



Sacred Heart Catholic Primary School Diamond Creek

View the Newsletter online: <https://www.shdiamondcreek.catholic.edu.au/newsletters-forms/>

Sacred Heart Newsletter

Newsletter No 7 Term 4
19th November 2020

Dates for the Diary

Friday 20 Nov	Free Dress for all students (House Points over 2020)
Tuesday 24 Nov	Uniform Shop open for 2021 Preps 2.30-3.30 pm
Wednesday 25 Nov	16 Days of Activism starts
Thursday 26 Nov	2021 Prep Orientation Uniform Shop open for 2021 Preps 1.20-2.00 pm
Friday 27 Nov	Year 5 Leadership Speeches 2021 Orientation Session Year Prep – 5 students
Tuesday 1 Dec	2021 Prep Orientation Uniform Shop open for 2021 preps 1.20-2.00pm
Thursday 3 Dec	Prep Celebration (format to be confirmed)
Friday 4 Dec	Reports go home 2021 Orientation Session Year Prep – 5 students
Monday 7 Dec	Student Support Group Meetings this week Final assembly and presentations
Wednesday 9 Dec	Year 6 Graduation (format to be confirmed)
Monday 14 Dec	End of Year celebrations
Tuesday 15 Dec	End of Term 4 – students dismissed at 1.30pm

Full School Calendar available at <http://www.shdiamondcreek.catholic.edu.au>

Fr. Steve's Mass and Homily:

The link to last weekend's Mass can be found here:

<https://www.youtube.com/watch?v=OZ3WAHsVLv8>

Dear Sacred Heart families and friends,

LATEST CHANGES TO RESTRICTIONS

We received an updated Schools Operation Guide and most of the restrictions for schools remain in place at this stage. The main changes are that schools are now permitted to participate in excursions, camps and interschool sport activities, with some specific restrictions related to those activities. This means that we can now plan for a day out for our Year 5/6 students towards the end of the year and incursions for the remainder of the school. We are permitted to have our 2021 Preps onsite in groups no bigger than 10, which will start happening next week.

There has been no change to restrictions related to Graduation Ceremonies or singing in groups so we are unable to make any progress with standard plans for our Year 6 Graduation and our end of Year Mass.

And whilst we have experienced no new cases in Victoria for an extended period and are probably all feeling safer, there remains a very clear directive that *"The most important action school communities can take to reduce the risk of transmission of coronavirus (COVID-19), is to ensure that any unwell staff and students remain at home, even with the mildest of symptoms"*. So, even though it has caused inconvenience for some families, we are compelled to contact parents if any child displays any symptoms at school.

FREE DRESS DAY TOMORROW

Reminder to all families that tomorrow is a free dress day for all students. This is to acknowledge each of the houses and their efforts this year.

KEY ENROLMENT DATES

Key enrolment dates for Year 5 students in 2021 starting Year 7 in 2023. Main Points:

- applications for Year 5 students starting Year 7 in 2023 will open on 27 January 2021
- applications will close on 20 August 2021
- offers will be posted to prospective Year 7 applicants on 22 October 2021
- parents/carers will be required to accept offers made by school by 12 November 2021.

CHANGES TO BYOD PROGRAM - Nov. 2020

Due to upgrades of our server and Wi-Fi systems at the school, we are making changes in regards to which devices will be able to connect to the schools network, should families wish to provide for their students, as long as they have the following specifications:

Chromebook

Able to connect wirelessly.

Use of School provided account for login .e.g. studentname@shdiamondcreek.catholic.edu.au

Unfortunately, from the end of the 2020 school year, Windows Devices, MacBook's are no longer accepted and no new devices will be connected. iPads, tablet devices, mobile phones are not accepted and will not be connected to our system.

The school will provide the following through the initial setup and connection to the school network on chrome books only:

- Zscaler certificate
- Wireless connection to the network and the internet
- Limited Printers

Students who have previously had PC's and MacBook's connected will continue to be able to use these at school.

These devices remain the property of the families providing them and beyond the initial setup, the school will be unable to provide technical assistance for computer issues caused by students, other than

suggesting a factory reset. It is the family's responsibility if any damage occurs to the device and these will need to be followed up through the manufacturer or point of sale by each individual family. Families are responsible for their own backup as Schools are not responsible for missing data. The School will take all due care to ensure that the device/s is look after properly while it is on the school site.

It is recommended that when purchasing a device families consider purchasing an extended warranty, insurance and a sturdy carry bag.

If you have any further queries please contact Pat Ashworth:
pashworth@shdiamondcreek.catholic.edu.au

SUMMER GROUNDS MAINTENANCE/MAINTENANCE LEVY REBATE

As you would all be aware we have substantially increased the gardens around the school and hope to continue to improve the remaining garden areas throughout 2021. At the beginning of 2020 it was our intention to have the maintenance of the new gardens (along the driveway and around the Log Fort) and the redevelopment of existing beds as the focus of Working Bees. Due to COVID_19 and the consequent lockdowns and differing levels of restrictions in the Roadmap to Re-opening, Working Bees were not able to happen.

However, we do need to ensure that these gardens and the general school grounds are maintained over the summer holiday period. Therefore we would like to offer you the opportunity to book into a mini-working bee time slot over the summer holidays to maintain our grounds and especially our gardens (weeding, watering, pruning, mulching, etc.) and generally looking after our school property. Attendance at one of these sessions would merit a rebate of the 2020 Maintenance Levy.

The idea is that we will set up a Google Form with 2 time slots each week (Saturday/Sunday, Tuesday/Wednesday) over January 2021 and weekends in December 2020 and February 2021. Families will book in for one of these time slots (only one family per time slot) with the flexibility of either Saturday or Sunday, Tuesday or Wednesday. The main focus for these slots will be the watering of the two main gardens (Driveway and Log Fort) throughout the summer holidays but also the ongoing maintenance of other garden beds around the school and keeping the site clear of accumulated rubbish. If all time slots are taken up and any family still wants to participate in these activities then they can contact the school office to arrange an alternative day.

We will make available hoses and a wheelbarrow; we will also have a pile of mulch deposited near the Log Fort. We also need a **volunteer to coordinate** the provision of a key for the padlocks and the rubbish skip and to monitor the status of the work tasks so that we can change our focus if needed. If you are available over January to either come to the school to open up/close for the rostered families or are willing for these people to collect the keys from your home, please contact Jim or Gina by next Tuesday so that we can work out the finer details, induct you into the school's security system and communicate all of this to our community. The link to the Google Form will be shared via Operoo next week.

Jim & Gina

INSIGHTS

Modelling self-kindness



This has been a tough parenting year. On a personal level it's been challenging, but when you add the extra difficulty of helping children and young people navigate this year, you'd be forgiven for feeling like you've had enough.

It's timely to look at US-based academic Dr. Brene' Brown's research that informed her book *The Gift of Imperfect Parenting*. Brown's core finding was that the best parenting strategies rely on modelling for them to be adopted by children. That's a little scary as it means we need to be the adults that we want to our kids to become.

There is great power in kids watching us practise how we manage hardships, frustrations and difficulties. Whether we use self-kindness or self-put downs, either will leave an impression on our kids. Not only do they see how we react when we stumble or make mistakes, but we give them permission to act in the same ways.

It's hard to be self-kind

If you're a goal-oriented type of person, highly-judgemental or someone who likes to get things done, then self-kindness can be difficult to befriend. It goes against the grain to laugh at your mistakes or miss a deadline, even though it won't be the end of the world as you know it. If you recognise this type of rigid approach then it may be time let go of some old ways. Inflexibility is the enemy of healthy wellbeing, which thrives on adaptability and self-forgiveness.

Let them hear the process

Giving a child or young person insight into your thinking is a powerful parenting strategy. Sharing your struggles and mess ups with kids in age-appropriate ways takes vulnerability and promotes empathy. It takes courage to share a comment such as, "I keep putting myself down, which is not helpful. I've got to talk to myself as if I'm talking to someone I love." Disclosing this type of self-talk is only useful if it's done in a safe, matter of fact way and a child is comfortable with the message.

Self-kindness means acting compassionately toward yourself when you are struggling to meet your own expectations, meeting with unexpected difficulties and/or met with failure. It's time to drop the stiff upper lip, put aside the strict schedule and stop berating yourself. Instead say to yourself, "This is really tough right now. How can I take some comfort and look after myself?" This is a message worth modelling particularly, if you are living with a perfectionist or a child with tendencies toward anxiety.

Value = Determination



Student of the Week

Prep NG
1/2 CN
1/2 PA
3/4 JD
3/4 NJ
5/6 CM
5/6 RM
Visual Arts
PE
STEM
Performing Arts
LOTE

Shaye Pearce
Nihal Mohamed
Nala Santostefano
Alfie Rowley
Lola Nugent
Hector Santostefano
Xavier Rowley
Ella Audley
Miles Valentine
Emily Lamb
Maia Hankinson
Ella Burton



Week 6 Students of the Week



News from the Office

CSEF

The Camps, Sports and Excursions fund application lodgment date has been extended until the end of November.

Families could receive up to **\$62.50 per child** if you hold a valid means tested concession card (such as a health care card). Please note, this does not apply for families who have already received a CSEF rebate earlier this year. CSEF usage is normally restricted to camps, sports and excursions activities. As there is limited opportunity to undertake these activities this year, it was announced earlier that CSEF could be used for technology devices and internet access. CSEF usage has now been expanded further to include voluntary school charges, books and stationery. It may not be used for school uniforms, before/after school care, music lessons, formals/graduations or compulsory fees.

If you have recently qualified for a healthcare card or think you may be eligible, please contact Allison at the office as soon as possible.



Building self-esteem & confidence through Music Performance!

We offer music lessons for:

Guitar | Keyboard | Drums | Singing and dance

Teaching all styles of music and music theory, including pop, funk & jazz!

Bruno Mars | AC DC | Ed Sheeran | Katy Perry | Drake

All lessons are timetabled during school hours

**Enrol online at jamhotmusic.com.au or
return your form to the office!**

For enquiries, please contact:

Jason Stonehouse
0419 872 875

visit our website
jamhotmusic.com.au

email
jamhotmusic@hotmail.com

This week @ Sacred Heart



Netball is back! Go girls!

PREP SUPERHEROES

Over the past few weeks, prep students have designed their own superheroes. Last Friday, they transformed themselves into those superheroes!



If I Were In Charge Of The World

If I were in charge of the world
I'd give everyone a home
I'd make sure that there's no animal cruelty
I'd make sure that no one would be left alone

If I were in charge of the world
There'd be happiness in the air
There'd be more kind hearts everywhere
There'd be more love to share

If I were in charge of the world
You wouldn't care what others thought
You wouldn't have heard of racism and bullying
You wouldn't have heard of consumerism and not as many things would be bought
Or you wouldn't learn to waste

If I were in charge of the world
A child would be adopted each day
All of May would be equal day
And a person's mood would lift in a happy way

If I were in charge of the world.....

Krystal Burns
Year 5



Al Fresco instrument lessons today
- Ollie, Roy & Levi



NEW ADDITION TO ISSUE 8

Code Name Bananas
David Walliams
RRP: \$22.99

CLUB PRICE
\$18

**ORDER ON LOOP
ITEM #084**



**BROWSE
ISSUE 8 NOW!** ►

Book Club continues to partner with your school by giving back
20%* of your order value in **Scholastic Rewards**



**SCHOLASTIC
REWARDS**

These can be used to purchase resources and get books into the hands of the children in your school!

**10% on orders delivered to home*

Orders for Issue 8 are due by Friday 27th November 2020

To place your order online, please go to [scholastic.com.au/LOOP](https://www.scholastic.com.au/LOOP) and login or set up your LOOP account. Cash payments can still be made by returning your completed order form and correct money in a sealed envelope to the office.

Thanks,

Sasha Topolcsanyi

For Sale - Shelving Units - Perfect for the shed/garage!



Kingfisher shelving: 3 bay double-sided units 1500mm high, 2700mm long.

2 Units available - \$100.00 each



Raeco shelving:
4 bay units - single-sided, 1200mm high x 3600 mm long.

4 Units available - \$100.00 each



Kingfisher shelving: 1 unit, 1800mm high x 1200mm wide, double-sided with display shelves and castors.

\$70.00

Shelving will be available soon - Please call the office if interested.

Community News



It has been such a hard year on all who live in our community. We want to thank local residents for supporting us and local business during such hard and difficult times. If ever there was a time to show our Community Spirit -then this is the year.

The Community Christmas....."Light Walk" will be held on

Friday 4th December starting at 8.00pm

We are encouraging all who reside in Diamond Creek, to come out of their homes for one night only for a group community walk. (masks may be required)

We ask that you please help us to 'spread the word' about this free event via your newsletters and talk to students about how they can use light to make something to carry or hold or to dress up for the event. We encourage lanterns, solar lights, glow sticks.

We want everyone that join us, to feel that warm glowing feeling we get at Christmas and to know that we have all been in this together.

Along the way there will be lights in trees and shop windows, there will also be numerous lit up Christmas items to be found along the way - for one night only.

We are encouraging local businesses to be open at this time, so pop in and say Merry Christmas to your local traders on the night.

We thank you for all your support of local business during 2020 and look forward to the people of Diamond Creek helping us to 'light up' our town and feel the Community Spirit we are known for.

For more details see the Facebook event - <https://fb.me/e/fWAqv7268>




**OUTDOORS
NON-CONTACT**

HAVE A BLAST!

GET INTO WOOLWORTHS CRICKET BLAST. IT'S A FUN AND ALL-INCLUSIVE PROGRAM FOR KIDS WITH A DISABILITY – WHETHER IT'S YOUR FIRST TIME WITH A BAT OR YOU'RE A BACKYARD CRICKET STAR!

Diamond Creek Cricket Club
Saturday Jan 30 - Saturday Mar 27
Maria Jory - 0409564256
maria.jory6@gmail.com
Coventry Oval 10-11am



GIRLS CRICKET JOIN THE FUN




HURSTBRIDGE CRICKET CLUB

Fun comp for girls aged 11-17

Wednesday nights from 4.30pm

Come and try cricket! Register online at playcricket.com.au and search for Hurstbridge Cricket Club

CONTACT JULIE WARD PH 0431257 258 FOR MORE DETAILS



JOIN A CREW NEAR YOU TODAY






TSMASH T-Ball

**FOR GIRLS AND BOYS AGED 5-8
NORTH EAST MELBOURNE SUBURBS**

**LEARN MORE AT juniorbaseball.com.au
Starting Friday, November 27**

What's On

Parent Support Webinars



Due to COVID-19, we are providing parents access to parenting seminars via live webinar. Each webinar's details will be emailed directly to your inbox once you register via TryBooking.

Details

Hosted: Family Support Worker Joan Lauricella

Suitable for: Parents/carers of pre or primary school aged children

Time: 1 pm – 3pm

Cost: \$25 per adult, \$40 per couple

Wednesday 18 November

Practical tips on getting your child to listen:

- How to give great instructions
- Ways to encourage cooperation
- Common mistakes to avoid

<https://www.trybooking.com/BMGTY>

Wednesday 25 November

How to confidently help your child's behaviour:

- How to encourage desirable behaviour
- How to help your child co-operate
- Use parenting tips for challenging behaviour

<https://www.trybooking.com/BMJFY>

Wednesday 2 December

How to build a close relationship with your child

- Tips for listening to children well
- How to have conversations with kids
- Improving the relationship with your child through improved communication

<https://www.trybooking.com/BMQCH>

Wednesday 9 December

How to build your child's emotional intelligence

- What emotional intelligence is
- How to help your child identify and manage their emotions
- Understand why feelings matter

<https://www.trybooking.com/BMTQO>

For more information

Please contact Joan Lauricella, Family Support Worker at Joan.Lauricella@healthability.org.au or Phone 9430 9100.