



SACRED HEART PRIMARY SCHOOL

Newsletter

Sacred Heart Primary School, Diamond Creek

Telephone: 03 9438 1590

Email: principal@shdiamondcreek.catholic.edu.au

Website: www.shdiamondcreek.catholic.edu.au

View the Newsletter online: <https://www.shdiamondcreek.catholic.edu.au/newsletters-forms/>

Newsletter No 6 Term 2
27th May 2021

Fr. Steve's Mass and Homily:

https://www.youtube.com/watch?v=mmT9f8sa_qo

Dear Sacred Heart families and friends,

This morning the acting-Premier, Mr. James Merlino, declared that we are going into a 7 day short circuit lockdown period starting at 11.59 pm tonight until 11.59 pm on Thursday 3rd June. During this period stricter restrictions have been put in place to contain the rapid spread of the current COVID-19 variant.

All Catholic schools will transition to remote and flexible learning from Monday 31st May. To assist with preparing for this, Friday 28 May will be a student-free day for all Melbourne Archdiocese Catholic Schools (MACS) schools.

The staff of Sacred Heart were able to provide a very high standard of Remote Learning, including support for our families, in 2020 and we have planned to be able to do so once more.

This afternoon each student will bring home with them a pack of learning materials that will enable your children to continue their learning throughout this next Remote Learning period using both electronic and paper-based resources.

From the morning of Monday 31st May all students will be encouraged to continue their learning in an authentic manner by accessing their class's Google Classroom site. Information as to how this can be done will be contained in the materials sent home this afternoon or will be sent to you and the student electronically. Tomorrow (Friday 28th May), the school staff will be further discussing the details for the timetabling and daily schedules for your child's Remote Learning classes. This information will be communicated to you tomorrow afternoon.

From Monday 31st May, onsite supervision will be available for students in the following categories, based on this criteria:

- children whose parents are essential/permitted workers who cannot work from home and where no other arrangements can be made:

- where there are two parents/carers, both must be essential/permitted workers, working outside the home in order for their children to be eligible for onsite provision
- for single parents/carers, the essential/permitted worker must be working outside the home in order for their children to be eligible for onsite provision

- vulnerable children including:

- children in out-of-home care

- children deemed vulnerable by a government agency, funded family or family violence service, and assessed as requiring education and care outside the family home
- children identified by the school as vulnerable (including via referral from a family violence agency, homelessness or youth justice service, or mental health or other health service)
- children with a disability where the family is experiencing severe stress.

Any families seeking on-site supervision during this next remote learning period will need to book them in through the School Office registering the names of the children, their category, and the times and dates that supervision is required. On-site supervision will not be provided on Friday 28th May.

On Monday 31st May, we will make available a Chromebook and charger for families that require a device - in order to be fair to all families this will initially be only 1 device per family. Once we have met the initial needs of all families we may be able to provide more but we will have to communicate that option after the initial pick-up has been completed. The process for this will be communicated to you tomorrow afternoon. I hope that the above information is as clear and succinct as possible. I have attempted to provide you with enough information to enable you to feel confident that the staff of Sacred Heart are, once again, prepared and willing to walk alongside you throughout this next challenging period to ensure that your child's learning is maintained and supported.

For those of you who were with us last year, you know that this is a fact not rhetoric. Over the first two days of next week, Gina Murphy and I will attempt to contact every family directly to check-in with you and to help you whenever we can.

Stay strong, everyone, we will get through this again together.

Regards,

Jim O'Sullivan



CONGRATULATIONS:

Congratulations to the Foster family (Beau - Foundation) on the safe arrival of their beautiful baby boy Cormack.



DIVISION CROSS COUNTRY:

Congratulations to both Miller Burns and Madeleine Arvaji for qualifying for the Division Cross Country. This was held yesterday at Bundoora Park.

Miller – 2nd

Madeleine – 5th

COLOUR FUN RUN:

You and your family are truly amazing! It is wonderful to share that our Colour Explosion School Fun Run was a huge success.

It is fantastic to see the spirit and enthusiasm that was displayed in supporting our school. Of course, the true highlight is the smiles on the student's faces as they ran their Colour Explosion School Fun Run.

We raised close to \$3,500.00 which will go towards purchasing soccer goals and line marking in the playground.

More smiles to come! Your incentive prizes have been ordered and are on their way! They will arrive shortly and be distributed to students accordingly.

Again, our most sincere thanks for your support and fundraising efforts. We couldn't have done it without you!

HIGHEST FUNDRAISING STUDENTS!

Rank	Name	Class	Online	Cash	Bonus	Total
 1 st	Christian Lentini	12 CN	\$500	\$35	\$15	\$535
 2 nd	Jacoub Sinclair	12 PA	\$400	\$0	\$10	\$400
 3 rd	Daniel Buttigieg	12 PA	\$245	\$100	\$15	\$345
4 th	Maddux Lemi	12 PA	\$300	\$0	\$10	\$300
4 th	Marley Lemi	Prep NC	\$300	\$0	\$10	\$300
5 th	George Topolcsanyi	Prep NC	\$194	\$56	\$15	\$250

HIGHEST FUNDRAISING CLASS!

Rank	Class	Profiles	Online	Cash	Bonus	Total
 1 st	Prep NC	16	\$1699	\$242	95	\$1941
 2 nd	12 CN	19	\$950	\$435	35	\$1385
 3 rd	12 PA	9	\$1105	\$250	40	\$1355
4 th	56 MM	8	\$360	\$140	25	\$500
5 th	56 JD	6	\$200	\$140	15	\$340

NATIONAL WALK SAFELY TO SCHOOL DAY:

Walk Safely to School Day (WSTSD) is an annual, national event when all Primary School children are encouraged to walk and commute safely to school. The objectives of WSTSD are:

- To encourage parents and carers to walk to school with primary school age children and reinforce safe pedestrian behaviour.
- To promote the health benefits of walking and help create regular walking habits at an early age.
- To help children develop the vital road-crossing skills they will need as they become mature pedestrians.
-

Well done to all students that were able to participate in this event, we had over 100 students. Thank you also to the staff and parents that were able to support this event.

INTERSCHOOL SPORT:

Last week we played Glen Katherine Primary School. The results were as follows:

Netball A	Won
Netball B	Won
Boys Softball	Won
Girls Softball	Lost
Boys Soccer	Won
Girls Soccer	Won

HOUSE POINTS:

At the conclusion of Week 6 the results were as follows:

BUNJIL (BLUE)	MACKILLOP (RED)	CORDNER (GREEN)
2501	3747	3322

CONGRATULATIONS

Congratulations to Tyler Stacey. Tyler competed in his first Judo competition this past Sunday. He won one fight, drew another and lost one.



Congratulations also to Rook Bishop. Rook competed in the NMR Golf Primary Tournament. He came 9th out of 18 today which is a great effort as most of the kids were in grade 5 and 6.



Congratulations also to Hugo Hunter who made it through the first stage of selection for the State AFL team and had trials on Tuesday. To reach this level is a great achievement. Hugo has not made it through to the next level but is to be congratulated for making it this far and representing Sacred Heart so well.



SACRED HEART PRIMARY SCHOOL

Student of the Week

Prep NC

1/2 CN

1/2 PA

3/4 NJ

3/4 RM

5/6 JD

5/6 MM

PE

LOTE

STEM

Performing Arts

Visual Arts

Marley Lemi

Harry Friedrich

Maddux Lemi

Oliver Parisi

Miller Burns

Hector Santostefano

Tom O'Keefe

Finn Ohlsen

Alex Campbell

Scarlett Oke

Class 1/2 CN

Tess Pearce



Wellbeing

parenting * ideas

INSIGHTS

Anxiety requires understanding



The recent rise in childhood and adolescent anxiety and its acceleration during COVID-19 has worried parents and teachers. Many ask how they can assist kids when they become anxious about seemingly routine events such as attending school camps and excursions, tackling difficult subjects, or facing the prolonged absence of a favourite teacher.

Typical responses such as ignoring their worries or encouraging them to 'get on with it' are unhelpful. Allowing a child to avoid an activity that makes them anxious is another unhelpful option. Avoidance may help kids feel safe in the short term, but it risks the establishment of a long-term pattern that can be impossible to shift.

Regardless of the source every child and young person needs an adult in their life that understands them when they are anxious. It may make little sense that an activity makes a child anxious, you just need to understand that they are anxious. They need someone to witness their anxiety without dismissing or ignoring their feelings.

Anxious kids frequently look to parents and teachers for reassurance when they feel anxious. This shows in many ways, including kids continually seeking the opinion of others, wanting parents or teachers to make decisions for them, and continually asking for praise. Adults don't have to fix kids' problems, but we do have to understand they are anxious.

The use of 'Ahhhh' statements to validate how an anxious child is feeling, is a practical way to show that you are trying to understand them. It's also a great way to help a child develop a more nuanced emotional vocabulary. Here are some examples:

'Ahhhh, you're feeling anxious about going to school camp . . .'

'Ahhhh, you're having one of those "I might mess it up" thoughts . . .'

Each child's anxiety is unique. The first and most important response from an adult is to show a child that you 'get' that they are anxious. Having someone understand that they are anxious is an enormous relief, particularly if they haven't been taken seriously in the past. Sitting alongside a child who feels anxious is an underestimated act of compassion that makes a huge difference to their immediate emotional state.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.



SACRED HEART PRIMARY SCHOOL

Important Dates

Term 2 Dates 2021

May

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				28	29	30
				Student Free Day		
31 WEEK 7 A						
Remote Learning						

June

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6
	Remote Learning	Remote Learning	Remote Learning	ISS v Apollo B (away)	World Environment Day	
7 WEEK 8 B	8	9	10	11	12	13
Assembly		Celebrate Sacred Heart Day Kaboom Sports 12pm Olympic Games Theme	STAFF CONFERENCE (School Closure)	STAFF CONFERENCE (School Closure)		
14 WEEK 9 A	15	16	17	18	19	20
QUEENS BIRTHDAY HOLIDAY				ISS v Diamond Creek (away) Reports sent home		
21 WEEK 10 B	22	23	24	25		
Awards Ceremony & Final Assembly Parents Association 7.30pm	Learning Conversations 4-6pm	Learning Conversations 2-7pm Students finish at 1.30pm		ISS v Hurstbridge (away) FINISH TERM 2 2.30pm		

This week @ Sacred Heart



First Eucharist – Sunday 23rd May



Brooks Crescent Walkers



Mitre 10 Walkers



Golf in PE



SACRED HEART PRIMARY SCHOOL
Community News

PETER PAN JR.
JUNE 26- JULY 10
2021

A Musical Based on the Play by SIR J.M. BARRIE
 Music by MORRIS (MOOSE) CHARLAP
 Originally directed, choreographed and adapted by JEROME ROBBINS
 Lyrics by CAROLYN LEIGH
 Additional Music by JULE STYNE
 Additional Lyrics by BETTY COMDEN and ADOLPH GREEN
 Licensed exclusively by Music Theatre International (Australasia).
 All performance materials supplied by Hal Leonard Australia.

DIRECTED BY CAROL OWEN
www.elthamlittletheatre.org.au

ELTHAM LITTLE THEATRE inc.

ELTHAM LITTLE THEATRE inc.

PRESENTS

PETER PAN JR.
26 JUNE- 10 JULY

Peter and his mischievous fairy sidekick, Tinkerbell, visit the nursery of the Darling children late one night and, with a sprinkle of pixie dust, begin a magical journey across the stars that none of them will ever forget. In the adventure of a lifetime, the travelers come face to face with a ticking crocodile, a fierce Indian tribe, a band of bungling pirates and, of course, the villainous Captain Hook.

Featuring the iconic songs, "I'm Flying," "I've Gotta Crow," "I Won't Grow Up" and "Never Never Land," and a rousing book full of magic, warmth and adventure, Peter Pan JR. is the perfect show for the child in all of us... who dreamed of soaring high and never growing up. Peter Pan JR. is a dream come true for groups looking to bring magic to their stage and entertain countless families.

book online at: www.elthamlittletheatre.org.au

2DMW
2 DREAM MUSIC & WELLBEING
 Building self-esteem & confidence through music performance!

DRUMS



Teaching a wide range of music styles such as pop, rock, funk and jazz, along with accompanying music theory and history!

All lessons are held weekly and timetabled during school hours

Why learn music? Learning music helps develop left and right brain coordination, listening and comprehension skills, positive feedback and greater self belief. Our lessons nurture creativity, confidence and independence.

Music Performance Concerts are hosted every year to showcase our students' exceptional progress and build performance skills.



For enquiries, contact:

Jason Stonehouse 0419 872 875 | contact@2dreammusic.com

GUITAR



PIANO



SINGING & DANCE



"My children are very different personalities and one is on the spectrum. We have watched all of them grow with 2DMW from Prep for 5 years and witnessed the transformation of their abilities and confidence.

We are consistently amazed at the positive attitude, confidence, discipline and great standard achieved with 2DMW Teachers."
 - Sarah and Dev, Parents

To enrol or learn more about our programs, head to our website

2dreammusic.com

Dear Resident of Sacred Heart Diamond Creek Parish,

We are delighted to write to you hoping very much you would accept an invitation to attend a renewal and reform meeting at Sacred Heart Parish Diamond Creek. Come along to join with new, old and prospective parishioners to the Sacred Heart History Line Parish Leadership Meeting.

Let's build on who we are, decide where we are going and develop our community

All Welcome

[1 Corinthians 12:7](#) To each is given the manifestation of the Spirit for the common good.

Saturday 29th May 2021
10:00 am- 12:00 pm
Sacred Heart Parish Centre
25 Gipson St. Diamond Creek
RSVP Sr. Margaret Sapsford
Margaret.sapsford@cam.org.au,
Tel 94016361
Light refreshments provided



Going Bananas 2021

ANCHORS AWEIGH

Holiday Program for Primary School Children
Sail the seven seas with us on this one-day 'mini Bananas' **PIRATE ADVENTURE** and enjoy games, bible stories, songs, craft and more!

Register for either:

WED 30 JUNE or THU 1 JULY

1 Child	\$20 (single day)
Family	\$50 (single day)

(3 or more siblings)

Start 9:30am - Finish 3:00pm
includes all activities
BYO MORNING TEA AND LUNCH
(no nut products please)

You're encouraged to come dressed as a Pirate!
Registrations essential - don't miss out!
stjohnsdc.org.au/GoingBananas



The Nillumbik **PARENTING HUB**

3 Keys to Nurturing Happy Girls

Come and join The Big Sister Experience for an online workshop to discover the three keys to nurturing the young girls of today into the strong women of tomorrow.

With more than 14 years teaching experience between them, real-life sisters Bianca and Kritz work with young girls in schools to empower them with self-love and self-confidence. With so many pressures from society on young people, parents and teachers today, The Big Sisters help navigate the jungle – sharing clear and relevant strategies for essential life skills and mental wellbeing.

Join them for this online webinar hosted by Nillumbik Shire Council to learn simple and implementable strategies to foster connection, build resilience, and allow your daughter to create a solid foundation for her overall wellbeing.

Proudly presented in collaboration with:

THE
Big Sister

EXPERIENCE



Key Details

Date: Tuesday 25 May 2021

Time: 7-8.30pm

Location: Online (zoom)

Cost: FREE

To register your interest in this session head to:

nillumbik.vic.gov.au/Events/3-Keys-to-Nurturing-Happy-Girls-Second-Session

For more information please contact:

Molly Jessop

0428 891 320

molly.jessop@nillumbik.vic.gov.au