



# Sacred Heart Catholic Primary School Diamond Creek

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## Sacred Heart Newsletter

Newsletter No 5 Term 4  
5<sup>th</sup> November 2020

### ***What's on at Sacred Heart***

**Fri 6 Nov**

**School Photo Day – SUMMER UNIFORM**

**Wed 11 Nov**

Remembrance Day

*Full School Calendar available at <http://www.shdiamondcreek.catholic.edu.au>*

#### **Fr. Steve's Mass and Homily:**

The link to last weekend's Mass can be found here:

<https://www.youtube.com/watch?v=lgJCiWa4aI0>

Dear Sacred Heart families and friends,

#### **Latest Changes To Restrictions,**

As metropolitan Melbourne moved to step three of the roadmap to reopening, we eagerly awaited news of how this would impact on schools. On this occasion we didn't have to wait long as the latest updated School Operations Guide was sent to schools. Whilst most of the current restrictions will remain in place in schools, there has been some easing. One of the highlights for us was finding out that we are now able to have our 2021 Prep students come onsite for transition sessions in small groups. We will be setting this process up in coming weeks. It was quite clear that schools could conduct a graduation ceremony - but we are restricted to the children in the relevant year level and staff. How we share this experience with parents will require some ingenuity. We are still not permitted to sing in groups so our Carols night will need to be cancelled for 2020. We are permitted to have allied health staff onsite to assist in children's learning and behavioural needs. Excursions and camps are still not allowed. We are still not permitted to gather in groups larger than a class or year level. Hopefully over the weekend more restrictions will be lifted and we will have a clearer idea on what can and cannot be done in 2020.

#### **Swimming Lessons:**

We apologise for the inconvenience in regards to late information this year but as you can appreciate, the directives continue to change and we need to ensure we have the Department of Education and Catholic Education Melbourne directives before proceeding with a number of decisions. We have been in contact with the Diamond Creek Outdoor Pool and although schools can attend outdoor swimming pools the actual swimming coaches have not been given the go ahead to coach/teach. There is still no further easing

of restrictions for swimming coaches and due to the need to work out financial reimbursements we have, with support from the pool, decided to cancel swimming lessons for 2020.

#### **Finances:**

In the coming weeks we will communicate the reimbursement of fees that have not been used in 2020. Please be patient as we work this out with the release of new restrictions hopefully after this weekend.

#### **School Photos:**

Advanced Life Photography will be on site tomorrow to take individual photos and sibling photos for the students. They will then use these individual photos to form composite group photos for the students. Reminder students must wear their correct **summer uniform** for these photos.

#### **Staff News:**

We wish Gemma Greenwood the best of luck as she begins her maternity leave tomorrow. We welcome Jess Clark who will be teaching Prep along with Kerry Neilson.

#### **Advisory Board and Parents Association 2021:**

The Annual General Meeting of the Advisory Board and Parents Association will be postponed until the start of 2021. This is an opportunity to elect new members and welcome back existing members, especially after a different year. Both these representative groups impact the school and can make a difference to your children's school.

#### Parents Association

It is primarily a group of interested parents/carers who organise and run various social, fundraising, and 'service' activities throughout the year, with a view to providing a sum of money at the end of the year for something the school requires, usually earmarked by the Principal in consultation with the School Advisory Board, or several smaller projects throughout the year.

The Parents' Association also provides gifts for teachers/staff members leaving or retiring, bereavement cards for school families, etc.; assists or conducts various morning teas or suppers associated with school functions e.g., first day of school, grade six parent's farewell, prep parent's information night etc. Sometimes charitable donations are made in special cases with the approval of the Committee.

You can see that the Parents' Association fills many varied rolls and is a vital part of school life. The various roles within the committee can be whatever people can manage, or as involved as they have the energy to make them. The challenge is to get people interested and continually renew the committee.

#### Advisory Board

The responsibilities of the Board are:

To actively support Catholic education as described in the Code of Canon Law (canons 793–806) and in the directions and guidelines determined by the Archbishop, by:

- maintaining the Catholic identity and nature of the school
- sponsoring a comprehensive curriculum which underpins the specific Catholic ethos of the school
- promoting the best possible pastoral care of students and of members of the school community
- Monitoring and maintaining the schools Child Safe Standards
- Maintaining the physical environment of the school.

Nominations can be made this year or at the beginning of the 2021 school year. If you are interested in either of these committees please send an email to Jim [josullivan@shdiamondcreek.catholic.edu.au](mailto:josullivan@shdiamondcreek.catholic.edu.au) to let us know or if you have further questions please ask.

**Past Students:**

Congratulations to Ailish Donegan (class of 2015) who has been appointed as Drama Leader at Catholic Ladies College in 2021. Well done Ailish.

**VCE:**

Best wishes to all our former students and other family members participating in their VCE exams in coming weeks. With most of the students having their final classes this week, I hope the coming weeks can be utilised for them all to show their best. After such a tough final year of school for them in this year's trying circumstances, let's hope they still manage to shine.

**The Polished Man:**

Thank you for your support of the Polished Man Campaign, we were able to raise \$1505.

**World Teachers Day:**

Last Friday was officially World Teachers Day and we want to take this opportunity to acknowledge the continuing great work of all our staff - both teaching and non-teaching staff - who do such a wonderful job for our children and families. We also pass on our acknowledgement and congratulations to all our many parents who work in schools - what you do is greatly appreciated.

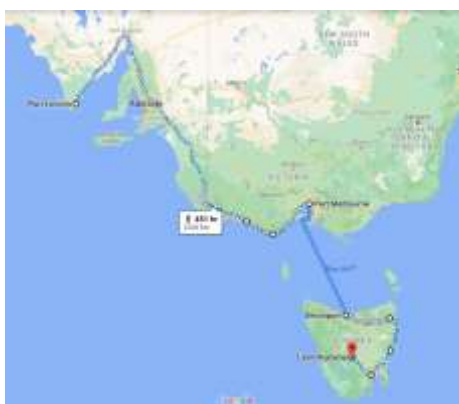
On this particular occasion, it's worth including all our parents in this special day, as you've all been so directly involved in the teaching of your children during this year.

Let's all take a moment to reflect on the importance of teachers - those who willingly joined the professions and those who were 'conscripted' this year - and take delight in the fact that the beneficiaries of all our hard work are our children. What better motivation could there be?

**A Healthy Challenge:**

Thank you to the many families that have embraced this challenge and continue to send kilometers in. We are getting so close to finishing this challenge. Thank you to the families that have sent through their travel distances during this challenge. Our top five contributing families have been: Burns, Davison, Nicholson, Keating and Jory.

So, get out there everyone and help us get around Australia. In week 10 and 11 of the challenge we travelled 2607.73 km and have made it to Lyell Hwy in Western Tasmania. We have 652 kms to get back to Diamond Creek.



Jim & Gina

## INSIGHTS

### Give kids a thumbs up for the right things



Children of all ages enjoy parental recognition. They like when their parents make a fuss over their behaviour or highlight something they've done well.

Sometimes parents will reward their children's behaviour with a treat, money or a gift. This is okay in small doses, but parental recognition alone is a high enough driver of children's behaviour most of the time.

First borns, in particular, love approval. Youngest children just love that you have noticed them! Second borns can sometimes do things in spite of their parents, but deep down they love the recognition too, even if they don't let on that they do.

#### The behaviour you focus on expands

If you want your kids to be neater then focus on their neat behaviours. "You've tidied your toys up before dinner. Top job!" You don't have to throw a party, just let them know that you noticed and you approve of their tidiness. You may also let them know how it affects you. "You've tidied your toys up before dinner. It makes my job easier." The behaviours that you notice and comment on will expand.

Noticing kids' tidiness once won't suddenly turn messy kids into exceptionally neat ones, but do it often enough and you'll start to get some turn around.

You can give kids a thumbs up for all sorts of behaviours. Here's some examples.

#### Being co-operative

Stubborn kids need a pat on the head when they respond on your terms not theirs.

#### Being brave

Nervous and anxious kids need to have their bravery pointed out to them. It's reassuring and empowering.

#### Being helpful

Want helpful kids? Then you need to notice helpful behaviours.

#### Being tolerant

Sometimes older siblings need to be very tolerant of younger siblings. Tolerance is a very giving behaviour and should be promoted.

# parenting \* ideas

## Being patient

Something to encourage in boys, in particular. It's often not their strong point.

## Being persistent

Let kids know when 'hanging in there' pays off. The link between persistence and success is massive but persistence needs to be promoted. It's also the one factor of temperament that can be affected by parenting.

## Being friendly

If your child struggles in social situations then recognise pro-social behaviours such as sharing, initiating contact with another child or taking an interest in another person.

Don't wait until you get perfect behaviour to give recognition, particularly for very young children. Kids have L-plates when it comes to behaving (co-operatively, bravely, patiently) so their attempts and close approximations need to be verified by the significant adults in their lives – their parents.

Recognising kids' positive behaviours is easy to do, but it's also easy not to do. We often get tied up with other things and forget to show appreciation and nurture the behaviours our kids need to develop. It's important to be aware of this. It's the little things such as giving positive recognition that have the biggest impact on kids' development.



### Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.





## ***Student of the Week***

***Prep NG***

***1/2 CN***

***1/2 PA***

***3/4 JD***

***3/4 NJ***

***5/6 CM***

***5/6 RM***

***Visual Arts***

***PE***

***STEM***

***Sebastian Zagami***

***Harry Lord***

***Dominic Arvaji***

***Madeleine Arvaji***

***Bella-Rose Sparks***

***Pat Ward***

***Hector Santostefano***

***Hugo Hunter***

***Daniel McIlroy***

***Megan Lamb***

## **This week @ Sacred Heart**

With the return of both our students and some wonderful weather, it has been fantastic to be able to use our new outdoor learning space. We would like to thank Nillumbik Council who provided a grant during last year's 16 Days of Activism campaign to support us in purchasing signage as a visual reminder to our whole school community that Sacred Heart is a Respectful Relationships school and to make this outdoor learning area truly special.





## ***News from the Office***

### UNIFORM ORDERING

The Uniform Shop will be closed for face to face sales until restrictions are eased and parents are able to enter the school grounds. Uniform can be ordered via CDF Pay on the school website. Click on the following link below to access the online Uniform Shop:

<https://shdiamondcreek.cdfpay.org.au/MonitorOnline/app/#/login>

### CSEF

The Camps, Sports and Excursions fund application lodgment date has been extended until the end of November.

Families could receive up to **\$62.50 per child** if you hold a valid means tested concession card (such as a health care card). Please note, this does not apply for families who have already received a CSEF rebate earlier this year. CSEF usage is normally restricted to camps, sports and excursions activities. As there is limited opportunity to undertake these activities this year, it was announced earlier that CSEF could be used for technology devices and internet access. CSEF usage has now been expanded further to include voluntary school charges, books and stationery. It may not be used for school uniforms, before/after school care, music lessons, formals/graduations or compulsory fees.

If you have recently qualified for a healthcare card or think you may be eligible, please contact Allison at the office as soon as possible.



## ***News from the Parish***

### *SECOND SESSION OF THE WONDERS of ONGOING CREATION*

Dear Parishioners,

As there has been encouraging and constructive feedback following our first session with requests for continuation, we (Fr Steven, Jacinta, and John), would like to invite you to another ZOOM program on **Thurs. 19<sup>th</sup> of November**, 7.30-9pm, plus extra time for those wishing to stay on for further discussion.

Fr Steven will introduce the topic and then we will present the convergences between the Two Books...Scripture and Natural Sciences...based on quotes from famous scientists and Christian theologians, with your thoughts, including the role of the Creator, both In 'The Beginning', and in ongoing cosmic creation. This would be followed by a quite inspiring visual program (Brian Swimme's "Journey of the Universe"), of the interconnection, the entwinement, of all things cosmic, including the history and role of Christianity in developing our present understanding of our vast and ancient universe.

A suggested reference, for any of us wishing to do a bit of cosmic pre-reading or previewing, would be <http://sonicpathfinder.org/U3A/Cosmology>

If you are interested in participating in this session, please email Jacinta Bright at [jacintabright@cam.org.au](mailto:jacintabright@cam.org.au) by the 17<sup>th</sup> of November.

# Sacred Heart Christmas Candle Drive

## CLAIR SCENT DÉCOR

The Sacred Heart Parents' Association together with Clair Scent Décor will be running the annual Candle Drive with 20% of all sales donated to the school.

Clair has a wide range of candles and delicious scents - this year you can even design your own. These candles make the perfect teacher gift, Kris Kringle pressie and special something for family and friends.

All candles and gifts will be available to purchase via CDF Pay on the School Website - Look out for this symbol under the CURRENT PARENTS tab or click on this link:

<https://shdiamondcreek.cdfpay.org.au/MonitorOnline/app/#/login>

Click here for our preferred payment method:

**CDF**  
**pay**

Simply add the item to your cart and choose your favourite scent then checkout.

**The Pop Up Candle Shop will be open from today to 16<sup>th</sup> November**

Please note: DIY Candles - a template can be collected from the Office or emailed to you on request.





## Community News



It has been such a hard year on all who live in our community. We want to thank local residents for supporting us and local business during such hard and difficult times. If ever there was a time to show our Community Spirit -then this is the year.

The Community Christmas....."Light Walk" will be held on

**Friday 4<sup>th</sup> December starting at 8.00pm**

We are encouraging all who reside in Diamond Creek, to come out of their homes for one night only for a group community walk. (masks may be required)

We ask that you please help us to 'spread the word' about this free event via your newsletters and talk to students about how they can use light to make something to carry or hold or to dress up for the event. We encourage lanterns, solar lights, glow sticks.

We want everyone that join us, to feel that warm glowing feeling we get at Christmas and to know that we have all been in this together.

Along the way there will be lights in trees and shop windows, there will also be numerous lit up Christmas items to be found along the way - for one night only.

We are encouraging local businesses to be open at this time, so pop in and say Merry Christmas to your local traders on the night.

We thank you for all your support of local business during 2020 and look forward to the people of Diamond Creek helping us to 'light up' our town and feel the Community Spirit we are known for.

For more details see the Facebook event - <https://fb.me/e/fWAqv7268>



**GIRLS CRICKET**

**JOIN THE FUN**



**HURSTBRIDGE CRICKET CLUB**

Fun comp for girls aged 11-17

Wednesday nights from 4.30pm

**Come and try cricket!** Register online at [playcricket.com.au](http://playcricket.com.au) and search for Hurstbridge Cricket Club

CONTACT JULIE WARD PH 0431257 258 FOR MORE DETAILS