have overcome many problems. Please reach out to your child's classroom teacher if there are concerns especially in regards to the wellbeing of each child. We do not want this period to be one that is so stressful it impacts on the wellbeing of students and families. We have received and responded to some feedback to further support families which has been included below.

On behalf of all staff, we wish you and your family good health and thank you for your continued support of your child's education during these unprecedented times.

Staff News:

Next Wednesday is Cinzia Egodagamage's last day before she starts her maternity leave. We wish her and Bud the best of luck as they await the arrival of their third child. Cinzia has been a great asset to the Sacred Heart community especially the students she has worked with in Year 3/4 over Semester One. We welcome back Jess Clark who will be taking over Cinzia's role working this semester with the Year 5/6 students.

Face Masks:

In line with advice from the Chief Health Officer, the Victorian Government has announced that those in Metropolitan Melbourne and Mitchell Shire must wear a face covering when they leave home from 11.59 pm on Wednesday 22 July 2020.

Face coverings will be mandatory for people aged 12 and over. These measures will slow the spread of coronavirus (COVID-19) and help protect the community.

Students who attend primary school for onsite supervision will not be required to wear a face covering. Students who are aged 12 by Year 6 will not be required to wear face coverings. The Chief Health Officer has advised that it is not practical to require some primary school students to wear face coverings while others are not required to. Students are permitted to wear a face mask however they are required to provide their own face mask.

Consent:

Back in April, we shared with all families a CareMonkey notification regarding consent to have your child/ren use the Google platform, as we have previously communicated if your child is involved in a 1:1

Google Meet or video conference we expect that an adult is in close vicinity to the student. We will ask for consent to have one-to-one video conferences as required due to the increase in student confidence in requesting a 1:1 learning session with staff. That consent will remain in place during this next phase of remote learning. We will move forward, in good faith, on the understanding that we have your consent to continue to use the Google platform in this manner.

CareMonkey Update:

The digital forms platform provider, CareMonkey, will be rebranding as 'Operoo' beginning Monday 3 August 2020.

How you use the service, as well as the ownership and operation of the company, will remain unchanged. You can continue using the system, and its mobile application, as usual. From Monday 3 August, emails and notifications sent from the system will start appearing under the new name 'Operoo'. You will also be automatically diverted to the new Operoo website if you go to the old CareMonkey website.

Feedback:

Our staff have been working diligently this week ensuring that our students are continuing with their learning while supporting them emotionally and socially. It is important that students continue to feel connected to their peers, teachers and the school community. Most procedures have been similar to last term, with some refinements that were made on the basis of community feedback.

This week we have also have received some feedback in regards to various concerns. All feedback is shared with the Leadership Team and/or the teacher directly. We continue to tell parents, if your child is struggling with the amount of work or the level of work, please ensure you make direct contact with your child's teacher as they will be able to adjust the work to ensure the child feels successful in their learning but also reduce the level of stress in some households.

Please keep in mind that we do get a variety of feedback that often contradicts other feedback e.g. there is not enough work to there is too much work, we will not do a certain activity with our child to that is my child's favourite activity to do. I am sure you appreciate the balancing act we have in regards to ensuring we teach the students at their level to also ensuring families and students can manage the requirements. Students are taught at their level so there are opportunities to adjust the requirements of the child if you feel they are not coping.

In response to feedback and supporting families it has also suggested that each day the tasks are available earlier in order to help families prepare resources and reduce stress. Due to this feedback we have made the decision to schedule all activities for each day at 7am. This will allow families time to prepare for the day. Please remember many of the tasks should not be done before the learning occurs. For example, if your child is in a literacy meet, they should not complete the work until they have taken part in the meet on the particular day, this is where a lot of the learning occurs. The tasks will be released to allow families time to organise the day and limit stress leading up to activities in that they are unable to see items as they have not yet been released. Please remember it is ideal to follow the timetable provided each day to ensure the students are on task and learning. Specialist staff (PE, Performing Arts, Visual Arts, Indonesian and STEM) have been asked to release their work at 7am on a Monday for the week ahead. This will allow families time to ensure they have the resources for the class but also allow the flexibility in when to do these activities. It is important for the development of the whole child that they do participate in these classes unless you have communicated with the appropriate staff member. Feedback was also to include more hand written work this time round as the students (and teachers) spent a lot of time online. Hopefully for many, especially the junior years, this is evident. Please also keep in mind that written work will always demand more time to complete so please be patient with this and if it is having a negative impact on families please reach out to the class teacher or school to communicate this.

You can support your children by being available, if possible, if they require assistance. If you are working from home, I encourage you to establish routines so that your children know when you can't be disturbed, with the knowledge that at a particular time you will be available. If ever you've been into a classroom, hopefully you'll have noticed a displayed timetable that changes every day. Many children benefit by being able to see this visual prompt so they know what things are happening at particular times through the day - I recommend that you set this up at home too.

We encourage you to show interest in your child's work - but please - don't do it for them. Sometimes children have to struggle with a particular task - and that is OK. It is in that struggle that they actually learn. They not only learn to solve the academic problem, but they learn that they can overcome setbacks, that they can bounce back when things are difficult. However, we don't want remote learning to be a negative experience for your child. So, if there are ongoing difficulties - let the school know.

For matters related to the learning tasks, the first point of contact is the teacher, or perhaps the Learning Support Officer if there is one working with your child. In the first place, contact should be made via email. Staff can't be expected to reply immediately but we are all mindful of the need to support parents as promptly as possible. Staff are likely to contact parents via phone at different times but, like previously, staff are advised not to make their mobile phone numbers known to families as they can't be available 24/7. I hope you understand the intent of this advice. We will be endeavouring to keep as close as possible to regular school hours for communication.

If you are concerned about your child's wellbeing, contact the class teacher or Gina Murphy <u>gmurphy@shdiamondcreek.catholic.edu.au</u>. If you're not sure who can help you, ring the school office and Allison will be able to connect you with the right person.

Newsletter & Assembly:

Newsletters will again be distributed each Thursday and we intend to have a remote Assembly each Monday. For both our newsletter and our assemblies, we're very keen to share stories of successes at home so please let us know about anything special, or not so special, happening at home. This will help us all to continue to feel connected.

Learning Conversations and Reports:

We will have Learning Conversations next week on the Wednesday, this is an opportunity for parents to catch up with staff in regards to the report which will be available Monday 27th July. If you want to participate in a Learning Conversation but have not booked a time for this please make contact with the office to organise this. Due to the current situation we have made these all on one day and running throughout the whole day. If this day does not suit families please make direct contact with the classroom teacher to make an alternative time.

Wellbeing Day at Sacred Heart:

On Wednesday, 29th July, we will have a day where there will be no official Maths, Literacy, Inquiry, Religious Education sessions but rather we will celebrate the great work of the students, parents and staff and we will have a Wellbeing Day. The teachers will share activities through the Google Classroom however students and families can select any activity that makes them happy. You may decide to try a new skill: knitting, making face masks, cooking, or doing anything you love to do. We will provide a selection of activities from mindfulness to art and craft, cooking and games. This will allow parents and students to refocus and celebrate their achievements during the Remote Learning period but also our staff to conduct Learning Conversations throughout the day.

Remote Education Packs:

On Friday 31st July we will be asking families to pick up the second Remote Learning packs for the students. We will use the same process as last time, with families timetabled to pick up the packs at various times throughout the day to enable us to keep with the social distancing rules. This will occur in

the Parish Hall. In the learning packs will be a yellow envelope that will contain student reflections from last term and a copy of the PMI that parents may have filled out last term.

Below are the times allocated for collection:

 Surname A-B
 9.30am - 10.00am

 Surname C-G
 10.15am - 10.45am

 Surname H-J
 11.00am - 11.30am

 Surname K-M
 11.45am - 12.15pm

 Surname N-R
 12.30pm - 1.00pm

 Surname S-Z
 1.15pm - 1.45pm

If you are unable to collect your pack at the allocated time, please contact Gina Murphy.

Morning Meets:

Reminder also that the morning meets are important for the students to stay connected with the school and their peers. If your child misses the morning meet, they are marked absent, so if for any reason they miss the meet but are participating in work throughout the day please email the teacher to let them know. If you know your child is going to miss a day please also let the teacher know.

'At School' Remote Learning:

General Information for students attending school for Remote Learning:

• We will take this opportunity to remind you of the Government's intent in establishing Remote Learning

- "Students will be learning from home, except for children of parents who cannot work from home, any student with a disability and vulnerable children".

• We will be providing this onsite supervision to support families who require it. However, we are also mindful of the health and wellbeing of our staff, as well as all the children attending, so I remind you that the Government has made it clear that if children are at all unwell, they must not be sent to school.

• Classroom teachers and Learning Support Officers will be engaged in our remote learning program throughout each day for all the children. As such, they will not be directly working with your child/ren. They will be providing the same remote learning program for each child, regardless of whether the child is at home or at school.

Safety Arrangements:

• Children will have their temperature checked upon arrival. Any child with a temperature of 37.5 degrees Celsius or above will be required to go home with their parent. In this circumstance, parents are encouraged to seek the advice of their healthcare professional who can advise on next steps and COVID-19 testing.

- Children will sanitize their hands-on arrival and again frequently during each day and before eating.
- The children at school will be working in the Multi-Purpose Room.
- Each child will have their own dedicated work space.

• Children may be required to share ICT devices, sports equipment and games/activities. When sharing any equipment, hands must be sanitised before and after use.

Routines:

• Children can wear casual clothes.

• Children have been provided with their remote learning packs. Items that they know they will require on any given day should be brought to school on that day. (if in doubt, keep it in your bag)

• Children will need to have their lunch, play lunch, brain food and a water bottle – just like they would for any normal school day.

Drop off & Pick Up:

• In the mornings, children are to enter via the school office and at the end of the day picked up from the office.

• Pick up – children can be collected any time before 3.25pm should your hours of work permit.

What the day at school might look like for the children at school:

• Children will be completing the same remote learning program that their peers will be completing at home.

• Initially, teachers will not be providing 6 hours of learning activities for any of the children to complete. So, the children at school will not be engaged in specific remote learning tasks for the whole day.

• Weather permitting, the children will have access to the playground for breaks.

Knowing who will be attending school each day:

• If you haven't already done so, we ask that you provide the school with advice about which days your child/ren will be attending (ensuring that you fit the criteria), with as much notice as practical. We realise that many of you have varying rosters, so please let us know as early as possible so that we can be well prepared for the level of supervision required.

• If circumstances change and your child/ren won't be attending on a day that we expect, please ring or email the school office to advise – just as you would during our normal school program.

Before and After School Care:

• OSHClub will be conducting their before and after school care programs for children who need to be cared for outside of the normal school hours.

• If attending OSHClub, either before or after school, parents are asked to drop off or pick up from the door into the Multi-Purpose Room near the new tuck shop which is down the driveway where the new welcome garden has been established.

Prep 2021:

We have had a number of prospective new families come to visit the school. In the current climate school tours are difficult to take place physically but we ask anyone who knows of families looking for a Primary School that we have a great Website now that has virtual tours for the families. If any parents know of families who have a child ready to start school next year, please let them know about this and if any of our families have students ready to start school in 2021 please ensure you complete an enrolment form and return it to the office ASAP. Prospective families can contact the school if they would like a tour and we can organise these if necessary, following all protocols.

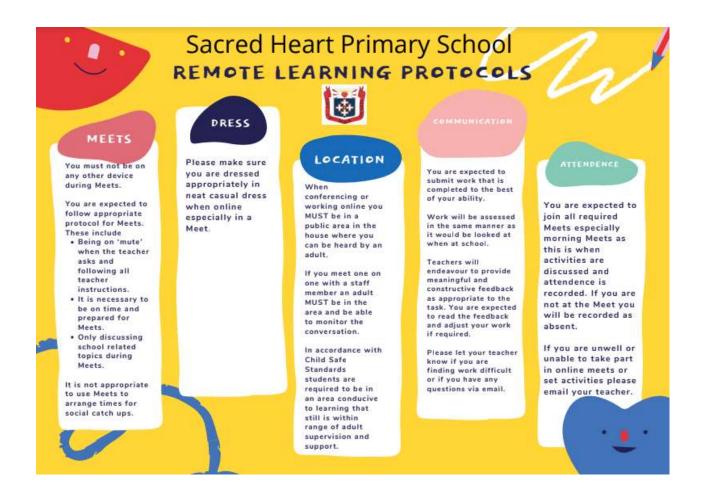
Thanks, Jim & Gina



Student of the Week

Prep NG
1/2 CN
1/2 PA
3/4 JD
3/4 NJ
5/6 CM
5/6 RM
STEM
LOTE
Performing Arts
Visual Arts
PE

Emily Lamb Rook Bishop Nicholas Dovile Oliver Parisi Lola Nugent Sam Jory Rory Audley Alexander Campbell Grace Topolcsanyi Harry Lord Natalia Bruzzaniti Heidi Madden



parenting *****ideas

INSIGHTS

There are better questions than 'How much screen time?'



'How much time should my child be allowed in front of a screen?' 'What about my five-year-old?' 'How long should I let my 13year-old play Fortnite?' As a digital wellness and online safety expert, these are some of the questions I am most frequently asked.

They are certainly all relevant questions as parents fumble about trying to make rules and boundaries around their child's screen time habits. Obviously we all want to prevent the screen time obsessions we hear about in the media. We want to maintain a sense of control over our child's screen time habits.

As the digital world is far more complex and nuanced, our approach and questions need to mirror those complexities. We can certainly apply some time limits, and prescribe times when devices are not to be used. But it's wise to ask more pertinent questions to help us make more informed choices about the rules and boundaries we set up for our kids.

In particular, there are three important questions we should ask. These are:

1.'What is my child doing with his or her screen?'

There's no point worrying about how long your child is on a screen if you have no idea what they are doing when they're on it. Handing a child a device without guidance can lead to a vast range of different experiences. One child might spend the time researching the dietary habits of a green tree frog, or learning how to make the best paper plane to fly with a younger sibling. Another might watch a funny cat video, or even watch hard-core pornography. These are vastly different ways to spend their time online.

2.'What is the effect of the screens on my child?'

Is your child enjoying socialising online because it allows them deeper connections with their friends, provides them with support and gives them a sense of belonging? Alternatively, is he or she feeling excluded or being cyberbullied? A child's online experiences can help or hinder wellbeing. If online activities lead to tantrums when transitioning to offline tasks, or even aggression then it may be a sign that online use is having a negative impact.

3.'What is my child missing out on?'

parenting *****ideas

Children and teens benefit from involvement in a wide range activities so they can maintain optimum physical, social and emotional development. Spending time outdoors, enjoying active sports, connecting face-to-face with friends, sharing family meals, keeping up with homework and assisting with household chores are the types of activities that most experts agree are beneficial for children and young people. If the amount of time a child spends on digital devices excludes him or her from these types of activities then it can be considered excessive. If this is the case, then it's reasonable to expect that, with your assistance, your child begins to place some limits on their screen use.

Digital devices present new challenges for parents to manage. As a result parents need to shift the focus away from simply managing a child's time to helping him or her successfully integrate screen use into their daily life in ways that support learning, development and wellbeing.



Martine Oglethorpe

Martine is a parent educator and a youth and family counsellor who speaks, writes and consults on the challenges faced by families in the modern world. Martine has a Masters in Counselling and a background in secondary education. Through her personal and professional work with families raising children, she recognises the important role technology plays in the social and emotional wellbeing of young people. Martine is an accredited speaker with the Office of the eSafety Commissioner.



News from the Office

MILO TINS WANTED

Suzie is seeking empty milo tins for the students' art project later this year. If you have any medium sized (395-460g) tins and are driving by the school, please drop them in at the front office.

SCHOOL FEES

For those families that do not have a direct debit/payment arrangement in place, <u>the 3rd fees instalment of</u> <u>\$1105.00 is due by TOMORROW, 24th July 2020</u>. A new account statement will be sent to families in the next few days – please keep a lookout in your emails.

Please do not hesitate to call the office if you have any questions or wish to discuss your account.



Remote Education 2.0 @ Sacred Heart







Heidi - Multitasking

Alex - Karate Lesson

Harry - Kicking the Footy



Daniel B - STEM





Christian - STEM

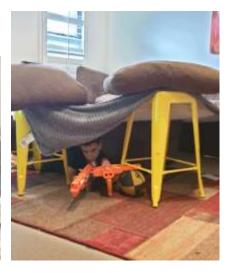


Alex - STEM





Lucy & Evie - STEM



Rook - STEM









Nala - RE



Rupert - taking his literacy one step further



Stevie's Moses & the Burning Bush



Ayendha's STEM project



Annabelle - inspired by Literacy Activity

Rosie's SAVE THE PANDA



Rupert's STEM Project



Levi's Kangaroo Cubby

