



Sacred Heart Catholic Primary School Diamond Creek

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Sacred Heart Newsletter

Newsletter No 4 Term 4
29th October 2020

What's on at Sacred Heart

Mon 2 Nov	SCHOOL CLOSED – Teacher Report Writing & Staff Planning Day
Tues 3 Nov	SCHOOL CLOSED – Melbourne Cup Public Holiday
Fri 6 Nov	School Photo Day – SUMMER UNIFORM

Full School Calendar available at <http://www.shdiamondcreek.catholic.edu.au>

Fr. Steve's Mass and Homily:

The link to last weekend's Mass can be found here:

<https://www.youtube.com/watch?v=zHBvvpur54w>

Dear Sacred Heart families and friends,

From the beginning of next year there will be a change in the way that Catholic schools are governed in the Archdiocese of Melbourne. Traditionally the governance structure in the Archdiocese of Melbourne operated with each primary school operating under the management of the Parish Priest with the school principal in the role of school manager and Catholic Education Melbourne operating as a service agency for the purposes of administration, funding arrangements and infrastructure.

This media release from the Archbishop informs you that the governance of Catholic schools in the Archdiocese of Melbourne will now be under the direct authority of the Archbishop through Melbourne Archdiocese Catholic Schools Ltd and Catholic Education Melbourne. Parish Priests will not be responsible for the administrative operations of Catholic primary schools but will be more involved in a pastoral role. Principals will still be responsible for the overall management of their schools but they will be directly responsible to the Regional Manager, in Sacred Heart's case that is the Eastern Region Manager.

New era for Catholic education in Melbourne with the establishment of Melbourne Archdiocese Catholic Schools Ltd

Melbourne Archdiocese Catholic Schools Ltd (MACS) has been established to assume the governance and operation of Catholic schools in the Archdiocese of Melbourne, Archbishop Peter A Comensoli says.

The change in governance arrangements will see all 293 schools owned by the Archdiocese, its parishes or associations of parishes in the Archdiocese of Melbourne transferred to MACS, which will be responsible for the governance and operation of the schools.

‘Building on the significant legacy of parish priest led and governed schools, MACS will usher in a new era for Catholic education in the Archdiocese’, Archbishop Peter said.

‘Education is integral to the mission of the Catholic Church to proclaim the Good News, and Catholic schooling forms our young people so they may be equipped with the knowledge, skills and hope to live meaningful lives and enrich the world around them.

‘The establishment of MACS is a necessary and constructive change to the operations for schools that not only reflects community expectations about the operations of schools, but keeps our Christ-centred mission at the heart of all we do in Catholic education.’

A Steering Committee was established in November 2019 to consider changes in governance for Melbourne Catholic schools. The Steering Committee has overseen 11 months of significant consultation and deliberation which has culminated in today’s announcement, Archbishop Peter said.

Archbishop Peter has appointed Mr Gerard Dalbosco as the inaugural Chair of MACS to lead this historic new path for Catholic education in Melbourne.

Formerly a senior partner at EY, Mr Dalbosco has had a distinguished career holding several significant leadership roles with EY across Oceania and the Asia-Pacific region. He also has significant governance experience, with current roles including positions with the Committee for Melbourne, Loreto Mandeville Hall Toorak and Newman College.

‘Gerard brings a wealth of strategic vision and governance experience to our efforts’, Archbishop Peter said.

‘I am very pleased to appoint him to this position and excited for what the future holds under his leadership.’

Mr Dalbosco said that he was honoured to be appointed as the inaugural Chair of MACS.

‘Catholic schooling in Melbourne has a profound footprint across our community’, Mr Dalbosco said.

‘We are the largest diocese in Australia and, together with Catholic religious institute schools, provide Catholic education for more than 153,000 students across 335 schools in Victoria, employing over 20,000 teachers and support staff.

‘I look forward to working with Archbishop Peter and key leaders in the Archdiocese to appoint fellow board members as we move the mission of Catholic education in Melbourne forward.’

Mr Dalbosco also said that he was looking forward to helping foster the renewed relationship between parishes and schools.

‘Parishes are the core of Church life in Melbourne’, he said.

‘These communities have not only planned for but, in many cases, built and paid for schools out of their own pockets because of their understanding of the need for Catholic education in the Archdiocese.

‘I am looking forward to MACS working closely with parish priests and parishes, which will continue to be central to the care and education of Catholic school students.’

Archbishop Peter announced that Catholic Education Melbourne, the service arm for Catholic schools in the Archdiocese, will also move to MACS, with recently announced Executive Director of Catholic Education Melbourne, Mr Jim Miles, to serve as MACS Executive Director.

'The contribution of Catholic education in Melbourne and greater Victoria is an ongoing fruit of the gospel and a gift of Catholic educators to Victorian society', Archbishop Peter said.

'Jim will continue to play a critical role, as MACS will build up the leadership, transparency and fairness of that great tradition.

'I have no doubt that he and Gerard, along with the rest of the MACS board and staff, will continue to ensure that each Catholic school is a valued and essential community in the life of the Catholic Church, and honour the relationships of trust and friendship between school and parish communities.'

MACS will officially begin its governance responsibilities on 1 January 2021.

For more information, please call Michael Pountney, Acting Assistant Director, Enterprise Services, on 0409 860 884 or mpountney@cem.edu.au.

Further information about the transition of governance arrangements for Melbourne Catholic schools can be found at www.governance.melbourne

School Closure:

Reminder to all families that Monday 2nd November and Tuesday 3rd November are school closure days. Monday will be used as a report writing day and planning day for all staff and Tuesday is a public holiday for the Melbourne Cup.

Swimming Lessons:

We apologise for the inconvenience in regards to late information this year but as you can appreciate the directives continue to change and we need to ensure we have the Department of Education and Catholic Education Melbourne directives before proceeding with a number of decisions. We have been in contact with the Diamond Creek Outdoor Pool again today and although schools can attend outdoor swimming pools the actual swimming coaches have not been given the go ahead to coach/teach. We therefore will not have swimming lessons next week but this could change. We will keep you informed as we hear more.

School Photos:

Advanced Life Photography will be on site on Friday 6th November to take individual photos and sibling photos for the students. They will then use these individual photos to form composite group photos for the students. Reminder on Friday the students must wear their correct **summer uniform** for these photos.

Staff News:

We wish Gemma Greenwood the best of luck as she begins her maternity leave at the end of next week (Friday 6 November is her last day). We welcome Jess Clark who will be teaching Prep along with Kerry Neilson.

Past Students:

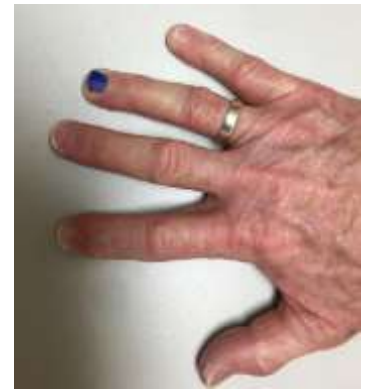
Congratulations to Declan Morgan (class of 2015) who has been appointed as Film Productions Captain at Eltham College in 2021 and Bree Morgan (class of 2017) who has been appointed Everly house leader at Eltham College. Well done Declan and Bree.

Bike Riding:

Well done to the large number of students walking, riding and scooting to school each day. Can parents please remind students that they need to use the supervised school crossing.

The Polished Man:

Jim is fundraising for ygap's 2020 Polished Man campaign by wearing blue nail polish on one finger because he, along with many, believe we can create a world in which no child suffers from violence. The **Polished Man campaign** encourages everyone to take a stand and actively commit to ending violence against children. By painting one nail blue, and representing this harrowing statistic, people can start a conversation which raises awareness and funds to ensure no childhood is lost to violence. Jim is doing this for the one billion children who suffered violence in the past year alone. He is doing this because it's the right thing to do. If you would like to make a donation and help support this worthy cause you can do so by using this link <https://my.polishedman.com/jim-o-sullivan>



At this point in time through your support and that of some of my Principal colleagues, family members and friends we have raised \$1,355 for this cause. Thank you for your generous support.

2021 Student Classes:

Parent requests were invited over the past couple of weeks to be considered for class placement. Thank you to the families that have requested placement. This has now been closed and we will start to look at class formations for 2021.

Jim & Gina

ACTION CALENDAR: OPTIMISTIC OCTOBER 2020

"Choose to be optimistic. It feels better" - Dalai Lama

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 Start your day with the most important thing on your list	6 Do something constructive to improve a difficult situation	7 Remember that things can change for the better	1 Write down your most important goals for this month	2 Look for reasons to be hopeful even in difficult times	3 Take the first step towards a goal that really matters to you	4 Be a realistic optimist. See life as it is, but focus on what's good
12 Look for the good intentions in people around you today	13 Put down your To-Do list and let yourself be spontaneous	14 Do something to overcome an obstacle you are facing	8 Make progress on a project or task you have been avoiding	9 Avoid blaming yourself or others. Just find the best way forward	10 Take time to reflect on what you have achieved this week	11 Focus on a positive change that you want to see in society
19 Set hopeful but realistic goals for the week ahead	20 Find the joy in completing a task you've put off for some time	21 Let go of the expectations of others and focus on what matters	15 Look out for positive news and reasons to be cheerful today	16 Thank yourself for achieving the things you often take for granted	17 Share your most important goals with people you trust	18 Make a list of things that you are looking forward to
26 Start the week by writing down your top priorities & plans	27 Be kind to yourself today. Remember, progress takes time	28 Ask yourself, will this still matter a year from now?	22 Share an inspiring idea with a loved one or colleague	23 Write down 3 specific things that have gone well recently	24 Recognise that you have a choice about what to prioritise	25 Plan a fun or exciting activity to look forward to
			29 Find a new perspective on a problem you face	30 Set a goal that links to your sense of purpose in life	31 Think of 3 things that give you hope for the future	

ACTION FOR HAPPINESS

www.actionforhappiness.org

Learn more about this month's theme at www.actionforhappiness.org/optimistic-october

Keep Calm · Stay Wise · Be Kind

INSIGHTS

A flexible approach to raising kids



This year's unique challenges have brought a sharper focus on child-rearing styles. Parents who rely one style have often struggled to meet the emotional needs of their children.

Kids who are worried, fearful or fretting about the future initially benefit from a nurturant, empathetic approach. "I get it" is what they want to hear so they feel safe and secure. They also benefit from a firmer approach where an adult communicates "You can cope with this" is something kids need to hear when they experience change, difficulty and disappointment.

This combination of nurturance and firmness is known as an authoritative approach according to Diane Baumrind, a leading researcher on parenting styles. A purely nurturant style is known as a permissive style, while a singularly firm style is known as authoritarian.

Warm cat, firm dog

It's helpful to use a cat and dog metaphor when discussing the authoritative approach. As dog-owners know these pets are highly relational and respond favorably to attention. The dog style of parenting is empathetic and has an encouraging, relationship-building focus. Cats, on the other hand, are usually self-sufficient and can live happily without you. Continuing the metaphor, the cat style of parenting is more likely to challenge kids, better able to manage poor behaviour and provide solid family leadership.

Body language counts

The dog-cat styles are expressed through our non-verbal language – our tone of voice, posture and heads. A cat speaks in a flat, clipped voice using a minimum of words. Their head is still, its body upright and confident. A cat is calm, quiet and in control. A dog, on the other hand, speaks with lots of inflection in their voice. They'll smile a great deal and lean in when they speak. It's a warmer more approachable style suited to conversations and building relationships.

Which style do you identify with?

Most people naturally have a preference for one style over the other. If you defer to one then you may have to work a little harder or more consciously to bring the other side to the fore. Many parents working in partnership with each other will share the dog-cat loads. One parent is firm in approach, while the other uses a warmer, more personal approach. Sometimes parents switch styles according to the gender or personality of their children. This is quite common as boys have a tendency to bring out the firm cat in their fathers and the warmer, protective dog-side in their mothers.

Conversely, fathers often respond to their daughters in dog-like ways and anecdotally, it seems, many mothers are more naturally cat-like with their daughters. Single parents without the luxury of sharing the parenting will generally need to be flexible and move between the two styles.

Avoid mixed messages

Get your cat and dog wrong and you risk being ineffective and failing to meet either a child's needs or the needs of a particular situation. If your first response to a child's difficulty is to be distant and unapproachable, then you are probably not meeting their immediate emotional needs. Your child or young person needs you to be approachable or dog-like when they come to you with genuine concerns. Conversely, approach a child or teen whose behaviour isn't up to standard with a dog-like approach and you'll be ignored or not taken seriously, leaving you either angry or deflated.

Flexibility is the key

It's my experience that it's possible to move seamlessly between the two modes but it takes awareness and practice. If you naturally default to cat mode, then you may have to put some conscious effort into responding with empathy and nurturance when your child or young person struggles. Alternatively, you may practise dog-like behaviours easily but have to work on your cat side to promote independence and manage your child's behaviour. In time these switches become automatic as your awareness grows enabling you to adopt new ways of parenting. Your effectiveness and satisfaction levels will increase as you move seamlessly between the cat and dog parenting styles.

Related webinar

Our school has a membership with Parenting Ideas. As part of this membership, you can attend the upcoming webinar 'Parenting like a cat and dog' at no cost.

About

In this webinar, Michael Grose uses cat and dog metaphors to introduce parents to two diverse styles of parenting. This will increase their ability and confidence to manage, nurture and build relationships with their children.

When

11 November 2020 8:00pm AEDT.

To redeem

1. Click this link: <https://www.parentingideas.com.au/parent-resources/parent-webinars/webinar-parenting-like-a-cat-and-dog>
2. Click 'Add to cart'
3. Click 'View cart'
4. Enter the voucher code METAPHOR and click 'Apply Coupon' Your discount of \$37 will be applied.
5. Click 'Proceed to checkout'
6. Fill in your account details including our school's name to verify your eligibility. These are the details you will use to login to your account and access your webinar and resources
7. Click 'Place Order'

This offer is valid until 31 December 2020. If you're unable to make the broadcast time, just register anyway and you will get access to the recording. The recording will be available in your Parenting Ideas dashboard so you can refer to it at anytime.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spooned Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.



Student of the Week

Prep NG

1/2 CN

1/2 PA

3/4 JD

3/4 NJ

5/6 CM

5/6 RM

LOTE

Performing Arts

Visual Arts

PE

STEM

Evren Ibrahim

Patrick O'Neill

Benji Collins

Tess Pearce

Grace O'Keefe

Makayla Davison

Harrison Oke

Grace O'Keefe

Miles Valentine

Rosie Hankinson

Natalia Bruzziniti

Xavier Hernandez



Week 3 Students of the Week





News from the Office

UNIFORM ORDERING

The Uniform Shop will be closed for face to face sales until restrictions are eased and parents are able to enter the school grounds. Uniform can be ordered via CDF Pay on the school website. Click on the following link below to access the online Uniform Shop:

<https://shdiamondcreek.cdfpay.org.au/MonitorOnline/app/#/login>

Simply login, click on the items required, add to cart and then checkout. All orders received will be sent home via the students.

RECORDERS

Please return all Recorder instruments that were loaned to Year Prep – 2 students during Remote Education to the office as soon as possible.



This week @ Sacred Heart



Friendship Rocks



Sacred Heart Christmas Candle Drive

CLAIR SCENT DÉCOR

The Sacred Heart Parents' Association together with Clair Scent Décor will be running the annual Candle Drive with 20% of all sales donated to the school.

Clair has a wide range of candles and delicious scents - this year you can even design your own. These candles make the perfect teacher gift, Kris Kringle pressie and special something for family and friends.

All candles and gifts will be available to purchase via CDF Pay on the School Website - Look out for this symbol under the CURRENT PARENTS tab or click on this link:

<https://shdiamondcreek.cdfpay.org.au/MonitorOnline/app/#/login>



Simply add the item to your cart and choose your favourite scent then checkout.

The Pop Up Candle Shop will be open from today to 16th November

Please note: DIY Candles - a template can be collected from the Office or emailed to you on request.



Community News



COME AND TRY BASEBALL!



Starting
in
November

FOR BOYS AND GIRLS AGED 8-12
TO LEARN MORE, VISIT

JUNIORBASEBALL.COM.AU

Come try T-Ball Smash!



**For boys and girls
aged 5-9**

TO LEARN MORE

VISIT www.tbballsmash.com

CALL **AJ on 0423 782 970**



GIRLS CRICKET

JOIN THE FUN



HURSTBRIDGE CRICKET CLUB

Fun comp for girls aged 11-17

Wednesday nights from 4.30pm

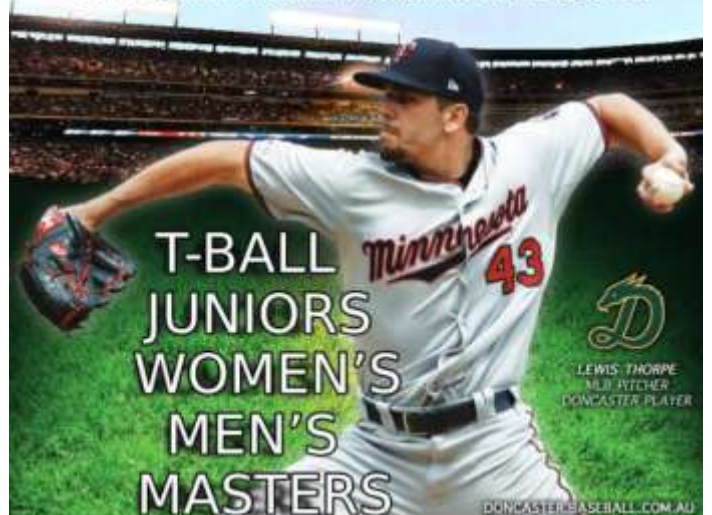
Come and try cricket! Register online at
playcricket.com.au and search for Hurstbridge Cricket Club

WE'RE BACK!

SUMMER BASEBALL RETURNS

November 2020 - March 2021

New players of all ages are welcome!
Contact doncasterbaseball@gmail.com to register



**T-BALL
JUNIORS
WOMEN'S
MEN'S
MASTERS**

D
LEWIS THORPE
MLB PITCHER
DONCASTER PLAYER

DONCASTERBASEBALL.COM.AU

CONTACT JULIE WARD PH 0431257 258 FOR MORE DETAILS