



Sacred Heart Catholic Primary School Diamond Creek

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Sacred Heart Newsletter

Newsletter No 3 Term 4
22nd October 2020

REMINDER – Tomorrow is a Public Holiday – NO SCHOOL

Fr. Steve's Mass and Homily:

The link to last weekend's Mass can be found here:

<https://www.youtube.com/watch?v=5CDUU3glZaA>

Dear Sacred Heart families and friends,

Term Four is important for every student, and our staff will strive to deliver high-quality learning for everyone. While our main focus for Term Four is on making sure that every student is supported in their wellbeing, learning and transition needs, it is also important that we ensure that we have an accurate understanding of exactly where they are academically so that we can target our learning activities to their points of need.

At Sacred Heart our teachers use pre-tests at the start of any new topics to identify what each student knows or is yet to learn about this topic (Maths, Literacy, Inquiry), from this initial data they develop like ability groups and learning intentions/success criteria for these groups targeted at the point of need identified in the pre-test. At the conclusion of the topic, our teachers will implement a post-test to identify the growth that each child has achieved during this topic. Sometimes students may feel disappointed in their pre-assessment results but it is important to remind them that the objective of the assessment is to identify what they need to know about this topic. We have also conducted the ACER six star wellbeing survey with students over the past week and will share results from this in next week's newsletter. This will further support the school in a strategic way to address wellbeing at Sacred Heart.

Friendship Rocks:

The theme for this year's Children's Week is "what does friendship mean to you?".

As part of the activity, our students have discussed the importance of friendship, looking out for one another and neighbourhood connections. Our Year 3 - 6 students have been involved in a Nillumbik Council activity painting rocks in line with the theme. We encourage the students to place their rocks along the Diamond Creek trail. Families are encouraged to go for a walk along the track and talk about what Friendship means to them. Take a photo and email it to your teachers.



Congratulations to a past student:

Congratulations to Matthew Vassallo (class of 2015) who has been appointed Flynn House Leader for Year 12 at Loyola College in 2021. Well done Matthew.

Resilience Project:

In response to the year we have all experienced we have decided to implement the Resilience Project Digital Program at Sacred Heart Primary School in 2021. The Resilience Project will support our existing program, Respectful Relationships, ensuring the wellbeing of each child in the current times but also life skills for the future.

The Resilience Project's Digital Program supports the mental health of the whole school community. To support long term change, and embed mental health strategies, schools are provided with a year-long curriculum, mapped to Australian Curriculum Framework. This curriculum includes teacher resources, student journals, access to an online teaching hub, and exclusive content released throughout the year.

In addition to the curriculum the program also provides a series of highly engaging tailored presentations specific to teachers, students, and parents/carers that teach the program strategies and inspire regular practice.

The program focuses on three key pillars that have been proven to cultivate positive emotion; Gratitude, Empathy and Mindfulness (GEM), with Emotional Literacy being a foundational skill to practicing these strategies.

Step by step, this is how our Partnership Program works:

- STAFF are engaged through professional development presentations and provide them with resources, activities and knowledge to support their work with students.
- STUDENTS are inspired across all year levels through the delivery of highly engaging presentations.
- PARENTS AND CARERS are empowered with presentations that provide practical strategies to help build their children's resilience, and support their own wellbeing.

We will provide more information before the end of the year and ongoing information in 2021.

The Polished Man:

Jim is fundraising for ygap's 2020 Polished Man campaign by wearing blue nail polish on one finger because he, along with many, believe we can create a world in which no child suffers from violence. The **Polished Man campaign** encourages everyone to take a stand and actively commit to ending violence against children. By painting one nail blue, and representing this harrowing statistic, people can start a conversation which raises awareness and funds to ensure no childhood is lost to violence. Jim is doing this for the one billion children who suffered violence in the past year alone. He is doing this because it's the right thing to do. If you would like to make a donation and help support this worthy cause you can do so by using this link

<https://my.polishedman.com/jim-o-sullivan>

So far we have raised \$965 for this cause, this is an awesome effort, thank you to everyone who has supported this cause.



Book Week:

Thank you to everyone for their support of our Book Week parade. The creative juices have certainly been flowing throughout the Sacred Heart community based on the amazing array of book character costumes that our students presented in the parade.

Mrs. Jess Clark (Intervention Teacher) and Mr. Anthony Lentini (Pre-service teacher in Year 3/4 NJ) judged the costumes on creativity and originality and awarded prizes to:

Prep -	Charlotte Molinaro
Year 1/2 CN -	Nihal Mohamed
Year 1/2 PA -	Ayendha Fernando
Year 3/4 JD -	Madeline Arvaji
Year 3/4 NJ -	Roy Hunter
Year 5/6 CM -	Hugo Hunter
Year 5/6 RM -	Tadhg Keating



2021 Student Classes:

Our teachers will soon start the process of organising next year's class groups. This process will take several weeks so that the groupings are as balanced as possible. We also use a program called 'Class Solver' that takes in information regarding academic, social, needs, preferences and requests to help formulate

classes. Once the process is finalised, changes will only be made in exceptional circumstances. Over the last few years this process has run smoothly and we are aiming for similar results again this year.

Parent requests are being invited for consideration. Please note that ALL REQUESTS MUST BE IN WRITING.

- Placement requests will only be considered in relation to your own child and it is not appropriate to involve other students.
- Requests need to relate to social, academic and/or behavioural needs of students. It is not appropriate to request a particular teacher.
- All requests must be with Jim – josullivan@shdiamondcreek.catholic.edu.au or Gina – gmurphy@shdiamondcreek.catholic.edu.au prior to Friday 23rd October.
- We will attempt, as much as possible, to satisfy appropriate parent requests providing they are received by the due date.

In order for this process to be as authentic as possible it is essential that we know of any students who will not be continuing at Sacred Heart in 2021.

A Healthy Challenge:

Thank you to the many families that have embraced this challenge and continue to send kilometres to me. We are getting so close to finishing this challenge. Each student contributed this week at the beginning of their PE lesson. Thank you to the families that have sent through their travel distances this week; Burns, Buttigieg, Campbell, Jory, Nicholson, Pearce, Valentine, Vassallo, Neale, Murphy, Pendry and Murphy.

Send to gmurphy@shdiamondcreek.catholic.edu.au how many kilometres your family has travelled over the week. We will show you each week how far around Australia we have travelled as a school community.

So, get out there everyone and help us get around Australia. In week 10 of the challenge we travelled 1603.23 km. The distance left to travel will be shared next week. Get out there and help us make the entire distance around Australia over the next couple of weeks.

Jim & Gina

Value = Doing Your Best



Student of the Week

Prep NG
1/2 CN
1/2 PA
3/4 JD
3/4 NJ
5/6 CM
5/6 RM
LOTE
Performing Arts
Visual Arts
PE
STEM

Meliz Hoe
Owen Valentine
Tyler Stacey
Liam O'Reilly
Isaac Sciberras
Xavier Sciberras
Isabella Ferraro
Patrick Ward
Samuel Jory
Noah Hosking
Ruby Vassallo
Meliz Hoe



Week 2 Students of the Week

ACTION CALENDAR: OPTIMISTIC OCTOBER 2020

MONDAY "Choose to be optimistic. It feels better" - Dalai Lama

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

1 Write down your most important goals for this month

2 Look for reasons to be hopeful even in difficult times

3 Take the first step towards a goal that really matters to you

4 Be a realistic optimist. See life as it is, but focus on what's good

5 Start your day with the most important thing on your list

6 Do something constructive to improve a difficult situation

7 Remember that things can change for the better

8 Make progress on a project or task you have been avoiding

9 Avoid blaming yourself or others. Just find the best way forward

10 Take time to reflect on what you have achieved this week

11 Focus on a positive change that you want to see in society

12 Look for the good intentions in people around you today

13 Put down your To-Do list and let yourself be spontaneous

14 Do something to overcome an obstacle you are facing

15 Look out for positive news and reasons to be cheerful today

16 Thank yourself for achieving the things you often take for granted

17 Share your most important goals with people you trust

18 Make a list of things that you are looking forward to

19 Set hopeful but realistic goals for the week ahead

20 Find the joy in completing a task you've put off for some time

21 Let go of the expectations of others and focus on what matters

22 Share an inspiring idea with a loved one or colleague

23 Write down 3 specific things that have gone well recently

24 Recognise that you have a choice about what to prioritise

25 Plan a fun or exciting activity to look forward to

26 Start the week by writing down your top priorities & plans

27 Be kind to yourself today. Remember, progress takes time

28 Ask yourself, will this still matter a year from now?

29 Find a new perspective on a problem you face

30 Set a goal that links to your sense of purpose in life

31 Think of 3 things that give you hope for the future

ACTION FOR HAPPINESS

www.actionforhappiness.org

Keep Calm · Stay Wise · Be Kind

Learn more about this month's theme at www.actionforhappiness.org/optimistic-october

News from the Office



UNIFORM ORDERING

The Uniform Shop will be closed for face to face sales until restrictions are eased and parents are able to enter the school grounds. Uniform can be ordered via CDF Pay on the school website. Click on the following link below to access the online Uniform Shop:

<https://shdiamondcreek.cdfpay.org.au/MonitorOnline/app/#/login>

Simply login, click on the items required, add to cart and then checkout. All orders received will be sent home via the students.

RECORDERS

Please return all Recorder instruments that were loaned to Year Prep – 2 students during Remote Education to the office as soon as possible.





News from the Parish

Dear Parishioners of Sacred Heart, St Thomas and St Marys,

I am writing to inform you all that as of the 18th of November, I am moving to East Kew for my next appointment as an assistant priest. It is sad to leave you all but at the same time it is an exciting opportunity for me to learn more and have different ministry experiences. Thank you for being very kind to me and welcoming me to your parish communities. I had a great time and loved the ministry experience. I was cared for and looked after by your generosity and I will remember and cherish those loving memories in my heart. I had such a fruitful ministry experience with you all, especially leading you in Sunday Masses and other Sacraments. And I am going to miss the youth group and its leadership team - they are my pride and joy! I believe the 'Alight Youth Group' has great potential and it will do really well; the youth group has a great leader so I am happy that it is in good hands.

I also had a great opportunity to visit and work with our parish schools. The children were so inspiring and innocent - so much God in them. Preps and grade ones are my favourite. And the seniors are the best with their questions, I loved those opportunities to chat with school children.

Thank you, Principals and amazing teachers. I will miss your beautiful company and free cakes and food in the school staff rooms.

Apart from our parish schools I also visited Parade college, which is an amazing community. I enjoyed having Q & A with year 12s, thanks to Kylie Kupee for organising those great opportunities.

I would like to take this opportunity to thank our priests, Fr Steve and Fr Tao for being brothers and mentors in my priestly ministry in our partnered parishes. Thank you to all our amazing partnered parish staff, Sr Marg, Pat, Lisa, Jacinta, Francesca, Sharon & Denise.

I am glad that I have made some good and meaningful connections and friendships with my parishioners. You will always be a part of me and my ministry. I cannot thank you enough for your kindness and acceptance of me in your parish communities. Please keep me in your prayers. I will miss you and will remember you in my prayers. I am sure I will see you guys around! Please stay in touch, take care and God Bless!

Fr Lenin Thenamirtham

This week @ Sacred Heart



Footy Colours Day



Year 1/2 Respectful Relationships
Cooperation Games



Year 3/4s - enjoying lunch in the courtyard



Book Week







Community News

ZOOM WITH THE PRINCIPAL



The Parade Community takes great pride in our school and students and we appreciate that the best way for you to see what we are all about, is to visit us when we are in action. However, this is not at all possible at present due to COVID-19 social distancing restrictions, so we have in place the next best thing.

We now extend an invitation to our prospective families to join us in a conversation and to ZOOM with the Principall

Using online conferencing and taking approximately 30 minutes, this event will be hosted by Parade College leadership personnel and specialists teachers. This ideal setting is a perfect opportunity for you to meet key staff members, explore Parade history, have curriculum and pathways explained and all your enrolment questions answered. Bookings are essential so please register.

ZOOM Dates and Times

- Thursday 15/10 10.00am
- Thursday 22/10 1.30pm
- Thursday 29/10 10.00am

Please Note: If restrictions are eased, we have tentatively nominated the following dates for our normal Family Tours, which can also be booked via our website – www.parade.vic.edu.au

Preston Campus – 5th & 26th November

Bundoora Campus – 12th November

connect
The power of connection

Connect Webinar Series hosted by Catholic Schools Parents Victoria

FREE WEBINARS - SAVE THE DATES!
CSPV invites you to save these dates for our Connect Webinar Series for parents.

Conversations about what we have learned during remote learning and how to continue to leverage parent engagement to support student learning.

Conversation with Anne T Henderson
The power of parent engagement for student learning and wellbeing
Saturday 10th October 2020
9.50am-10.30am

Conversation with Dr Debbie Pushor
The power of parent knowledge for learning and wellbeing
Wednesday 21st October 2020
7.00pm-8.00pm

Parents and school staff will benefit from learning from two international experts in parent engagement.

555 Victoria Parade
East Melbourne 3202
Phone 02 8207 0168
enquiries@cspp.vicatholic.edu.au
www.cspp.vicatholic.edu.au



COME AND TRY BASEBALL!



**Starting
in
November**

**FOR BOYS AND GIRLS AGED 8-12
TO LEARN MORE, VISIT**

JUNIORBASEBALL.COM.AU

Come try T-Ball Smash!!



**For boys and girls
aged 5-9**

TO LEARN MORE

VISIT www.tbballsmash.com

CALL **AJ on 0423 782 970**



GIRLS CRICKET

JOIN THE FUN



HURSTBRIDGE CRICKET CLUB

Fun comp for girls aged 11-17

Wednesday nights from 4.30pm

Come and try cricket! Register online at playcricket.com.au and search for Hurstbridge Cricket Club

CONTACT JULIE WARD PH 0431257 258 FOR MORE DETAILS

WE'RE BACK!

SUMMER BASEBALL RETURNS

November 2020 - March 2021

New players of all ages are welcome!
Contact doncasterbaseball@gmail.com to register



**T-BALL
JUNIORS
WOMEN'S
MEN'S
MASTERS**

D
LEWIS THORPE
MLB PITCHER
DONCASTER PLAYER

DONCASTERBASEBALL.COM.AU