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Sacred Heart Newsletter

Newsletter No 6 Term 1 11th March 2021

Dates for the Diary

Mon 15th Mar

Tues 16th Mar

Year 5/6 Camp

Wed 17th Mar

Year 5/6 Camp

Year 5/6 Camp

St Patricks Day

Fri 19th Mar Ride 2 School Day

Dear Sacred Heart families and friends,

Fr. Steve's Mass and Homily:

https://www.youtube.com/watch?v=sn5wA2gg-Xw

International Women's Day 2021:

Monday 8 March was International Women's Day, which this year has the theme 'Women in leadership: Achieving an equal future in a COVID-19 world'. The theme asks us to consider how COVID-19 has impacted women and girls, and amplified the inequalities they continue to face. It reminds us that a more equal world post-COVID-19 requires removing the cultural, socioeconomic and political barriers that women face to accessing leadership roles. We encourage you to use this International Women's Day to reflect on how we can promote access to leadership opportunities for women and girls of all ages to ensure our schools are places in which everyone feels welcomed, valued and supported.

Parenting Seminar - Kids and Anxiety:

Anxiety can be a pain. It can stop us from doing things that we want to do, and when it takes control of a child's life, it can take control of whole families as well. It is very common for people to struggle with anxiety, but it's become even more common recently. Over the last 12 months, our world has been turned upside down and become predictably unpredictable. It's been hard to navigate for adults, but for many kids it's been confusing and overwhelming. Unsurprisingly, we're noticing more kids (and adults) struggling with anxiety, some who were pretty familiar with it before COVID-19, and some who are new to the frustrations that anxiety can cause when it takes control of us. Anxiety can be scary, and can make us feel stuck and powerless.

We will be running a 1-hour seminar on understanding anxiety for parents. We will explore questions such as:

What is anxiety?
Why do we experience it?
What can we do about it?
How can we help our kids?

The seminar will include some tips on how you and your family can experiment with reclaiming authority over anxiety.

Anna Johnson is a Registered Psychologist working in Private Practice in Diamond Creek, and has over 14 years' experience in the field. She works with many children, teenagers and their families to reduce the power of anxiety in their lives. Anna will be presenting this seminar at Sacred Heart on Wednesday March 24th at 7 pm.

Running Club:

Remember that the Running Club organised by Dale Nardella (Sienna & Jack's Dad) runs each Friday for the remainder of Term 1. This takes place on the oval starting at 8 am each week. This is a great opportunity for students to increase their fitness but also for our Year 3-6 students to obtain some support with running leading up to the District Cross Country trials early in Term 2.

Camp:

Next week our Year 5 and 6 students along with Jim O'Sullivan, Gina Murphy, Helen Maxey, Jacinta Dalton and Rachel Murphy will be attending camp at The Briars in Mount Martha. We wish them a great time after a year of so many cancellations.

Interschool Sport:

Two weeks ago, we played Laurimar Primary School and the results were:

SPORT	RESULT		
Boys Volleyball	Won		
Girls Volleyball	Won		
Boys Basketball	Won		
Girls Basketball	Won		
Cricket	Won		
Rounders	Lost		

This week we will play Apollo Parkways Primary School at our home grounds.

Clean Up Australia Day:

As part of Clean Up Australia Day, our students were involved in the clean-up of the school grounds and our Sustainability Group worked together to clean up along the creek near the school. Well done all students and Mrs Jacombs for coordinating this event.

Ride2School Day:

We will again be participating in the Ride2School Day on Friday 19th March. We encourage children to use active transport to get to school on this day. This may be riding a bike, a scooter or a skateboard, or even walking some of the way to school if riding skills are not developed enough yet.

We encourage all parents to have a focussed discussion with their children about being safe when they ride to school, both on Ride2School Day and at any other time. It is also very important that students who ride to school are aware of the need to respect the safety of pedestrians when they are riding on the footpath.

National Day of Anti Bullying:

Friday, 19th March is National Day of Action Against Bullying and Violence. There are many great websites that have lots of information and activities relating to bullying – how to recognise bullying and what to do if you are being bullied. The National Day of Action against Bullying and Violence (NDA) is an important day to mark Australian school communities standing together against bullying and violence.

Approximately one in four Year 4 to Year 9 Australian students (27%) reported being bullied every few weeks or more often.



Approximately one in five young school students reported experiencing online bullying in any one year.



Prevalence varies across student ages, with bullying reported most frequently among Year 5 (32%) and Year 8 (29%) students.

83% of students who bully others online also bully others in person.



84% of students who were bullied online were also bullied in person.

Peers are present as onlookers, and play a central role in the bullying process in 85% of bullying interactions.



What we can do

Student tips

If it happens in person, try these:

- Ignore them. Try not to show any reaction.
- Tell them to stop and walk away.
- Pretend you don't care.
- Go somewhere safe.
- Get support from your friends.

If it happens online, try these:

- Avoid responding to the bullying.
- Report and block anyone who is bullying online.
- Protect yourself online using privacy settings and keep records.

If you see someone being bullied:

- Leave negative conversations. Don't join in.
- Support others being bullied.

If it doesn't stop:

- Talk to an adult (parent/carer/teacher) who can help stop the bullying.
- Keep asking for support until the bullying stops.

Parent tips

If your child talks to you about bullying:

- 1. Listen calmly and get the whole story.
- 2. Reassure your child that they are not to blame.
- Ask your child what they want you to do about it and how you can help.
- Visit www.bullyingnoway.gov.au to find strategies.
- 5. Check in regularly with your child.

Need help now?

Kids Helpline www.kidshelpline.com.au

1800 551 800

headspace www.headspace.org.au

1800 650 890

Online bullying www.esafety.gov.au

BULLTING NO WAY!

Harmony Week - 15th - 21st March:



What is Harmony Week?

Harmony Week is a time to celebrate Australian multiculturalism, and the successful integration of migrants into our community. Australia is one of the most successful multicultural countries in the world and we should celebrate this and work to maintain it. The message of Harmony Week is everyone belongs. It is about inclusiveness, respect and belonging for all Australians, regardless of cultural or linguistic background, united by a set of core Australian values.

Easter Raffle:

We are requesting donations of Easter Eggs! They can be big or small. Please bring your donations to the office by Friday 26th March.

Easter Raffle tickets have been sent home. Tickets are \$1 each and there are 20 tickets. The Raffle will be drawn on Thursday 1st April.

- 1st Prize Easter Hamper
- 2nd Prize Easter Hamper

• 3rd Prize - Easter Hamper

Please return your money and tickets to the office no later than Monday 29th March. Direct deposit payments to:

BSB: 633000 A/C Name: Sacred Heart Parents Association A/C No: 136609054 Reference: Your SURNAME and EASTER

Hot Cross Bun Fundraiser:

We are running a Ferguson Plarre Bakehouses Hot Cross Bun fundraising drive to raise money for Sacred Heart Primary School. Ferguson Plarre Bakehouses is a proud, 4th generation family business that has been baking for over 115 years. Like all of their products, their Hot Cross Buns are time tested and made with the very best ingredients and always Australian sourced when possible. We encourage you to hand your order form around to friends, family and work colleagues. You will probably find that they are enthusiastic to purchase from you, so they can also enjoy the famous Ferguson Plarre products and help out Sacred Heart Primary School. Remember, for each bag of Hot cross buns sold, \$5 goes to school. Obviously, the more products we sell, the more funds we will have to spend on School. The cost per dozen hot cross buns is \$16. Forms have been sent home or you can go onto CDF pay and order online. Thank you in anticipation of your support for our Ferguson Plarre Hot Cross Bun Drive. Please see the flyer below for further details.

House Points:

At the conclusion of week 7 the results were as follows:

MACKILLOP (RED)	BUNJIL (BLUE)	CORDNER (GREEN)
3744	2766	2301

School Photos:

We have school photos taking place on Friday 26th March. Envelopes have been sent home today. More information in regards to uniforms will be sent home closer to the date.

Easter Bonnet Parade:

We will be having an Easter Bonnet Parade on Thursday 1 April. See flyer below.

Student Leaders:

This year we will showcase our students that hold leadership roles in the school to not only share with you these impressive young people but to inspire our younger students to take on these roles as they become senior students within our community.

Krystal Burns - School Leader

Favourite subject/s: My favourite subjects would be Reading and Writing because I love taking notes, doing recall of information, and writing. I also love Performing Arts and Sport, I love to sing and dance and do the production, and for sport because I love playing sport and being active.

Interests: Interests would be Sport, especially basketball because I love the sport and my team, and FRIENDS the TV show which I love.

What you would like to do in the future?

I would like to be an actress when I'm older or work with animals.

Vision for the role

I think school leaders are about being role models to the younger ones also helping with jobs like assembly.

Why is Sacred Heart Primary School important to me?

Because I get to have a great education and see my friends and teachers everyday.

Izzy Jones - School Leader

Favourite subject/s: Maths because it is challenging, Sport because there is always something to get better at and Art because there are so many different types of things you can do.

Interests: Tennis and Basketball because they are my favourite sports.

What you would like to do in the future? I would like to be a vet that helps baby wildlife when they are hurt.

Vision for the role My vision for the school leader role is that I have to be as responsible as I can and be a good role model to younger students.

Why is Sacred Heart Primary School important to me?

Sacred Heart is important to me because I have been here for so long and because we have so many opportunities.

Staff Bios:

Gina Murphy

Great teachers empathise with kids, respect them, and believe that each one has something special that can be built upon. - Ann Lieberman. This, to me, is why the Sacred Heart community is a special place to teach. Our staff teach with this in mind and our community work together to better each other but most importantly the children we work with. I am Gina Murphy, my role in 2021 is Deputy Principal, Student Wellbeing Leader and Sport Coordinator. I love my job and my passion is to ensure every child gets a chance to succeed while learning to be independent and along the way to manage obstacles. My teaching background includes various roles in various settings. I have taught Indigenous students in Darwin where I was a sub school coordinator in my second year of teaching. I have also taught at Mater Christi College and Our Lady of Mercy College, both secondary girls' schools. I had various roles in these schools including VCE coordinator, Peer Support Leader, Student Leaders coordinator and Sport Coordinator. Then after teaching in Secondary Education I moved to Sacred Heart Primary in 2009 where I have grown an enormous amount professionally and personally thanks to the staff and the families that have supported me throughout this time. During my time at Sacred Heart, I have developed a real passion for the Wellbeing of children and completed my Masters in Wellbeing through ACU in 2016. I love to continue learning and growing professionally and personally each year as I ensure I continuously reach out for further, up to date information and ideas.

I am one of seven children, with six brothers. My husband, Andrew, is also one of seven with six boys and one girl also, there are lots of cousins around. So, as you can imagine I was brought up reasonably tough with all those brothers and no time to complain but rather to get on with life and enjoy every moment and this is what I try to do. My husband and I have three amazing children, Jorja (17), Harry (14) and Jack (13). A lot of my time is also spent supporting my children with their sports; basketball, football, karate and dancing. In my spare time (not much of that) I play netball, enjoy going walking and to the gym and on holidays I even get time to quilt and read books.

I feel extremely lucky to be part of such an amazing community, and I feel the future has so much to offer me but also our children. I look forward to working with you throughout the year and in the future.

Helen Pendry

Hi, my name is Helen Pendry and I am a Learning Support Officer (LSO) and a member of the Sacramental Team.

I grew up in Greensborough before moving to Diamond Creek when I married Martin in 1986. We have 3 adult children, Adam, Jacinta and Lauren, all who attended Sacred Heart. I am the Secretary of St. Mary's Tennis Club, Greensborough where I have been a member since 1973 and currently play twice a week. I am also a member of the Greensborough Football Club (since the day I was born) and you will always find me on the boundary cheering the 'Boro Boys' on. My association with Sacred Heart School commenced in 1994 when Adam started school. I was an active parent helper in the classroom, canteen, sport, library, wherever they needed help, before the then Principal



(Ann Shepherdson) offered me a position as a Teacher's Aide in 2002. It was around the same time that I was approached by the Parish to join the Sacramental Team as the Parish Rep.

Working at Sacred Heart is a joy and feels more like working in the family business than a place of employment. It is so rewarding being a part of such a dedicated and enthusiastic group of people who are all striving towards the same goal in educating our students in their academic, social and faith life so that they can reach their full potential. Even though my role is to assist children with their educational and faith learning, I am constantly surprised by how much I actually learn from them. Over the years I have been challenged in having to understand the different ways students learn. Every new experience has helped me expand my knowledge of what method of learning best suits each of today's students. I look forward to another year of supporting and learning from each other.

CALENDAR

Assembly

March

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
15 WEEK 8 B	16	17	18	19	20	21
Assembly	5/6 Camp – The	5/6 Camp – The Briars		ISS v GKB	Commitment Mass for	Commitment Mass for
5/6 Camp – The Briars	Briars	St Patrick's Day		Running Club 8am	Eucharist	Eucharist
Harmony Week		Hot Cross Bun Orders Due		Mrs Ticklebottom and the plastic problem show (Year F-3)		
				Ride2School Day		
				National Day of Action against Bullying & Violence		
22 WEEK 9 A	23	24	25	26	27	28
Assembly		Parent Seminar		ISS v Hurstbridge		
		The Annunciation		School Photos		
		Team Vic Division Tryouts - Netball,				
		Basketball, Soccer,				
29 WEEK 10 B	30	31		1	1	1

<u>April</u>

Mo	onday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3	4
				END OF TERM 1 2.30PM	GOOD FRIDAY		EASTER SUNDAY

Other Dates:

Tuesday 27 April – Interrelate Family Night
Friday 7 May – Colour Fun Run
Thursday 13 – Friday 14 May – Year 3/4 Camp
Wednesday 9 June – Sacred Heart Day
Thursday 10 and Friday 11 June – School Closure
Wednesday 4 August – Sacred Heart Athletics Carnival
Thursday 21 October – School Production



parenting *ideas

INSIGHTS

That's leadership thinking!



My father used to tell me that to be a good footballer I needed to look like a footballer. He always made sure I played with my socks pulled up, boots clean and football jumper tucked in. His attitude was I should at least look the part.

Fast forward a few generations and Dad would probably tell me today that if I wanted to be a footballer I should think like a footballer. His thinking would be right because any significant skill development usually comes before a positive mindset, or at least, a mindset that captures the essence of what's required.

This mindset concept is easily applied to many areas of parenting and family life, including leadership, which is required in school, at work, in the community and in family life. Thinking like a leader comes before leadership action so attending to a child or young person's mindset lays the foundation to real leadership.

The following mindsets are good starting points for developing leadership mindsets in the next generation.

Be accountable

The mark of true leadership whether for adults or young people is the willingness to take responsibility and be accountable for your actions. Responsibility and accountability are features that great leaders share, so encourage children and young people to accept personal responsibility for their actions, learn from their mistakes and avoid making excuses when things go wrong. For this to happen parents and teachers need to forgive their mistakes and poor decisions so that they feel they can take responsibility without fear of harsh retribution.

Plan ahead

Thinking about what needs to be done, planning ahead and managing time are skills that enable many young people to become effective leaders. The ability to think ahead, strategise and figure out a plan may sound like corporate-speak but it's something that kids of all ages can accomplish. We can plant the planning seed by encouraging them to think ahead and set aside some time to plan before tackling any activity – whether it's a homework project, resolving conflict with a sibling or asking for an increase on their allowance.

Work together

The ability to form, maintain and work in teams is a central leadership capacity. Teamwork refers to a range of skills, including problem solving, working with others, listening and following that enable a team to work towards one purpose. All children are capable of working together, although introverts and pubescent teens can struggle to work collaboratively. Sow the seeds of teamwork by encouraging kids to support their siblings and friends when they struggle and to accept everyone in games and activities.

parenting *ideas

Tune in

Emotional intelligence is an essential set of skills that unfortunately many leaders lack. Emotional smarts allows leaders to communicate effectively, relate well and resolve problems when they arise. Develop your child's emotional intelligence by encouraging them to tune in to and regulate their own emotions, and tune into the emotions of others. Help them see behind the behaviour of others and discover the emotions that may be driving behaviour. For instance, a sibling's aggressive behaviour may be driven by anger, annoyance or even sadness.

In closing

Leadership thinking requires kids to be accountable for their actions, plan ahead rather than act rashly, be open to working with others, and to tune into their own emotions and the emotions of those around them. These are mindsets worth nurturing using the tools of modelling, overt teaching (particularly with secondary school students) and providing plenty of descriptive, encouraging feedback.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including Spoonfed Generation, and the bestselling Why First Borns Rule the World and Last Borns Want to Change It. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

Value = Mindfulness



Student of the Week

Prep NC	George Topolcsanyi
1/2 CN	Olie Parker
1/2 PA	Jake Sinclair
3/4 NJ	Harper Bishop
3/4 RM	Lachie Audley
5/6 JD	Bella-Rose Sparks
5/6 MM	Krystal Burns
PE	Ella Audley
LOTE	Erica Motschall
STEM	Rory Audley
Performing Arts	Madeline Arvaji
Visual Arts	Alfie Harte

General Faith Nights

Thank you to all of our families of our 2021 students who will be making a Sacrament this year and were able to attend one of our two General Faith Nights last week.

We appreciate taking the time out of your busy family lives to participate in these sessions and hope that they gave you an opportunity to deepen your understanding of the Sacraments celebrated in the Catholic Faith and an opportunity for you to reflect on your own faith and beliefs.

Included in this week's newsletter are some further resources that are recommended for families who wish to learn more about the Sacraments, and some quotes for you to reflect on.

If you were unable to attend the evening and require a recording of the session, please email Norah Jacombs (<u>njacombs@shdiamondcreek.catholic.edu.au</u>) who can send you a link and password to access the session.

We would love to have your feedback regarding the General Faith night – please click on the link below to complete a very short survey regarding the Evening:

https://www.surveymonkey.com/r/Generalfaithnight2021

Quotes for Living a Sacramental Life

Let us keep the flame of faith alive through prayer and the sacraments: let us make sure we do not forget God. Pope Francis

Baptism is the door of the spiritual life and the gateway to the sacraments. St Thomas Aquinas

Don't be afraid to go to the Sacrament of Confession, where you will meet Jesus who forgives you. Pope Francis

When we work hard, we must eat well. What a joy, that you can receive Holy Communion often! It's our life and support in this life - Receive Communion often, and Jesus will change you into himself.

St Peter Julian Eymard

The spiritual virtue of a sacrament is like light; although it passes among the impure, it is not polluted. St Augustine

The Eucharist is the heart of the Church. Where Eucharistic life flourishes, there the life of the church will blossom. Pope John Paul II

The Sacraments are the manifestation of the Father's tenderness and love towards each of us. Pope Francis

I want to shine like a little candle before His altar. St Therese of Lisieux

Sacraments are like hoses. They are the channels of the living water of God's grace. Our faith is like opening the faucet. We can open it a lot, a little, or not at all. Peter Kreeft

Advertising treats all products with the reverence and the seriousness due to sacraments. Thomas Merton

When you look at a crucifix you understand how much Jesus loved you then. When you look at the Eucharist you understand how much Jesus loves you now. Mother Teresa

In a false person, sacraments do not produce any effect. St Thomas Aquinas

The Eucharist is the bread that gives strength... It is at once the most eloquent proof of His love and the most powerful means of fostering His love in us. He gives Himself every day so that our hearts as burning coals may set afire the hearts of the faithful. St Damien of Molokai

The Eucharist is not a prize for the perfect, but medicine for sinners. Pope Francis

If Jesus isn't the centre of your life, postpone ordination. Pope Francis

The Church is not self-made, it was created by God and is continuously formed by Him. This finds expression

in the Sacraments, above all in that of Baptism: I enter into the Church not by a bureaucratic act, but with

the help of this Sacrament. Pope Benedict XVI

The incarnation began with Jesus and it has never stopped . . . God takes on flesh so that every home becomes a church, every child becomes the Christ-child, and all food and drink become a sacrament. God's many faces are now everywhere, in flesh, tempered and turned down, so that our human eyes can see him. Ronald Rolheiser

It was love that motivated His self-emptying, that led Him to become a little lower than angels, to be subject to parents, to bow His head beneath the Baptist's hands, to endure the weakness of the flesh, and to submit to death even upon the cross. Bernard of Clairvaux

I am quite sure that if we could but once approach the Most Holy Sacrament with great faith and love, it would suffice to make us rich. How much more so if we approach it often! St Teresa of Avila

My Jesus! What a lovable contrivance this holy Sacrament was - that You would hide under the appearance of bread to make Yourself loved and to be available for a visit by anyone who desires You! St Alphonsus Liquori

These three things God requires of all the Baptized: right faith in the heart, truth on the tongue, temperance in the body. St Gregory of Nazianzus

Want to find out more about the Sacraments? – click on the links;

'The grace of the Sacraments nourishes in us a strong and joyful faith, a faith that knows how to stand in wonder before the "marvels" of God ...'

Pope Francis, General Audience, 6 November 2013

Sacraments of Initiation

Baptism

http://flameoffaith.org.au/baptism/

https://www.vatican.va/archive/ccc css/archive/catechism/p2s2c1a1.htm

https://htlenexa.org/signs-symbols-of-baptism

https://ltp.org/products/details/EBD/baptized-for-discipleship

https://www.paulinebooks.com.au/product/subcategory.cgi?id=BAPTIS

Confirmation

https://ltp.org/products/details/EGCC/guide-for-celebrating-confirmation

https://ltp.org/products/details/PCONF/come-holy-spirit

https://www.paulinebooks.com.au/product/subcategory.cgi?id=CONFIR

Eucharist

https://www.togetheratonealtar.catholic.edu.au/explore/sacraments-of-initiation/

https://ltp.org/products/details/USI/understanding-the-sacraments-of-initiation

https://ltp.org/products/details/MSY/my-sacrifice-and-yours

https://ltp.org/products/details/BOL/bread-of-life

https://ltp.org/products/details/RLPR/real-presence

https://www.paulinebooks.com.au/product/subcategory.cgi?id=COMMUN

Sacraments of Healing

https://ltp.org/products/details/USH/understanding-the-sacraments-of-healing

Reconciliation

https://ltp.org/products/details/HSR/sacrament-of-reconciliation

https://ltp.org/products/details/PRECON/preparing-for-confession

https://ltp.org/products/details/EGCR/guide-for-celebrating-reconciliation

https://www.paulinebooks.com.au/product/subcategory.cgi?id=RECONC

Anointing of the Sick

https://ltp.org/products/details/HUSH/understanding-sacramental-healing

Sacraments of Service

Marriage

https://ltp.org/products/details/HLMM/living-the-mystery-of-marriage

https://ltp.org/products/details/USV/understanding-the-sacraments-of-vocation

Holy Orders

https://www.loyolapress.com/catholic-resources/sacraments/holy-orders/sacrament-of-holy-orders/

https://www.catholicfreeshipping.com/Priests-for-the-Third-Millennium-by-Archbishop-Tim-p/9780879733193.htm

 $\underline{https://www.catholic freeshipping.com/Many-Are-Called-Rediscovering-the-Glory-of-the-Pr-p/9780307590770.htm}$

Sacraments

https://ltp.org/products/details/LCC/liturgical-catechesis-in-the-21st-century

https://ltp.org/products/details/HPSL/principles-of-sacred-liturgy

https://ltp.org/products/details/FASAC/forming-the-assembly-to-celebrate-sacraments

https://ltp.org/products/details/SACBK/saying-amen

https://ltp.org/products/details/SSL/signs-and-symbols-of-the-liturgy

https://www.paulinebooks.com.au/product/detail.cgi?id=9780829446593

https://www.paulinebooks.com.au/product/detail.cgi?id=9780867169935

https://www.paulinebooks.com.au/product/detail.cgi?id=9781612788319

https://garrattpublishing.com.au/search/?query=sacraments&categories%5B%5D=6&subcategories%5B%5D=53

Extensive links

https://www.catholic.org.au/cslbd/celebrating-the-sacramental-life-from-birth-to-death/sacraments

News from the Office

LOST AND FOUND

We have had a number of new polar fleece jackets turn up at the Office without a name on them – luckily with some clever detective work we have been able to find their owners. Please ensure all items of uniform have been **labelled clearly** with your child/ren's name. There is a lost property basket in the front reception area that is loaded with unloved uniform items and more – please feel free to pop and have a look if you have lost anything.



Orders due by Wednesday 17th of March

Please place your order online via LOOP at:

CLICK HERE

Or alternatively, return your order form and payment to the school for processing.

PARENT'S ASSOCIATION

The Parent's Association are running 2 Easter Fundraisers – the annual Easter Raffle and a Ferguson Plarre Bakehouse Hot Cross Bun Drive. A request for donations of Easter Treats and Raffle Tickets have been sent home to all families. An order form for Hot Cross Buns has also been sent home however you can also order via our CDF Online Shop.

We really appreciate your support – all funds raised go towards purchasing the resources and equipment for all our children to use!



CLICK HERE



This week @ Sacred Heart



'SPLIT DECISION'

Production Auditions this week





Clean Up Friday





Clean up Tuesday!

On the 9th of March the whole school went around the school to collect rubbish to help our environment around the school.

At lunch time the sustainability group went around Diamond Creek to clean up rubbish.

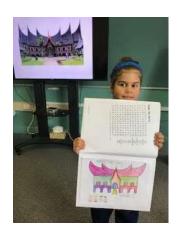
It is very important to pick up rubbish because it can kill animals, because it can smell or look like food and they eat it and eventually die. Litter can also create more pollution.

Our environment is responsible for all of our plants, trees, food chains and animals. That is why it is important to look after our environment, litter can also create small holes in the ozone layer, which can allow extra UV light onto the Earth's surface.

Make sure to look out for rubbish and don't litter!

-Laila.

Indonesian @ Sacred Heart



Congratulations to Charlotte, Alex and Eleanor who won our drawing/coloring competition for Rumah Gadang which is a traditional Indonesian house in West Sumatra, Indonesia. They can tell you the story behind the unusual shape of the house too!



Six hundred years ago, the King of Java wanted to take over the island of Sumatra. But the Sumatran people refused and they proposed the idea that instead of having war, they'd have a buffalo fight. Javanese people chose a big, strong buffalo whilst Sumatran people picked a small calf that had been separated from it's mum for three days and they put a sharp iron on its horn. When both animals were released, the small calf ran into the big buffalo, thinking that it was it's mum, and went straight to the underside of the giant to get milk, piercing the tummy severely. The giant buffalo died and the victory belonged to the calf and Sumatran people. They yelled 'Minangkabau!' or 'The Buffalo Wins!' after the victorious event.

Hence the houses and the traditional clothes of people who live in West Sumatra are made to resemble buffalo horns until today. True story!



Community News



DRUMS

GUITAR

PIANO

SINGING & DANCE









Teaching a wide range of music styles such as pop, rock, funk and jazz, along with accompanying music theory and history!

All lessons are held weekly and timetabled during school hours

Why learn music? Learning music helps develop left and right brain coordination, listening and comprehension skills, positive feedback and greater self belief. Our lessons nurture creativity, confidence and independence.

Music Performance Concerts are hosted every year to showcase our students' exceptional progress and build performance skills.

We are consistently amazed at the positive attitude, confidence, discipline

To enrol or learn more about our programs, head to our website

2dreammusic.com

For enquiries, contact:

Jason Stonehouse 0419 872 875 | contact@2dreammusic.com

Belong, Believe, Become.



156 Park Road Donvale Vic 3111





10am-2pm Preston Campus 8 Clifton Grove 10am-2pm Bundoora Campus 1436 Plenty Rd

Come and help us celebrate 150 years of educating well-rounded young men.

- Talk to our Principal and all our staff
- Watch the awesome Science Show
- Pick up an information pack with a special gift for your son
- Listen to our College bands
- Enjoy our free BBQ and café
- Listen to the Principal's address at 10.30, 11.30 & 1.00.

Register www.parade.vic.edu.au p. 9468 3300 registrar@parade.vic.edu.au

Year 7 2023 Enrolments Now Open! . Limited places available in other year levels

Parade College - Term 2 Family Tour Dates

Week 2 -Tues 27 April – Preston, Wed 28 April - Bundoora Week 4 -Tues 11 May - Preston, Wed 12 May - Bundoora Week 5 -Tue 18 May - Preston, Fri 21 May - Bundoora Week 7 -Tue 1 June – Preston. Fri 4 June - Bundoora Week 8 -Mon 7 June - Preston. Tues 8 June - Bundoora Tues 22 June - Preston. Week 10 -Wed 23 June - Bundoora

Applications for Year 7 2023 Open Now





www.parade.vic.edu.au

