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### Sacred Heart Newsletter

Newsletter No 1 Term 4 8 October 2020

### Fr. Steve's Mass and Homily:

The link to last weekend's Mass can be found here:

#### https://www.youtube.com/watch?v=TW9mGcEtrco

Dear Sacred Heart families and friends,

At the end of Term Two we were all thinking that we had just experienced the most unusual term of schooling that was possible to perceive. Little did we know at that time that we would be embarking on another complete term of remote learning. This second period of remote learning began with a diminished sense of enthusiasm because the end of the period seemed such a long way off. But with persistence and determination we arrived at the end of Term Three and we are all OK. There have been ups and downs along the way, but we have those even when things are 'perfect'. Fortunately, at the start of Term Four we can now see light at the end of the tunnel, with all our students returning to school on October 12.

Thank you to all our families for the work you have done to support your children. We know at times it seems that each day may have been interminably long and frustrating for some, but we hope you can see that the efforts have been worthwhile for your most precious gifts - your children. Thank you, also, to our dedicated staff that have continued to ensure the Victorian Curriculum has been taught to the students and all students have been supported and continued to grow. With the challenges of Term Three now hopefully behind us, we are pleased to be able to write to you with further information about the expected return to onsite learning next week.

Term Four is important for every student, and our staff will strive to deliver high-quality learning for everyone. Our focus for Term Four is on making sure that every student is supported in their wellbeing, learning and transition needs.

We will take this opportunity to share information from the Catholic Education Melbourne School Operations Guide with you which highlights the three key priorities for schools during Term Four.

#### **General School Operations:**

The updated School Operations Guide is a comprehensive 38 page document. We will endeavour to summarise the key information for you in this communication and then finish with the information specific to Sacred Heart.

#### Return to Onsite Learning

All Year levels from Prep to Grade 6 will return to onsite learning from Monday, October 12.

### **Priorities**

There are three priorities that are expected to underpin all school operations during Term Four:-

- Priority 1 Mental Health & Wellbeing;
- Priority 2 Learning & Excellence;
- Priority 3 Transitions (from pre-school to school; from primary school to secondary school; and between year levels)

### Priority 1 – Wellbeing and Equity

The wellbeing, and particularly the mental health, of every student and member of staff is the highest priority. This means encouraging and sustaining motivation for learning, re-engaging students and families where needed, and supporting the social and emotional learning of children and young people alongside curriculum-based learning. This also means ensuring support for school staff, who have sustained their efforts through multiple transitions in modes of teaching and learning delivery.

### Priority 2 – Learning and Excellence

Some students have been better able to progress in their learning in the remote and flexible learning environment, others have maintained their rate of progress, and some have, despite their best efforts and those of their families and teachers, fallen behind. It will be critical to ensure those who have fallen behind can catch up and to support those who have progressed to continue to extend and stretch their learning. Literacy and numeracy across the curriculum remain a focus, with schools also adapting their teaching and learning program in Term 4 to be responsive to student needs.

### Priority 3 - Transitions

Term 4 is a critical period, particularly for the children moving from kindergarten into Prep, from Grade 6 into Year 7, and those in Year 12 moving into employment or further education and training. Students in other year levels will also prepare for a change of teachers and new classmates. A key focus of Term 4 will be to make every effort to ensure each of these end-of-year and beginning-of-year transitions occurs as successfully as possible. This includes finding contextually appropriate ways to conduct orientations and end-of-year celebrations and ensuring transition information captures additional details as necessary.

Schools are not expected to provide remote and flexible learning where parents or carers of students elect to keep their child at home, except where this is based on medical advice.

### Standard Practices For All Schools

- Schools are required to have a COVIDSafe Plan in place that is frequently evaluated and updated as required.
- Visitors to school grounds must be limited to those delivering or supporting essential school services and operations (e.g. student health and wellbeing services, safety, cleaning and maintenance workers).
- All unwell staff and students must stay home.
- All children and adults on site should undertake regular hand hygiene on arrival, before & after eating, after blowing their nose, coughing, sneezing or using the toilet. Children will again be instructed about how and when to be washing/sanitising their hands.
- Students should bring their own water bottle as children should not be drinking directly from drinking fountains at this time.
- Maintaining a physical distance of 1.5 metres will not always be practical in the school environment and this may be particularly challenging in the younger years of primary school. In these contexts, a combination of health and safety measures should be utilised to reduce risk. Density quotients of one person per 4m2 do not apply in classrooms and other spaces for the purposes of student use, including corridors and other shared areas.
- Density quotients do apply to staff areas such as staff lunch rooms and areas accessed by the public, such as reception areas.

- All school-based staff must wear face masks at school, and when travelling to and from school. A face mask that covers the nose and mouth is now the only permitted type of face covering. Face shields, scarves or bandanas do not meet these requirements.
- Teachers and education support staff are not required to wear face masks while teaching, but those who wish to do so, can. Staff must wear face masks in other areas of the school. Staff are also permitted to wear a face shield when working with students.
- To ensure consistency with physical distancing measures, students and families will not be permitted to congregate at the school gate before or after school and will be required to maintain 1.5 metres between persons as far as is practicable at the start and end of school day.
- There is no requirement for books to be placed aside for a given period after use or if loaned to students.
- Playground equipment can be used by students. However, students should practise hand hygiene before and after use.
- School camps and excursions cannot take place at this time.
- Choirs are not permitted in schools, except where required for essential assessments.
- Based on the advice of the Acting Deputy Chief Health Officer, given the current levels of community transmission in Victoria, mandatory temperature testing of all students on arrival to schools will not be required in Term 4. However, should community transmission of coronavirus (COVID-19) increase, temperature checking may be reintroduced for some schools.

### Wellbeing, health and hygiene:

The school has implemented increased health and hygiene measures including:

- hand sanitising stations in all classrooms;
- additional cleaning scheduled during the day;
- additional signage placed around the school to remind students and staff about social distancing protocols and health and hygiene practices;

Your child/ren are required to bring their own water bottle for use at school as they must not drink directly from drinking fountains at this time. Taps may be used to refill individual water bottles only.

If your child/ren is unwell, they must stay at home. If our staff notice that your child is unwell, she/he will be isolated until she/he is collected from the school.

### What is Being Implemented at Sacred Heart:

The majority of practices implemented at Sacred Heart will be the same as when children returned to school for the final weeks of Term Two. As many of the practices are internal, we will endeavour to indicate the important points here that directly impact on families or that may reassure you.

### Start Of The Day:

Visitors to the school will be restricted and physical distancing protocols enacted at Reception. We ask that parents do not enter the school grounds, unless you are dropping off your child/ren and even then, it will be only out the front of the school. We will continue to use Kiss n Drop in the morning. There will be more staff present to support your son/daughter when arriving at school. In the morning and the afternoon if you are walking your child/ren into the school we will have cones set up out the front of the school for parents to drop off their son/daughter and then we will ensure the safety and wellbeing of the child into the school grounds. Students will now enter the school through the front gates (between the office and the new Welcome Garden) into the main courtyard. The usual methods of communication with the school, phone and email, will continue and meetings with staff members will be conducted via phone or Google Meet. Please do not hesitate to contact your child's teacher if you have any queries about their learning progress or wellbeing.

### Pick up:

All students will be dismissed at the usual time, 3.25pm, however the Year 5/6 students will use the driveway between the parish and school grounds, the Prep - 2 will be supervised by staff using the driveway between the railway station and the school and the Year 3/4 students will use the main entrance. Please remember social distancing while waiting for your children.

### **Cleaning:**

Extra cleaning will be conducted during school hours. High touch points will be sanitised. These include door handles, kitchen areas, handrails, drinking troughs & fountains, shared tables & chairs, electrical fixtures & appliances, toilets. Classroom and general use bins will be emptied during the day as well as at the end of the day. Quite stringent protocols are stipulated in the Schools Cleaning Guide for cleaners to follow. Our Library will operate as normal - books are no longer required to be quarantined after being returned. Shared chairs and tables will be cleaned between uses. Shared ICT devices will be used. Children will be required to wash/sanitise their hands before and after using any shared ICT device.

### First Aid:

Standard precautions are appropriate for routine first aid cases,

staff will be required to wash their hands before and after performing any first aid care. Students experiencing compatible symptoms with COVID-19, such as fever, cough or sore throat will need to be collected by a parent as soon as possible. Higher level precautionary procedures will be implemented in these circumstances. Schools have been advised that pre-emptively taking temperatures of students is no longer required before entering the school. However, if a child appears to be suffering a fever, the child's temperature may be taken as a means to gather information.

### Eating and Tuckshop:

The children are likely to be in the habit of 'grazing' or snacking whilst at home, we will allow extra brain food breaks during the day, so you may choose to include one or two extra healthy, no mess, no peel snacks. Tuckshop at this stage will not be opening.

### **Returning Computers & Learning Packs:**

We ask that any materials from previous packs and work completed is returned on your child/rens first day back. This will allow teachers an opportunity to look at students' work and help with planning individual student progress. Please ensure all materials be placed in a bag with the student name clearly labelled on the front. All borrowed computers should be returned to school with the children on Monday, please make sure that the chargers are returned at the same time.

Finally, several staff will be on hand to greet the children as they arrive on Monday morning. We expect that some of the children will be anxious about the return to school. Being anxious is generally related to worrying about the unknown. Whilst there are many changes forced upon us, we will be aiming to keep things as predictable and familiar as we can for the children. We'll be working to help the children who start the day feeling anxious, to end the day happy that they are back in a comfortable, familiar place.

If you have any concerns in regards to the transition of your child/ren back into the classroom please feel free to contact your classroom teacher or Gina Murphy to ensure we can put in place some support for your child.

### Welcome to the Oke Family:

We welcome Harrison (Year 5) and Scarlett (Year 4) and their family to the Sacred Heart community. They will be starting with us on Monday. Please make them feel welcome.

### The Polished Man:

I'm fundraising for ygap's 2020 Polished Man campaign by wearing blue nail polish on one finger because I believe we can create a world in which no child suffers from violence. The Polished Man campaign

encourages everyone to take a stand and actively commit to ending violence against children. By painting one nail blue, and representing this harrowing statistic, people can start a conversation which raises awareness and funds to ensure no childhood is lost to violence. I'm doing this for the one billion children who suffered violence in the past year alone. I'm doing this because it's the right thing to do. If you would like to make a donation and help support this worthy cause you can do so by using this link:

https://my.polishedman.com/jim-o-sullivan



### Footy Day:

Sacred Heart will hold Footy Colours Day in support of Kids With Cancer. This will be held on Friday 16th October. Students are encouraged to come dressed in their footy colours.

When:	Friday 16 <sup>th</sup> October
<u>Wear:</u>	Your favourite football/soccer/rugby colours
<u>Bring:</u>	Gold coin donation to support Kids With Cancer.

### **Book Week:**

We will celebrate Book Week from Monday 19 October - Friday 23 October. This year's theme is Curious Creatures, Wild Minds. Our annual book week parade will be held on Thursday 22nd October. We encourage all students to come to school dressed as their favourite book character. We will have a parade with the students, take lots of photos and have winning prizes up for grabs.

### School Hats:

Please remember that, according to our SunSmart Policy, all students are now required to wear their school hats whenever outside the classroom. Please ensure that your child has their hat at school otherwise they will be asked to sit in a shaded area of the playground. Hats are available from the School Office or School Uniform Shop for \$15.

### 2021 Student Classes:

Fairly soon our teachers will start the process of organising next year's class groups. This process will take several weeks so that the groupings are as balanced as possible. We also use a program called 'Class Solver' that takes in information regarding academic, social, needs, preferences and requests to help formulate classes. Once the process is finalised, changes will only be made in exceptional circumstances. Over the last few years this process has run smoothly and we are aiming for similar results again this year.

Parent requests are being invited for consideration. Please note that ALL REQUESTS MUST BE IN WRITING.

- Placement requests will only be considered in relation to your own child and it is not appropriate to involve other students.
- Requests need to relate to social, academic and/or behavioural needs of students. It is not appropriate to request a particular teacher.
- All requests must be with Jim josullivan@shdiamondcreek.catholic.edu.au or Gina gmurphy@shdiamondcreek.catholic.edu.au prior to Friday 23rd October.
- We will attempt, as much as possible, to satisfy appropriate parent requests providing they are received by the due date.

In order for this process to be as authentic as possible it is essential that we know of any students who will not be continuing at Sacred Heart in 2021.

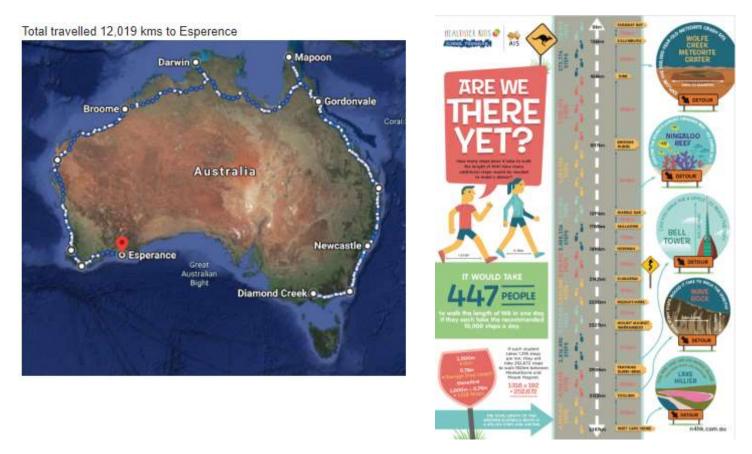
### A Healthy Challenge:

Thank you to the many families that have embraced this challenge and continue to send kilometres my way, even over the holidays. Thank you to the families that have sent through their travel distances over the break; Berriman, Burns, Campbell, Davison, Hunter, Jones, Keating, Lord, Mitrovski, Molinaro, Nardella, Nicholson, Nugent, Perera, Ross, Neale, Pendry, Garrard, McMahon, Jacombs, Murphy and Murphy.

We want to try and get everyone in our school community to travel around Australia with us by foot or bike – you can help by letting us know when you walk or go for a run or ride. We will keep a tally of how many kilometres people in our community travel. We need to get to 17,000 km.

Send to <u>gmurphy@shdiamondcreek.catholic.edua.au</u> how many kilometres your family has travelled over the week. We will show you each week how far around Australia we have travelled as a school community.

So, get out there everyone and help us get around Australia. In week 8 of the challenge we travelled 2814.6 km and have made it to Esperance in Western Australia.



Once again, we thank teachers, staff, students and families for their incredible efforts during these challenging times. With your ongoing support we are confident that we can make a successful return to on-site learning next week.

Jim & Gina

# Value = Patience



# Student of the Week

Prep NG
1/2 CN
1/2 PA
3/4 JD
3/4 NJ
5/6 CM
5/6 RM
LOTE
Performing Arts
Visual Arts
PE
STEM

Justine Lord Xavier Hernadez Caitlin Waddington Elliot Lee Rhylee Keating Annabel Boland Laila Bruzzaniti Xavier Sciberras Krystal Burns Maia Hankinson Rory Audley Nicolas Dovile



## **School Photography**

Dear Parents,

It's great to see that we now have a more positive plan for students to return to school in the coming weeks. We wanted to reassure you that we are working very closely with your school under guidelines that have been set out by the Department of Education to reschedule your 2020 school photography. Our priority remains the well-being of students, educators, staff and the overall community.

Once government restrictions are lifted we will confirm a photo date. We understand how important it is for your family to have a lasting memory of the 2020 school year.

Kind Regards,

The advancedlife team

Phone: (03) 9852 1133 | info@advancedlifevic.com.au | www.advancedlife.com.au

### News from the Office



### SCHOOL FEES REMINDER

An account statement has been sent to all families via email this week. Please note the final instalment of \$695.00 or outstanding balance is due and payable in full by the 16<sup>th</sup> October 2020. Families who have a regular direct debit/payment plan arrangement will continue with their normal deductions as per usual. If you have any questions regarding your account please do not hesitate to contact the office.

### WONDERS OF CREATION

An Exciting Opportunity! **WONDERS OF CREATION** – Bookings are now been taken for this ZOOM session to be held on Thursday 15<sup>th</sup> October 7.30 pm to 9 pm.

### We would appreciate RSVPs being in by Wednesday next week.

Please contact either Jacinta Bright <u>Jacinta.bright@cam.org.au</u> or Sr. Margaret Sapsford <u>Margaret.sapsford@cam.org.au</u> to register, even if you have already expressed your interest. Jacinta will send a link via email and the rest is simple. If you want to have a practice using Zoom before the day, ask Jacinta and she will be only too happy to help you.

What's it about? Does Scripture contradict Science? Does Science contradict Scripture? Fr Steven with Sacred Heart parishioner, John O'Connor, offer you the first of a proposed series of *pleasant* short talks exploring the universe, its origin, galaxies, stars, planets, life; and us with our Big Brain and mind, able to work out our awesome cosmic pedigree, all from a Christian perspective. Guaranteed to *keep our neurons firing!* We use great visuals, with frequent pauses for questions and discussion, and think you would find the sessions fun and fascinating; also, especially helpful for parents, grandparents and teachers from all walks of life, wanting to explain to our young, how the Two Books: <u>Scripture and Nature</u>, *complement* rather than contradict each other. The absence of testable evidence need not be evidence of absence! Do you realise that it was a Belgian Catholic priest who first conceived of the Big Bang theory?

John was educated at St Mary's, Thornbury; Parade College, East Melbourne; Melbourne and La Trobe Universities (BSc, Dip Ed, M App Sc, PhD, Melb. Univ.) He then worked as a geologist/geophysicist with Commonwealth Bureau of Mineral Resources (now Geoscience Australia); EPA reports and consultancies; Environmental Science, Physics, Maths, Years 11/12 teaching, Parade College; 27 years academic staff, PIT/ RMIT University; he is now a science communicator, e.g. Astronomy, Physics, Cosmology courses for Council of Adult Education, and currently for ASAV (Astronomical Society of Victoria, Diurnals), and U3A (University of the Third Age).





SACRED HEART PRIMARY SCHOOL

# FOOTY COLOURS DAY

SACRED HEART WILL HOLD FOOTY COLOURS DAY IN SUPPORT OF KIDS WITH CANCER.

WHEN: FRIDAY 16TH OCTOBER

WEAR: YOUR FAVOURITE FOOTBALL/SOCCER/ RUGBY COLOURS

BRING: Gold Coin Donation to Support Kids With Cancer.



# **SUPPORTING KIDS WITH CANCER**

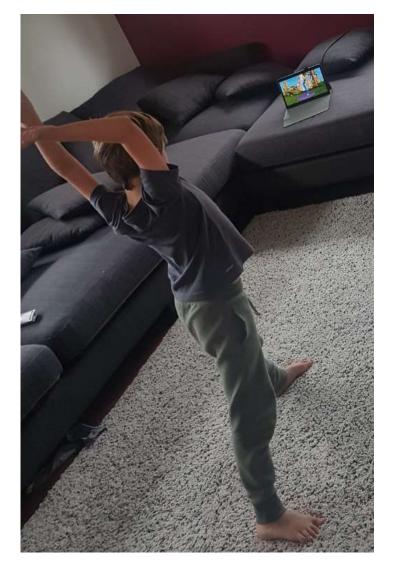
# Remote PE @ Sacred Heart



Michala keeping active



Ayendha's exercise plan



Jacob loves Cosmic Yoga

# **Remote Education @ Sacred Heart**







### Spelling with nature



### Remote STEM @ Sacred Heart - Bridges



Caitlin



Lucy



Audrey



Jacob



Finn G



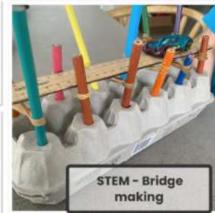
Luke











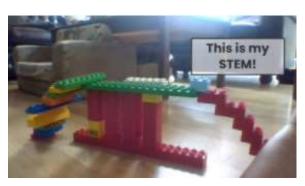
Nicholas



Daniel B



Eva



Lani



Rosie



Matthew



Heidi



Jack N









Tyler



Owen and Miles

# **Community News**

### Loyola College - Year 7, 2022 Enrolment Applications

A friendly reminder that enrolment applications for current Grade 5 students wishing to enrol at Loyola College for Year 7, 2022 are due on Friday, 09 October, 2020. To obtain an Enrolment Application, please visit our website or email our Community Liaison Officer, Dianna Alonso – <u>alonsod@loyola.vic.edu.au</u>

For any queries, please call Registrar, Anita Plant on 9433 0203

To book and view our Virtual tour – Meet the Principal, please visit website – <u>www.loyola.vic.edu.au/bookatour</u>







learn more at juniorbaseball.com.au



Thursday 8 October 7pm via Zoom Book your ticket via the below link https://www.trybooking.com/BLIII



#### Meet the Principal

Register now for our virtual Question and Answer session with Principal Mark Murphy at bit.ly/WFCTour

Applications for Year 7 2022 close October 2020. To apply, please visit bit.ly/WECApplication

info@whitefriars.vic.edu.au | 9872 8200





# **Getting our children school ready**

The School Readiness online presentation involves three clinicians presenting the skills children need when commencing primary school. This session will also provide strategies and recommendations on how to best support your child in this unusual period of time.

### Claudia Harris, Occupational Therapist

- Fine motor skills
  - o Cutting and pasting
  - o Name writing
  - o Drawing/ Colouring
- Gross motor skills
- Self-help skills
- Socio-emotional maturity/ resilience
- Executive functioning

### Venetia Su, Speech Pathologist

- Understanding and using language
  - Following instructions
  - o Using words and sentences for school
- Early literacy skills
  - o Preparing for reading and writing
- Vocabulary
- Phonological awareness
  - o Understanding and manipulating the sounds in words

### Jason Lam, Psychologist

- Emotions
  - o Common emotions children experience at school
- Organisation
  - o Children becoming more independent
  - o The amount of adult support that is still required
- Tuning into your child

### Free live online session

7-8.30pm Monday 12th October 2020

### Register at link below

https://www.nillumbik.vic.gov.au/Events/Getting-Our-Children-School-Ready-webinar Bookings are essential. We look forward to seeing you online!







### FREE WEBINARS - SAVE THE DATES!

CSPV invite you to save these dates for our Connect Webinar Series for parents.

Conversations about what we have learned during remote learning and how to continue to leverage parent enagagement to support student learning.



Conversation with Anne T Henderson The power of parent engagement for student learning and wellbeing Saturday 10th October 2020 9.30am-10.30am



Conversation with Dr Debbie Pushor The power of parent knowledge for learning and wellbeing Wednesday 21st October 2020 7.00pm-8.00pm

Parents and school staff will benefit from learning from two international experts in parent engagement. Connect Webinar Series hosted by Catholic School Parents Victoria



Rachel Saliba CSPV Executive Officer



Jodle McLeod CSPV Deputy Chair



228 Victoria Parade East Melbourne 3001 Phone 03 9267 0458 executive@cspv.catholic.edu.au www.cspv.catholic.edu.au

