



SACRED HEART PRIMARY SCHOOL

# Newsletter

Sacred Heart Primary School, Diamond Creek

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View the Newsletter online: <https://www.shdiamondcreek.catholic.edu.au/newsletters-forms/>

Newsletter No 10 Term 4

9<sup>th</sup> December 2021

Fr Steve's Homily:

Please click on Father Steve's image using this link to view last week's mass:

<http://www.pol.org.au/diamondcreek>

Dear Sacred Heart families and friends,

**FREE DRESS FRIDAY (TOMORROW) & ICY POLES & DRINKS FOR SALE**

**WEDNESDAY 15<sup>th</sup> DECEMBER – STUDENTS FINISH AT 2 PM**

Dear Sacred Heart families and friends,

As another extraordinary year draws to a close, we write to thank you all for your continued encouragement and support for all of us here at Sacred Heart Primary School.

As a Catholic community, we recognise that we have recently entered the season of Advent. A time of reflection and preparation for the coming of Jesus at Christmas. It is a time when we look back as well as looking forward. A time to look back and to give thanks to God and to each other for all the blessings we have received as well as to look forward to all the wonderful possibilities, opportunities and challenges of the next stage of life's journey.

As we reflect on the year we have had the word which enters our heads is one of gratitude. Gratitude for the amazing staff of Sacred Heart Primary School who continue to give generously of their time and talent for the benefit of our children. Gratitude for our parents whose encouragement and trust is often overwhelming, particularly in the face of their own challenges during these last two years. Gratitude also to the children of Sacred Heart who bring energy and life to our community.

As the academic year draws to a close, we would like to take this opportunity to thank you for your support throughout 2021. Similar to 2020, we faced challenges which required a high degree of adaptability, faith and resilience and for the significant role you played throughout the year, we are sincerely grateful. We would also like to congratulate all the students for their courage, resilience and persistence in the face of significant challenges. It is in difficult times that our character develops and we have no doubt these qualities will remain with all students as they continue their journey through Sacred Heart and into their lives at Secondary School. We also have a number of families that will be finishing at Sacred Heart Primary School this year. Many of these families have been involved in our community for a long time. We thank you for your enthusiasm, kindness and contributions to making Sacred Heart such a wonderful place. Thank you to the following families: Blakely, Brunnen, Bruzzaniti, Burton, Gatherer, Harris, Hosking, Johnstone and Wright.

We hope you all have a safe, restful, holy and happy Christmas and we look forward to walking together with you and your children as we move into a year full of hope and promise in 2022.

Yours sincerely,

### **Awards Ceremony:**

Today we held the annual awards ceremony. Congratulations to all students on their different successes during 2021. Every student has succeeded in many different ways and should be proud of themselves and looking forward to new and exciting challenges in 2022. Below are the recipients of the awards from today's ceremony.

### **Certificates of Excellence**

These certificates recognize and celebrate the students of Sacred Heart who have achieved Well Above Standard in their academic results and specialist areas. This indicates these students are working 18 months or more above the expected level.

#### ENGLISH – Reading & Viewing

- Alby Ioannidis
- Eloise Ross
- Charlotte Molinaro
- Miles Valentine
- Dominic Arvaji
- Daniel Buttigieg

#### ENGLISH – Writing

- Harrison Friedrich
- Eleanor Audley

#### ENGLISH – Reading & Viewing & Writing

- Annabelle Ross
- Maia Hankinson

#### ENGLISH - Reading & Viewing, Writing & Speaking & Listening

- Mitali Perera

#### MATHEMATICS – Number & Algebra

- Miles Valentine

#### PERFORMING ARTS

- Bella-Rose Sparks

#### VISUAL ARTS

- Laila Bruzzaniti

### **Principal's Award for School Spirit**

This is an award for the student in each class who consistently does what is asked of them and more. The criteria for this award encompasses the following elements:

- Outstanding role models to other students of the school's values and are able to sustain this conduct throughout the year.
- Awarded to the student in each class on-going and consistent excellence of behaviour and attitude towards work.

#### Foundation

1/2 CN

1/2 PA

3/4 NJ

3/4 RM

5/6 JD

5/6 MM

Beauden Foster

Harrison Friedrich

Tyler Stacey

Luke Dooley

Harry Lord

Hugo Hunter

Evelyn McIlroy

### **Endeavour Award**

The criteria for this award encompasses the following elements:

- The Endeavour Award is presented to a student from each class who has shown significant personal growth.
- The student has worked conscientiously to make improvements in their academic or social and emotional outcomes.

Foundation	George Topolcsanyi
1/2 CN	Charlotte Molinaro
1/2 PA	Erica Motschall
3/4 NJ	Maia Hankinson
3/4 RM	Sienna Nardella
5/6 JD	Hayley Johnstone
5/6 MM	Laila Bruzzaniti

### **Mini Vinnies participates of 2021**

Evelyn McIlroy  
Laila Bruzzaniti  
Noah Hosking  
Snehath Perera  
Ayush Perera  
Izzy Jones  
Ella Burton  
Alice Brunnen  
Claire Waddington  
Rhylee Keating  
Amelia Campbell  
Miki Berriman  
Liam O'Reilly

### **FIRE Carriers participates of 2021**

Xavier Sciberras	Izzy Jones
Hugo Hunter	Noah Hosking
Rhylee Keating	Miaa Mitrovski
Zarah Clough	Snehath Perera
Kieran Madden	Miki Berriman
Krystal Burns	Rory Audley
Zara Campbell	

### **Sustainability participants of 2021**

Penny Motschall	Maia Hankinson
Evelyn McIlroy	Ayendha Fernando
Daniel McIlroy	Mitali Perera
Snehath Perera	Audrey Hodgson
Laila Bruzzaniti	Megan Lamb
Ayush Perera	Zarah Clough
Stevie Liddiard	Michala Joyce

### **Student Leadership**

Each year at Sacred Heart, we as a school community recognise those students who show qualities such as leadership, initiative, organisation and being a role model to other students. Today we thanked the school leaders of 2021 and introduced the leaders of 2022.

2021 LEADERS	Krystal Burns
SCHOOL LEADERS	Izzy Jones
BUNJIL HOUSE LEADER	Sophie Wright
MACKILLOP HOUSE LEADER	Kieran Madden
CORDNER HOUSE LEADER	Ally Blakely

FIRE Carriers Leader  
Mini Vinnies Leader  
Sustainability Leader  
Religious Education Leader  
Wellbeing Leader

Xavier Sciberras  
Evelyn McIlroy  
Laila Bruzzaniti  
Snehath Perera  
Rory Audley

2022 LEADERS SCHOOL LEADERS

Amelia Campbell  
Miki Berriman

BUNJIL HOUSE LEADER  
MACKILLOP HOUSE LEADER  
CORDNER HOUSE LEADER

Zara Campbell  
Maddi Arvaji  
Tom O'Keefe

FIRE Carrier Leaders  
Mini Vinnies Leaders  
Sustainability Leaders  
Religious Education Leaders  
Wellbeing Leaders  
Languages Leaders

Charlie Rowley, Isla Brooks and Miaa Mitrovski  
Jeremy Collins and Leo Liu  
Zarah Clough and Grace Topolcsanyi  
Grace O'Keefe and Scarlett Oke  
Rhylee Keating and Bella-Rose Sparks  
Jacoby Turner and Liam O'Reilly

Thank you to the leaders of 2021 as they move to Secondary School and good luck to our new leaders as they embark on this new role.

Congratulations to all students who received a certificate today and well done to ALL students for your efforts and commitment to learning at Sacred Heart and becoming the best version of yourself.



### The Jesse Tree

Jesse Trees are a very old Christmas Tradition and first started in medieval times. They are used to help tell the story of the Bible from creation to the Christmas Story.

Each day **of Advent**, read a Bible story about someone on Jesus's family tree and hang an ornament symbolizing the story on your Jesse Tree. As you decorate your tree, you'll see how God prepared for Jesus to be born through many generations.

The name comes from Jesse who was the Father of the great Jewish King David. One prophecy in the Bible, in the book of Isaiah, says:

*1 A shoot will come up from the stump of Jesse; from his roots a Branch will bear fruit.*

*2 The Spirit of the LORD will rest on him-- the Spirit of wisdom and of understanding, the Spirit of counsel and of power, the Spirit of knowledge and of the fear of the LORD--*

*3 and he will delight in the fear of the LORD. He will not judge by what he sees with his eyes, or decide by what he hears with his ears;*

*4 but with righteousness he will judge the needy, with justice he will give decisions for the poor of the earth.*

*Isaiah 11:1-4 (NIV)*

A branch is a sign of new life and new beginnings. Jesus was a descendent of King David and Christians believe that Jesus is this new branch.

The first Jesse trees were large carvings, tapestries or even stained glass windows put in Churches that helped people who couldn't read or write learn about the Bible from creation to the Christmas Story. But now Jesse Trees are used as a kind of Advent calendar. You can use a normal Christmas tree or a banner in the shape of a tree. Each day through advent (or sometimes just on the four Sundays of advent) a special decoration or ornament that tells a story from the Bible, is hung on the tree.

There are very many different stories and symbols you can use. I've listed 25 stories and symbols that I especially like!

<b>Bible Story:</b>	<b>Where it is in the Bible:</b>	<b>Symbol:</b>
Creation	Genesis 1	The earth
Adam and Eve / Garden of Eden	Genesis 2:4 - 3:24	A tree with fruit or an apple
Noah & the Flood	Genesis 6:9 - 9:17	A rainbow
God's promise to Abraham	Genesis 12:1-7 & 15:1-6	A tent
Isaac	Genesis 22:1-18	A ram
Jacob's Ladder	Genesis 28:10-19	A ladder
Joseph's Coat	Genesis 37 & 50	A multi-coloured coat or robe
Moses	Exodus 2:1 - 4:20	A burning bush
Israelites and the Passover	Exodus 12:1-42	A lamb
The 10 Commandments	Exodus 19:1 - 20:20	Two stone tablets
Joshua and the fall of Jericho	Joshua 6:1-20	A ram's horn trumpet

Ruth	Ruth (Whole Book)	A sheaf of corn
King David	1 Samuel 16:1-3	A six pointed 'Star of David'
Solomon's Temple	1 Kings 6	The temple
Elijah and Baal's Priests	1 Kings 18:16-39	A bonfire
Isaiah's 'Jesse' Prophecy	Isaiah 11:1-11	A tree stump with a single branch growing from it
Jonah and the Whale	Jonah (Whole Book)	A whale
John the Baptist	Matthew 3:13-17	A scallop shell
Mary	Luke 1:26-38	A white lily
Elizabeth	Luke 1:39-56	A mother and child
Zechariah	Luke 1:57-80	A pencil and tablet
Joseph	Matthew 1:19-25	A carpenter's hammer
The Shepherds	Luke 2:8-20	A fluffy sheep!
The Wise men	Matthew 2:1-12	A gold star or the three gifts or three crowns
Jesus	Luke 2:1-8	A baby in a manger





# SACRED HEART PRIMARY SCHOOL

## *Student of the Week*





# SACRED HEART PRIMARY SCHOOL

## General News

### Beginning of 2022:

To encourage a positive and personal start to the new school year in 2022, we are staggering students' return to school, across all year levels. Students in Years One to Six will be allocated a morning or afternoon session on Tuesday 1st February or Wednesday 2nd February.

During this session, teachers will spend time engaging with their students in a small group setting designed to enhance student wellbeing. These sessions may include time for the teachers and students to engage in various activities including reading, number work, classroom organisation and social and emotional (SEL) activities. We anticipate this personalised opportunity will promote a calm and positive approach for students returning/commencing their 2022 school year.

Students are expected to wear full summer uniform, including school hats. They are asked to bring a snack, drink bottle and pencil case with them to this session. Below shows which day your child/ren are expected at school on either Tuesday or Wednesday. Students only attend the time slot for the first two days and then the whole school returns Thursday 3rd February.

### TUESDAY 1ST FEBRUARY 8.50AM – 12.00PM

YEAR 1/2	YEAR 3/4	YEAR 5/6
Molinaro	Dooley	Dooley
Pearce	Madden	Pearce
Foster	Down	O'Keefe (G & T)
Lewis (W & C)	Waddington	Brooks
McIlroy (L & J)	McIlroy	Vassallo
Broderick	Buttigieg	Lee
Hoe	Berriman	Berriman
Parisi	Stacey	Parisi
	Campbell (A)	Campbell (A)
	Sciberras	Sciberras

### TUESDAY 1ST FEBRUARY 12.30PM – 3.25PM

YEAR 1/2	YEAR 3/4	YEAR 5/6
Audely	Ohlsen	Audley
Lamb	Lamb	Oke
Connolly	Bishop	Bishop
Tijan	Lyons	Burns
Arvaji	Arvaji	Arvaji
Lord	Lord	Christian



Harte	Valentine (M & O)	Keating (K & R)
Van rooyen	Ambrose	Hunter
Ioannidis	Fernando	Campbell (Z)
	Black	

**WEDNESDAY 2ND FEBRUARY 8.50AM – 12.00PM**

YEAR 1/2	YEAR 3/4	YEAR 5/6
Fitzmaurice	Menilli	Fitzmaurice
O'Reilly	Hardy	O'Reilly
Clark	Sparks-McPherson	Sparks
Hodgson	Hodgson	Turner
Ross	Ross	Liu
Dovile	Dovile	Rowley (C)
Nicholson	Santostefano	Rowley (A)
Brack	Collins	Collins
Matulick	Liddiard	Liddiard
	Nardella	Nardella
	O'Neill	O'Neill
Zagami	Lentini	

**WEDNESDAY 2ND FEBRUARY 12.30PM – 3.25PM**

YEAR 1/2	YEAR 3/4	YEAR 5/6
Friedrich	Brady-Diaz	Mitrovski
Hernandez	Hernandez	Clough
Lemi (M & M)	Gallagher	Fitt
Topolcsanyi	Parker (E & O)	Topolcsanyi
Ibrahim	Jones (L & E)	Ibrahim
Sinclair	Sinclair	Joyce
Zammit	Hankinson	Hankinson
	Motschall	Motschall (P & M)
	Lewis (S)	Lewis (M)
		Perry-Turnley
		Perera

### Seesaw:

As we are nearing the end of Term 4 2021, some families were wondering how to download/save their children's work in Seesaw? Here's how to download a .zip file of a Seesaw journal, including images, videos, audio recordings, and text notes or captions. Click [here](https://help.seesaw.me/hc/en-us/articles/208754866-How-do-families-and-students-download-an-archive-of-student-work-) or click on the item attached below: <https://help.seesaw.me/hc/en-us/articles/208754866-How-do-families-and-students-download-an-archive-of-student-work-> Please use a computer with a Chrome or Firefox browser only, the .zip file will not download on a mobile or tablet device.

### End of Year Activities:

On Monday 13th December all levels will take part in some end of year celebrations. Please refer to any notes that went home via Operoo in regards to each level's activities and requirements.

### Reports:

All families should have received their child/rens school report. The reports are on the nForma Parent Portal which is accessible via the link sent in an email last Friday 3 December. Please check your spam if you have not yet received this or contact the office. Any other questions in regards to the report please contact the classroom teacher.

### Graduation:

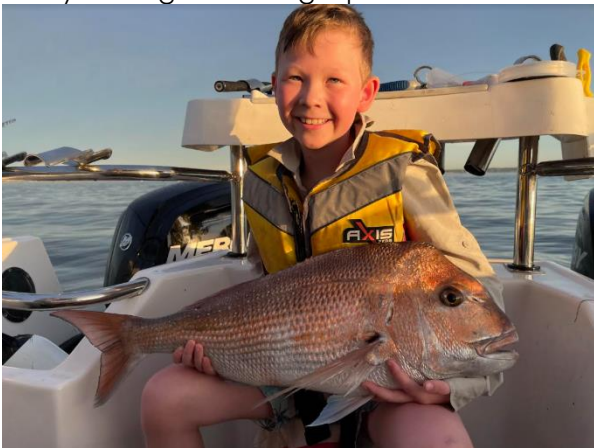
Congratulations to the class of 2021 as they celebrated their graduation from Primary School last night. Thank you to the staff and the families that were able to organise this event for the students and their families.

### Leaving Ceremony and Final Mass:

Parents are invited to attend our end of year mass celebration and leaving ceremony on Wednesday 15th December. **The mass has been moved to 12.30pm in the church and this will be followed by the leaving ceremony in the courtyard.** Students will be dismissed after the leaving ceremony. **School will finish for students at 2pm on this day.** Please note that proof of vaccination or proof of exemption will be required.

### Student News:

Well done to Tyler Stacey who caught this amazing snapper. As holidays approach I am sure there will be many more great fishing trips.



### Plant Sale:

For a number of years now, Peter Rickard has been maintaining the gardens around the Church, the Hall and the school grounds. During this time, Peter has accrued a large number of potted plants that cannot be used by the school and therefore have been made available to be sold to the school and parish community. These potted plants, shrubs and trees are located at the end of the Hall/School driveway and behind the Year 5/6 classroom block.

Our Mini Vinnies group will conduct a Potted Plant Sale each afternoon for members of our school and parish community to come along and buy some plants for their gardens. The proceeds from this sale will go to the Sacred Heart St. Vincent de Paul society for their Christmas program. All plants are priced according to their size at \$2, \$5, \$10 or a donation.

### Transition:

All students in Foundation to Year 5 were involved in transition activities today in order to support them with transition into 2022. Class teachers will be shared, these will also be displayed on the window of the office.

### 16 Days of Activism:

This year, the Sacred Heart community will once again participate in the United Nations 16 Days of Activism. The theme for this year is 'Orange the world: End violence against women'. During this time, from the 25th November to the 10th of December, students will engage in discussions around equality and respect for everyone, and will participate in creating a book about emotions as part of their Social Emotional Learning.

We thank Nillumbik Council for once again providing a grant towards this project.

16 Days of Activism connects to our work at Sacred Heart in Respectful Relationships, and this term, all classes are learning about positive gender relations as part of the Resilience, Rights and Respectful Relationships program. On Friday 10th December, students will be invited to wear free dress for our house points celebration, and we will be selling icy poles for \$1 each to raise money for the United Nations Trust to End Violence Against Women.




### School Fees:


The 2022 School Fee Pack has been emailed to all families on Operoo. This Pack outlines the Fees and Levies that will be charged next year and includes a Direct Debit form for you to complete should you wish to take up this option. Families will not be invoiced until January 2022. Please ensure that all outstanding fees are PAID IN FULL by 17th December 2021.

### Annual Christmas Raffle

Unfortunately due to many events being cancelled over the last 2 years, we have been unable to raise the funds we would normally do to put towards value resources and programs that enhance our children's school experience. We are really hoping you and your family and friends can support our major fundraising activity for 2021 – the Annual Christmas Raffle. There are fantastic prizes to win – so get selling and good luck! Raffle books have been sent home with students and you can purchase them on line via CDFPAY.




## Sacred Heart Christmas Raffle



**It's that time of year already!**  
**Please find attached your Christmas Raffle tickets for 2021.**

**Tickets are \$2 each and there are 25 tickets attached.**  
(Feel free to purchase as many as you like)

**The Raffle will be drawn on Wednesday 15<sup>th</sup> December**



- 1<sup>st</sup> prize \$300 Crown voucher**
- 2<sup>nd</sup> prize Clare Scent Candle Hamper value \$150+**
- 3<sup>rd</sup> prize \$100 Endota spa voucher**
- 4<sup>th</sup> prize \$50 Bunnings voucher**

**Please return your money and tickets to the office  
no later than Monday 13th December.**

Name \_\_\_\_\_

I have paid via CDF

I have enclosed a total amount of \$ \_\_\_\_\_

Quantity \_\_\_\_\_

## Christmas Timetable:

### ADVENT CHRISTMAS TIMETABLE FOR OUR PARISHES

#### Communal Penitential Service (For those fully vaccinated)

Will take place at St Thomas Church on Wednesday, 15th December at 7.30pm.

Bookings not required. The service will conclude with a light supper.

#### Reconciliation (For those fully vaccinated)

Individual Reconciliation will take place at Sacred Heart & St Mary's on Thursday 16th December from 7.00pm-8.30pm and at St Thomas on Friday 17th December from 7.00pm-8.30pm.

Bookings not required. Reconciliation will be heard on the Sanctuary at the Church.

#### Reconciliation (for those of unknown vaccination status)

Will be available at St Mary's, Sacred Heart & St Thomas by booking an appointment by emailing the individual Priest:

Fr Steven Rigo: [Steven.Rigo@cam.org.au](mailto:Steven.Rigo@cam.org.au) Fr Dixon George [Dixon.George@cam.org.au](mailto:Dixon.George@cam.org.au)

Fr Tao Pham: [Tao.Pham@cam.org.au](mailto:Tao.Pham@cam.org.au)

### CHRISTMAS MASSES

#### Sacred Heart

Christmas Eve: Friday 24th December 6.00pm & 9.00pm

Christmas Day: Saturday 25th December 9.00am

Holy Family: Sunday 26th December 9.00am

#### St Mary's

Christmas Eve: Friday 24th December 6.30pm & 10.30pm

Christmas Day: Saturday 25th December 8.00am & 10.00am (No 5.00pm or 6.30pm Vigil Mass)

Holy Family: 26th December 8.00am, 10.00am

& 5.00pm (For those of unknown vaccination status)

#### St Thomas

Christmas Eve: Friday 24th December 5.00pm & 7.30pm

Christmas Day: Saturday 25th December 10.30am (For those of unknown vaccination status)

Holy Family: Sunday 26th December 10.30am







## YOUR VILLAGE IS HERE!



Families deserve:

- Affordable fees
- Convenient operating hours
- Safety, fun and respect
- Guilt free childcare

We welcome your child when you work, study or care for yourself.

VillageOSHC caring for the whole family.



[support@villageoshc.com.au](mailto:support@villageoshc.com.au)

[VillageOSHC.com.au](http://VillageOSHC.com.au)



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Phone 1300 366 437

[www.VillageOSHC.com.au](http://www.VillageOSHC.com.au)

## Outside School Hours Care Program

It takes a village to raise a child and we are yours! VillageOSHC partners with schools Australia-wide to keep children safe and happy outside school hours as parents work or study. In our care, children make new friends, build on old friendships, get exercise, eat healthy food, embrace their imagination, and have loads of fun in a safe and respectful environment.

### VillageOSHC Services, Hours of Operation & Fees

Before School Care	After School Care
7.00am to 8.45am	3.25pm to 6.00pm
Session fee: \$25.70*	Session fee: \$35.95*
Pay approx. \$3.85 - \$25.70 after CCS	Pay approx. \$5.40 - \$35.95 after CCS

***Book early! Book 24 hours or more in advance to pay the lowest rate!***

*\*Fees listed above are per child per session before CCS is applied.*

*For a full list of fees and charges including late notice and walk-ins, see Terms and Conditions at [villageoshc.com.au](http://villageoshc.com.au)*

### Easy and Flexible Bookings

- Visit [villageoshc.com.au](http://villageoshc.com.au) to enrol and book via LookedAfter, the VillageOSHC booking platform. LookedAfter is Government approved, highly secure and user-friendly.
- Create an account for your family for free by clicking the Book Now button
- Book up to one minute in advance online 24 hours a day, access fees and service times, update your details, and more.
- You're in control of your information, and your changes, bookings and cancellations are recorded instantaneously. It couldn't be easier!

### Support and Information

Parents can email for assistance at [support@villageoshc.com.au](mailto:support@villageoshc.com.au) or call **1300 366 437**.





## SACRED HEART PRIMARY SCHOOL

# Wellbeing

### **EXPRESSION OF INTEREST FOR SEASONS & WESTMEAD FEELINGS PROGRAM 2022:**

We are seeking any expression of interest for your child/ren to be involved in two different programs in 2022.

#### **Seasons for Growth:**

Seasons for Growth is a small group program that combines psychology and education with peer support, within a person centred learning approach. It uses the metaphor of the seasons to explore the cyclic nature of grief, and is underpinned by William Worden's tasks of grieving. The Children and Young People's program contains developmentally appropriate discussions and activities. Seasons for Growth normalises participants' experiences, and can increase protective factors (including building personal resilience and social skills) while minimising some risk factors (including isolation) that influence mental health and wellbeing. The program also supports the development of communication, decision making and problem solving skills.

How is it delivered? The Program is run over 8 sessions with small groups of 4-7 participants and is facilitated by trained adult "Companions". The participants are provided with a safe space to learn, share and reflect and are supported by richly illustrated participant journals.

Outcomes Seasons for Growth provides the support and space for children and young people to:

- Learn about how different people respond to change, loss and grief
- Understand that it is normal to experience a range of grief reactions
- Explore new approaches to dealing with change, loss and grief in their lives
- Build communication, decision making and problem solving skills
- Participate in a supportive network of peers and adults
- Integrate their new learning into their relationships with family, friends and others.

#### **Westmead Feelings Program:**

This program has been developed by the Children's Hospital at Westmead, Sydney. It has been run for many years at the hospital clinic and is now being offered in schools. The Westmead Feelings Program (WFP) is an evidence-based clinical intervention designed specifically to teach social and emotional skills to children. The WFP is grounded in theory and has a strong evidence base to support its clinical effectiveness. The WFP aims to enhance the emotional awareness of children by building on their knowledge of their own and others' emotions, developing their skills in perspective-taking and empathy, and enhancing their capacity to regulate their own emotions, in particular, managing negative or unpleasant emotions. The WFP is tailored to the unique thinking and learning style of individuals with ASD but has been found to also be useful for other children with social-emotional difficulties (such as language impairments or social communication difficulties). The WFP teaches social and emotional skills in a coherent and developmental oriented framework. The WFP is designed to meet the learning needs of children aged 6 to 12 years.

The Westmead Feelings Program (WFP) is designed to be facilitated by psychologists or specifically trained teachers. Throughout 2020 Gina Murphy and Sandy Morgan undertook this training and are now qualified facilitators of the program. During 2022 we will be offering this program to students in Year 1/2 and Year 3/4. The program includes 5 sessions per term for students and 2 sessions per term for teachers and parents where they are trained to be emotion coaches, using the same techniques taught to the students. For your child to be eligible, parent/s must also commit to attending parent sessions. Groups are limited to 6-8 students.

If you have any questions, we would be happy to speak with you. If you would like your child to be considered for either of these groups please email [gmurphy@shdiamondcreek.catholic.edu.au](mailto:gmurphy@shdiamondcreek.catholic.edu.au) or [smorgan@shdiamondcreek.catholic.edu.au](mailto:smorgan@shdiamondcreek.catholic.edu.au)



# SACRED HEART PRIMARY SCHOOL

# Important Dates

## Term 4 Dates 2021

### December

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				10	11	12
				Free Dress and Sale of Icy Poles		Third Sunday of Advent
13 WEEK 11 A	14	15	16	17	18	19
End of Term Celebrations		End of Year Mass 12.30pm (change of time)  Leaving Ceremony  Students dismissed at 2.00pm				Fourth Sunday of Advent

## This week @ Sacred Heart



Our cheeky Elf on the Shelf!





Year 5/6 – Open Water Learning Experience day



SACRED HEART PRIMARY SCHOOL  
*Community News*

**Banyule**  
City Council

**CaROLS by CaNDLeLIGHT**

**NEW Location**

**Saturday 18 December 2021**

**Pre Show Entertainment 6:00pm**

**Carols Showtime 7:00pm – 9:00pm**

**Greensborough War Memorial Park**  
Henry Street, Greensborough

Performers:  
Denis Walter (MC), Euan Doidge, Tyla Coak, The Australian Children's Choir, The Diamond Valley Brass Band, with Eli, Frosty and Santa.

This is a FREE, COVIDSafe event with conditions of entry, and limited tickets. Book early to avoid disappointment. For more information, visit [banyule.vic.gov.au/Carols](http://banyule.vic.gov.au/Carols) or phone 9490 4222.

Food Trucks onsite from 6pm serving delicious snacks, food and drinks.

FREE BANYULE COUNCIL EVENT  
Also live-streamed via YouTube and Facebook. Sponsored by:

*Linda Jean*

dancing academy

dance • singing • acrobatics

450 Ironbark Road Yarrambat

**0419 586 886**

@lindajeandancing  
[www.lindajeandancingacademy.com.au](http://www.lindajeandancingacademy.com.au)  
email [ljdancing@ozemail.com.au](mailto:ljdancing@ozemail.com.au)

**JUDO**

**Judo Holiday Program**  
**3 - 8 January 2022**

- ✓ Beginner-friendly
- ✓ No uniform required
- ✓ Classes for all age groups
- ✓ Book any number of sessions

**yarrajudo.com.au** Now open for registration  
[neelbeyers@gmail.com](mailto:neelbeyers@gmail.com) Limited spaces available



Do you love to swim?  
*What next?*  
**Come and join  
 Victoria's Proudest  
 Swim Club**



**YARRA  
 PLENTY  
 SWIMMING CLUB**

*Our programs offers swimmers an opportunity to develop key skills and have great fun in the process. Contact us for your free try out!*

**Yarra Plenty Swimming Club based in  
 Greensborough  
[yarraplenty.swimming.org.au](http://yarraplenty.swimming.org.au)**

**Intensive Swimming Program  
 January 2022**

All ages  
 4 mths –  
 teenagers,  
 adults  
 all standards



**Fast Track Swimming Lessons  
 4-Day Intensive Program**

**30 minute lessons  
 Cost: \$60 per program**

**Program 1**  
 Monday 10th January –  
 Thursday 13th January 2022

**Program 2**  
 Monday 17th January –  
 Thursday 20th January 2022

FAMILY LAST NAME: \_\_\_\_\_  
 PARENT NAME/S: \_\_\_\_\_  
 MOBILE NUMBER: \_\_\_\_\_  
 EMAIL: \_\_\_\_\_

Swimmer Name	Date of Birth	Program Request (please circle) \$60 each	Current swimmer at ESS?	New swimmer? Your level? Please check See below
	/ /	1 2 Both	Y N	
	/ /	1 2 Both	Y N	
	/ /	1 2 Both	Y N	
	/ /	1 2 Both	Y N	

If you currently attend Eltham Swimming School, we have your Level. For new swimmers, please check our Levels at <https://www.elthamswim.com.au/swimming-lessons/assessment-levels>

To make an enquiry or enrol, email us at [enquiries@elthamswim.com.au](mailto:enquiries@elthamswim.com.au)  
 Eltham Swimming School, 1441 Main Road, Eltham 3095 [elthamswim.com.au](http://elthamswim.com.au)

# Balance Gymnastics

Over the Xmas break, Balance Gymnastics and Fitness Centre will be running a gymnastics Holiday programme from **Monday 10th January to Friday 28th January 2022**. These classes will be run by our qualified staff and they will be on the floor at all times to supervise. Children will learn the fundamentals of gymnastics and these classes are suitable for children from 2-5 years of age. **Bookings preferred, this will help guarantee you a place. \$20 per child Structured & \$15 Free Play**

## STRUCTURED HOLIDAY PROGRAMME

Monday	10th	January, 2022	11am-12.30pm
Wednesday	12th	January, 2022	11am-12.30pm
Friday	14th	January, 2022	11am-12.30pm
Monday	17th	January, 2022	11am-12.30pm
Wednesday	19th	January, 2022	11am-12.30pm
Friday	21st	January, 2022	11am-12.30pm
Monday	24th	January, 2022	11am-12.30pm
<b>Wednesday</b>	<b>26th</b>	<b>January, 2022</b>	<b>CLOSED</b>
Friday	28th	January, 2022	11am-12.30pm

## FREE PLAY HOLIDAY PROGRAMME

Tuesday	11th	January, 2022	11am-12:30pm
Thursday	13th	January, 2022	11am-12:30pm
Tuesday	18th	January, 2022	11am-12.30pm
Thursday	20th	January, 2022	11am-12.30pm
Tuesday	25th	January, 2022	11am-12.30pm
Thursday	27th	January, 2022	11am-12.30pm

Address: 11 Candlebark Crt RESEARCH 3095  
 Phone: (03) 9437 0777  
 Email: [admin@balancegymnastics.com.au](mailto:admin@balancegymnastics.com.au)

**\*\*BRING A DRINK BOTTLE\*\***

We are also running a gymnastics Holiday programme for primary school aged children from 5-12 years of age. These classes are a combination of **structured and not structured but supervised**, children are able to choose their activities. **Parents will not be allowed on the floor with the children and bookings preferred, this will help guarantee you a place. \$25 per child Structured & \$20 Free Play**

## STRUCTURED HOLIDAY PROGRAMME

Monday	10th	January, 2022	1-3pm
Wednesday	12th	January, 2022	1-3pm
Friday	14th	January, 2022	1-3pm
Monday	17th	January, 2022	1-3pm
Wednesday	19th	January, 2022	1-3pm
Friday	21st	January, 2022	1-3pm
Monday	24th	January, 2022	1-3pm
<b>Wednesday</b>	<b>26th</b>	<b>January, 2022</b>	<b>CLOSED</b>
Friday	28th	January, 2022	1-3pm

## FREE PLAY HOLIDAY PROGRAMME

Tuesday	11th	January, 2022	1-3pm
Thursday	13th	January, 2022	1-3pm
Tuesday	18th	January, 2022	1-3pm
Thursday	20th	January, 2022	1-3pm
Tuesday	25th	January, 2022	1-3pm
Thursday	27th	January, 2022	1-3pm

**Xmas Holidays  
 2022**