



SACRED HEART PRIMARY SCHOOL

# Newsletter

Sacred Heart Primary School, Diamond Creek

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View the Newsletter online: <https://www.shdiamondcreek.catholic.edu.au/newsletters-forms/>

Newsletter No 5 Term 1

3 March 2022

Fr Steve's Homily:

Please click on Father Steve's image using this link to view last week's mass:

<http://www.pol.org.au/diamondcreek>

Dear Sacred Heart families and friends,

The first meeting of the School Advisory Council (SAC) for 2022 was held at 7.30 pm on Tuesday 1st March in the school staff room. It was great to see most of the members of last year's SAC putting their hand up to represent our community once again.

At the meeting we discussed:

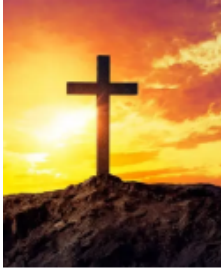
- the development of the Vision Statement for Sacred Heart school
- the progress of Stage 2 of our Refurbishment Program (administration, staff and learning support facilities)
- the establishment of a parent committee to prepare for celebrating the 60th anniversary of Sacred Heart Primary School
- the progress of our mini Working Bees and the decision to plan for some open-invitation Working Bees (the first one to be planned for early Term 2)
- school promotions with a promotional board, courtesy of Nillumbik Council and Morrison Kleeman Real Estate Agents being placed on the corner of Main Street and Collins Street advertising school tours at 10.30 am on Sunday 20th March, 27th March and 3rd April as well as by appointment. Flyers will also be placed in kinders and pre-school venues. If you are able to help with placing these flyers in a local kinder or pre-school venue please contact the school office
- the school visit from Vicki Ward, State Legislative Assembly member for the electorate of Eltham, which now includes Diamond Creek. Vicki was very interested in our school and eager to support us in whatever ways that she could.

The membership of the SAC for 2022 is: Andrew Campbell (Chairperson), Libby Audley (Deputy Chairperson), Jamie Ross (Secretary), Maddie Jones, Ronan McIlroy and Colleen Hunter-Zwarts. Maree Madden has indicated that she is unable to commit to the SAC this year, we thank Maree for all her contributions to the work of the SAC over the years and her passion for the Sacred Heart community. We have a number of vacancies this year so if you are interested in joining the Council or finding out more about the Board, please contact either Gina Murphy or Jim O'Sullivan.

Kind regards

Jim O'Sullivan  
Principal

Gina Murphy  
Deputy Principal



SACRED HEART PRIMARY SCHOOL

## Catholic Identity

### Enhancing Catholic School Identity (ECSI) Survey

Earlier this week each school family received an invitation to participate in the Enhancing Catholic School Identity (ECSI) Survey which will assist us in better understanding how our Catholic identity is expressed in work and practice here at Sacred Heart.

The ECSI Survey is a key element of the process of understanding our current Catholic identity and where the school community might like to see itself in the future as a Catholic school and we request your participation. The online survey gathers responses from students in Years 5 and 6, all staff and a representative sample of parents.

You are asked to complete the survey online; it may take up to an hour to do so. Try not to get caught up in the questions or the language being used, simply respond intuitively. There are four individual surveys in the adult survey, providing you with the opportunity to take a break and re-refresh. Keeping a record of your individual user code and password will allow you to complete the survey over two or more sessions.

The survey is open until the end of this term but I would encourage you to attempt to complete it as soon as possible to avoid other 'life' matters getting in the way.

The survey is only available through the project website; please refer to the *Instructions for Survey Completion for Parents*. Your responses to this survey are guaranteed to be kept anonymous.

If you have any questions, please contact me.

Jim O'Sullivan

### Ash Wednesday/Lent

Yesterday, we celebrated the start of the church season of Lent with our whole school mass for Ash Wednesday. Lent is focussed on preparing us for the celebration of Easter.

At the end of the Mass I congratulated all of our students for the way that they had participated in the mass, listening to Fr. Steve's homily, participating in the sprinkling of the Ashes on their heads (a COVID-safe change on the traditional practice of placing a cross on their forehead with ashes) and generally being respectful and reverent.

This week our Mini Vinnies group will speak at Assembly about Project Compassion, the Mini Vinnies will write about Project Compassion in next week's newsletter.



SACRED HEART PRIMARY SCHOOL

## General News

### Ride2School:

We will again be participating in the Ride2School Day on Friday 25 March. We encourage children to use active transport to get to school on this day. This may be riding a bike, a scooter or a skateboard, or even walking some of the way to school if riding skills are not developed enough yet. National Ride2School Day is the perfect opportunity to kick-start new healthy habits and promote the many benefits of active travel. We

encourage all students and their families to leave the car at home and give riding, walking, scooting or skating to school a go, even if it is part of the way.

**National Day of Action against Bullying & Violence:**

Friday, 18th March is National Day of Action Against Bullying and Violence. There are many great websites that have lots of information and activities relating to bullying – how to recognise bullying and what to do if you are being bullied. There are many resources where a number of famous young people talk about the devastating effects of bullying. In previous years there has been the message, 'Speak... even if your voice shakes.' We encourage you to always speak up if you, or someone you know is being bullied. As the famous proverb goes, '.. a problem shared is a problem halved.'



**Mini Working Bees:**

We are in need of more people to help out with maintaining our school grounds. This primarily involves weeding garden beds, trimming areas where the grass has become overgrown (such as around the log fort), etc.

The link to the Working Bee document is:

<https://docs.google.com/spreadsheets/d/1Og1M5O9arSVDdvLpaeaVSHzjMKvht0Jw2sK3eskN0vw/edit?usp=sharing>

**KABOOM Twilight Family Carnival:**

Last Thursday was our annual Twilight Sports. KABOOM once again did an amazing job involving the students in a fun action packed evening. A special thank you to the Parents Association and their support crew on feeding the families. It is so great to see the volunteers and support of each other on both this night and Pancake Tuesday. It is a real showcase of the community effort and support at Sacred Heart.

**Shrove/Pancake Tuesday:**

Thank you to the Parents Association and the many parents for your support in providing pancakes to the students on Tuesday.

**Loyola College Year 11 Christian Community Service:**

Next week we welcome five students from Loyola College who will be spending the week at Sacred Heart Primary School completing their Christian Community service.

**Advertising Board & Support with Promotion in the local kinders :**

Next week the school will have a promotional board, courtesy of Nillumbik Council and Morrison Kleeman Real Estate Agents. This board will be placed on the corner of Main Street and Collins Street advertising school tours at 10.30 am on Sunday 20th March, 27th March and 3rd April as well as by appointment. Flyers will also be placed in kinders and pre-school venues. **If you are able to help with placing these flyers in a local kinder or pre-school venue please contact the school office.**

**Parents Association Meeting:**

The next Parents Association Meeting will be held on Monday 7th March at 7.30pm in the Staff Room.

**Interschool Sport:**

Interschool Sport will be played at our home grounds this week against Apollo Parks Primary School.

**Secondary School Applications:**

Reminder to families of Year 5 students wishing to attend Catholic Secondary Schools, open days are currently happening and applications for 2024 close 19 August 2022. Year 6 students looking at applying for Government Schools information will be sent home early Term 2 via your child but I encourage families to start attending open days in the meantime.

**Clean Up Australia Day:**

As part of Clean Up Australia Day, on Friday our students will be involved in the cleanup of the school grounds.

**International Women's Day:**

Tuesday 8 March is International Women's Day, which this year has the theme '#Break the Bias'. The theme asks us to consider how COVID-19 has impacted women and girls, and amplified the inequalities they continue to face. It reminds us that a more equal world post-COVID-19 requires removing the cultural, socioeconomic and political barriers that women face to accessing leadership roles. We encourage you to use this International Women's Day to reflect on how we can promote access to leadership opportunities for women and girls of all ages to ensure our schools are places in which everyone feels welcomed, valued and supported.



SACRED HEART PRIMARY SCHOOL

Wellbeing

One element of our Wellbeing Program is a partnership with The Resilience Project. This is a social emotional learning program designed to develop resilience, nurture mental health & foster a culture of kindness at the school.

An important ingredient in the wellbeing of your child/ren is the partnership we share with you in this regard.

To ensure that parents/guardians can be armed with the skills, strategies and mindset to support their child/ren's wellbeing, The Resilience Project is offering an online information evening for parents/guardians with Martin Heppell on Wednesday **23rd March, 6.30pm-8.00pm (90 minutes)**. During this presentation, Martin will share his experiences and combine them with practical strategies that can be implemented everyday to improve our overall well being.

**Parents will need to register using the following registration link:**

[https://us02web.zoom.us/webinar/register/WN\\_gNTFI0MqTz2uy3yZEkFHdw](https://us02web.zoom.us/webinar/register/WN_gNTFI0MqTz2uy3yZEkFHdw)

Once you have registered, you will receive a link to attend the webinar, along with a reminder the day prior.

I hope you are able to attend the evening and as always, we will continue to work together in support of your child/ren's wellbeing.



# Parent & Community Presentation

**At The Resilience Project, our mission is to teach positive mental health strategies to help people build happiness and resilience.**

**Some of the mental health statistics in our country are startling. Looking after our mental health doesn't have to be.**

We are especially committed to delivering programs in primary and secondary schools. These settings have the greatest opportunity to instil positive wellbeing habits in our youth, and rewrite the confronting mental health statistics.



**One in four adolescents will experience mental health problems** this year and nearly two thirds of them will not seek help.



Alarming, **one in seven** primary school students are also likely to experience mental health problems this year.



Through engaging presentations, student curriculum, teacher resources and digital content, our School Program supports mental health not just in the classroom, but also in the family home.

During our Parent & Community Presentation, Hugh van Cuylenburg or Martin Heppell will share their experiences and combine them with practical strategies that can be implemented every day to improve our overall wellbeing.

The research is clear; the more positive emotion you experience, the more resilient you will be. For that reason we focus on three key pillars that have been proven to cultivate positive emotion; **Gratitude, Empathy and Mindfulness (GEM)**.

## Key Takeaways

As parents and carers, we know you want to show up for your kids, support their mental health, and encourage them to be the best they can be. An important part of showing up for our children, however, is first showing up for ourselves.

**Our Parent & Carer Presentation will help you...**

- **Equip yourself with simple, practical tools** to look after your own wellbeing.
- **Be informed** of the confronting mental health statistics in our country, and **understand why prevention is the key** to changing this narrative (especially for our children).
- **Learn about GEM (Gratitude, Empathy & Mindfulness)** - the evidence-based principles your kids' are living and breathing at school to feel happier and build resilience.
- **Feel confident** in holding positive wellbeing discussions with your family.

## INSIGHTS

### Helping kids build lasting happiness



When asked “what do you want most for your kids in life?” most parents answer “to be happy”. While much of what has influenced kids’ mental health and happiness in recent years is outside the realm of influence, their long-term happiness is something you can cultivate by implementing and teaching happiness habits and practices. Following is an important selection of these represented them by the acronym FLOURISH.

#### Flow

Flow is the experience where kids lose all sense of time. When in flow they’re beautifully engaged in their activity, an experience often described as being ‘in the zone’. If flow is to be experienced, children and young people need to have an appropriate level of skill to rise to the challenge at hand. When the balance is just right flow feels wonderfully satisfying and produces happiness.

#### Laughter and play

Laughter makes kids happier while at the same time helps them breathe more deeply, calming their nervous system and reducing stress. Research shows that the number of times kids laugh each day reduces as they get older. The same applies to play. You can change that by creating ample opportunities for both. Games like Pictionary and Pie Face tick both boxes!

#### Optimism

Optimistic thinking can be taught and has been shown to reduce the likelihood of depression. A great strategy to teach kids relates to 3 Ps- personal, pervasiveness and permanence. When things go wrong help your kids to understand that what happened is not personal, pervasive (a tendency to spread) or permanent.

#### Unite for family meals

This is a game changer! More family meals together equate to better grades, fewer depressive symptoms, less adolescent smoking and less drinking of alcohol among kids. Family meals also bring families closer, strengthening relationships which are at the heart of lifelong happiness.

#### Relationships

Having more friends and good relationships is a strong predictor of happiness in childhood and beyond. You can help boost your kids’ social networks by opening your home to their friends and encouraging your kids to spend time with friends from a variety of social circles. Connecting in-person and online helps bolster kids’ friendships.



## Intensive exercise

Kids need at least an hour a day of exercise, preferably outside and including high intensity fun. Exercise promotes the production of 'feel-good' chemicals which boost happiness and helps reduce the stress response. Help your kids make connections between the activity they do and how good they feel during and afterwards to encourage exercise for life.

## Self-regulation

Kids' ability to self-regulate is an important piece of the happiness puzzle. Their ability to delay gratification predicts their ability to cope better with frustration and stress. Help your kids build self-regulation skills in a variety of life domains including eating and drinking, sleep, play, screen-time, homework and catching up with friends.

## Helping others

Being kind makes kids happy and you can nurture kindness in your kids through what you do. Genuine compliments, handwritten notes of thanks, saying good morning to a stranger or even picking up litter are all acts of kindness you can role model. Kids are said to close their ears to advice but open their eyes to example.

It's comforting to know that there is a lot you can do to promote a sense of happiness in children and young people. The FLOURISH acronym is a reminder of a powerful framework you can use to boost your kids' wellbeing and content over the long-term.

## Dr Jodi Richardson presents: Building lasting happiness in children

Our school has a membership with Parenting Ideas. As part of this membership, you can attend the upcoming webinar 'Building lasting happiness in children' at no cost.

**About:** In this webinar, Dr Jodi Richardson explains how lifelong happiness stems from how we think and what we do, rather than from what we have.

**When:** Wednesday 23 March 2022 8:00pm AEDT

**To redeem** 1. Click this link: <https://www.parentingideas.com.au/parent-resources/parent-webinars/webinar-building-lasting-happiness-in-children>

2. Click 'Add to cart'

3. Click 'View cart'

4. Enter the coupon code HAPPY and click 'Apply Coupon' Your discount of \$39 will be applied.

5. Click 'Proceed to checkout'

6. Fill in your account details including our school's name to verify your eligibility. These are the details you will use to login to your account and access your webinar and resources

7. Click 'Place Order'

This offer is valid until 23 June 2022. If you're unable to make the broadcast time, just register anyway and you will get access to the recording.



### Dr Jodi Richardson

Dr Jodi Richardson helps people to reduce their anxiety, strengthen their wellbeing, live by their personal values and achieve resilience and lasting happiness. Her research-based advice is grounded in a career of extensive university studies, clinical practice, education and endless compassion. Jodi is the co-author of the highly acclaimed book *Anxious Kids*. Her latest release is *Anxious Mums: How mums can turn their anxiety into strength*. For further details visit [www.drjodirichardson.com.au](http://www.drjodirichardson.com.au)

# Webinars for parents in 2022

We have a membership with Parenting Ideas, one of Australia's most trusted sources of parenting education and support. As part of this membership, all the parents and carers in our community can attend helpful, informative and enjoyable parenting webinars at no cost. Enjoy this exclusive benefit by redeeming online today.



Watch from any device, any location



See the experts as they speak



Catch up recordings available

**Valued at  
\$39 per webinar**



## Redeem your webinars – it's easy

To redeem your webinar vouchers, visit

<https://www.parentingideas.com.au/parent-resources/parent-webinars/>

Choose the webinar you would like by clicking 'add to cart'. At the checkout, add the voucher code for the webinar. Enter your organisation's name to verify your eligibility. The \$39 discount will then be applied. If you're unable to make the broadcast time, just register anyway and you will get access to the recording. Webinars need to be redeemed individually before their expiry date, but you can register for as many as you like!



## Hear from parenting experts from the comfort of home



### Dr Jodi Richardson presents: Building lasting happiness in children

When you ask parents what they want for their kids, by far the most common reply is "I just want them to be happy". And though this desire goes hand-in-hand with such things as good health, an education and a safe place to call home, happiness is a really difficult area for parents to navigate or seek assistance with. Nobody denies the importance of happiness, but how many parents have ever been shown how to model and implement it? In this webinar, Dr Jodi Richardson explains how lifelong happiness stems from how we think and what we do, rather than from what we have.

Key learning and discussion points include:

- a new definition of happiness
- what stands in the way of happiness
- why the science says "more stuff" doesn't make us happier, and what to do instead
- the skills of happiness - quantifiable, helpful areas of output for parents to nurture in their children
- evidence-based strategies to increase happiness

WEBINAR DATE 23 MAR 2022, 8-9 PM AEDT COUPON CODE HAPPY COUPON EXPIRES 23 JUN 2022



### Dr Justin Coulson presents: Encouraging good behaviour

Discipline is one of the most confusing and challenging topics that parents grapple with. When you look up the word discipline in the dictionary the first definition is "punishment". But this is a relatively new way of understanding the word. Until a couple of hundred years ago, to be disciplined meant to be shown a way to follow. This webinar, presented by Dr Justin Coulson is for every parent who has ever been so desperate to get their kids to 'behave' that they've tried Triple P, Super-Nanny, 1-2-3 Magic, and pretty much everything else out there, and still found themselves stuck. It explores the concept of discipline and how parents can encourage good behaviour in children.

Key learning and discussion points include:

- why the centuries-old strategies we still cling to should be left in the past
- how we get discipline wrong and why
- real world examples of discipline that are as imperfect as parents and their kids, but that still work
- ideas for discipline that turn everything you thought you knew about the topic on its head
- applicable strategies for everyone

WEBINAR DATE 8 JUN 2022, 8-9 PM AEST COUPON CODE ENCOURAGE COUPON EXPIRES 8 SEP 2022



### Michael Grose presents: Changing parenting gears for the teenage years

Many parents discover that the approaches they successfully used when their children were young don't stand up during the turbulent teenage years. Well-intentioned advice receives eye rolls and groans. Previous approaches to discipline no longer work, and enjoyable conversations are replaced with conflict, or worse, silence. In this webinar, Michael Grose discusses the importance of changing parenting gears during the teenage years. He shares the critical shifts parents need to make when raising teenagers.

Key learning and discussion points include:

- why giving teenagers information to keep them safe doesn't work and what to do instead
- how to talk to teens about hard topics so that they take ideas on board
- how to support young people when they are experiencing friendship and other challenges
- why mistakes are an essential part of growing up and what parents can do to minimise harm
- the three stages of adolescence and the parenting approaches that each requires

WEBINAR DATE 31 AUG 2022, 8-9 PM AEST COUPON CODE TEENS COUPON EXPIRES 30 NOV 2022



### Michelle Mitchell presents: Handling tricky friendship days

Friendships can be complex, intense and filled with unpredictable ups and downs. Even though we might wish that our kids could "just get on with it", most need our active guidance to problem solve daily challenges. In this webinar, Michelle Mitchell offers a set of practical guiding principles to help empower children to handle tricky friendship days.

Key learning and discussion points include:

- a trusted adult's role in social-emotional education
- the importance of the tiny voice
- six guiding principles to help tweens navigate tricky friendship days
- how parents can help children with the gaps in their development
- tips for supporting extra sensitive kids

WEBINAR DATE 2 NOV 2022, 8-9 PM AEDT COUPON CODE FRIENDS COUPON EXPIRES 31 DEC 2022





# SACRED HEART PRIMARY SCHOOL

## *Student of the Week*

### Value = Empathy

Foundation

1/2 NS

1/2 PA

3/4 NJ

3/4 RM

5/6 JD

5/6 MR

PE

LOTE

STEM

Performing Arts

Visual Arts

Science

Millie Liddiard & Melanie Hoe

Madi Sinclair

Emily Lamb

Ayendha Fernando

Caitlin Waddington

Zara Campbell

Liam O'Reilly

Class 3/4 RM

Shaye Pearce

Eadie Perry-Turnley

Harley Chatfield

Matthew Brady-Diaz

Shaye Pearce & Leo Van Rooyen



Week 4 Students of the Week & Token Winners



# SACRED HEART PRIMARY SCHOOL

## Important Dates

### March

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<b>1</b> Shrove/ Pancake Tuesday  Division Swimming  SAC 7.30pm	<b>2</b> Ash Wednesday Mass 9.15am	<b>3</b>	<b>4</b> ISS v Apollo  Assembly 3pm	<b>5</b>	<b>6</b>
<b>7 WEEK 6 B</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
1/2 PA Learning Conversations  Parents Association 7.30pm	1/2 PA Learning Conversations			ISS v BYE  Assembly 3pm		
<b>14 WEEK 7 A</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
LABOUR DAY HOLIDAY	Harmony Week  Eucharist Faith Night 5.30pm & 7.00pm		St Patrick's Day	ISS v  National Day of Action against Bullying & Violence  Assembly 3pm		School Tours - 10.30 am
<b>21 WEEK 8 B</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
		TRP Parent Webinar		Ride2School Day  ISS v  Assembly 3pm		Sacrament of First Eucharist  School Tours - 10.30 am
<b>28 WEEK 9 A</b>	<b>29</b>	<b>30</b>	<b>31</b>			
	School Photos – The School Photographer					

### April

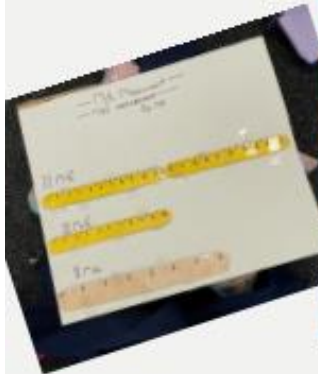
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				<b>1</b>	<b>2</b>	<b>3</b>
				ISS v  Assembly 3pm	First Eucharist	First Eucharist
<b>4 10 B</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
Parents Association 7.30pm	SAC 7.30pm			END OF TERM 1 2.30PM		





# SACRED HEART PRIMARY SCHOOL *Learning & Teaching*

## *This Week in STEM*



This week in STEM saw students in Years 3-6 imagining they had crash landed on a deserted island with only their pencilcase and whatever washed up on the beach with them. Wanting to build shelter with even heights, students task was to create a new measuring device



**DESIGN THINKING PROCESS**

Students have been reminded of the design thinking process and the reason why it is so useful in STEM activities.

Empathise  
Define  
Ideate  
Prototype  
Test





## Family Maths Challenge:

Please email your answers to Mrs Claudia Neale: [cneale@shdiamondcreek.catholic.edu.au](mailto:cneale@shdiamondcreek.catholic.edu.au)

### A Fun Family Maths Challenge #5:

#### Junior Challenge:

#### WHAT'S MY NUMBER?

62	73	20	53	78	39
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My number:

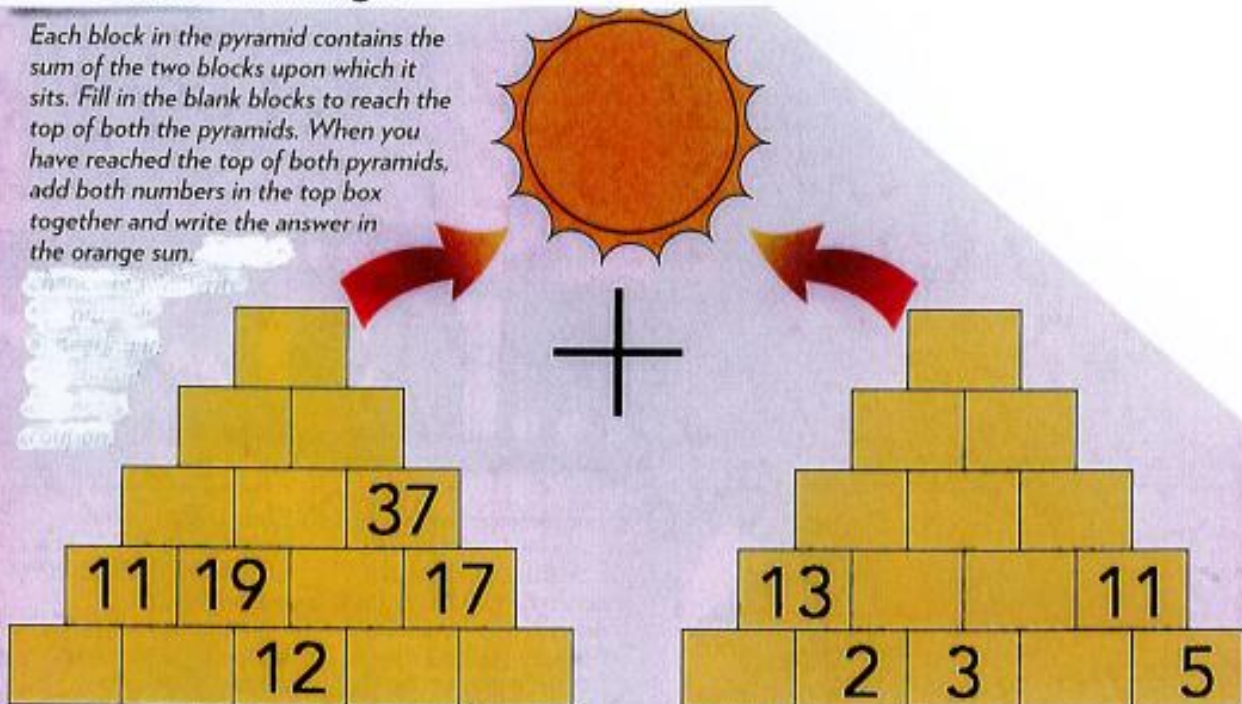
- is between 65 and 95
- is less than 75
- has a 3 in the ones place
- is more than 68.



1. My number is \_\_\_\_\_.

#### Senior Challenge:

Each block in the pyramid contains the sum of the two blocks upon which it sits. Fill in the blank blocks to reach the top of both the pyramids. When you have reached the top of both pyramids, add both numbers in the top box together and write the answer in the orange sun.



**WINNING ANSWER:**

## Fire Carriers:



### Did you know that Sacred Heart is a FIRE Carrier school?

(Friends Igniting Reconciliation through Education)

The story of FIRE Carriers began with a dream to bring Aboriginal culture, history and spirituality into the forefront of education in Catholic schools. It was important to teach the stories of the oldest living culture to our youngest generations to ensure the living truth, the dreams and hopes of our Indigenous people were heard. This would be a genuine pathway to reconciliation.

The fire spread and the initiative of the FIRE Carriers grew throughout Melbourne and parts of Victoria.

The FIRE Carrier Project is a joint initiative of the Aboriginal Catholic Ministry Victoria and the Opening the Doors Foundation with Melbourne Catholic Education. It seeks to keep the Reconciliation flame alight in schools, educating the wider community about Reconciliation.

Our FIRE Carriers are elected annually, in the same way as other school representatives. Students and teachers plan initiatives and events to educate and inform our school community about Reconciliation, our shared history and culture. These include Reconciliation Week, Sorry Day and NAIDOC week activities. In 2022 our FIREcarrier Leaders are **Charlie Rowley, Isla Brooks** and **Miaa Mitrovski**. Other students are also invited to join the group. Our FIREcarrier leaders also lead our students with the acknowledgement at assembly each morning.

### Our Reconciliation Covenant

We recognise the special place and culture of Aboriginal peoples within Australia. We acknowledge that Aboriginal peoples have been the caretakers of this Land for more than 60,000 years. We respect their spiritual connection to Mother Earth through the Dreaming.

Some upcoming important dates:

Monday 7th March	2000- Statement of Repentance by Australian Catholic Bishops	<a href="https://www.catholic.org.au/acbc-media/media-centre/media-releases-new/509-acbc-general-statements-2000-1/file">https://www.catholic.org.au/acbc-media/media-centre/media-releases-new/509-acbc-general-statements-2000-1/file</a> Page 17
Thursday 17th March	2006 - National Close the Gap Day	<a href="https://antar.org.au/campaigns/national-close-gap-day">https://antar.org.au/campaigns/national-close-gap-day</a>
Monday 21st March	International Day for the Elimination of Racial Discrimination (Harmony Day)	<a href="https://www.harmony.gov.au/">https://www.harmony.gov.au/</a>
Tuesday 5th April	1997 Bringing them Home Report Tabled	<a href="https://humanrights.gov.au/our-work/bringing-them-home-report-1997">https://humanrights.gov.au/our-work/bringing-them-home-report-1997</a>





VillageOSHC

## VILLAGEOSHC NEWSLETTER



### HAVE YOU PLANNED AHEAD FOR THE REMAINDER OF THE TERM?

With VillageOSHC you can book up to 24 hours in advance for the lowest fee and manage your bookings 24 hours a day! That means ultimate flexibility! If you need to cancel a booking, all you have to do is cancel 24 hours in advance, and you won't pay a fee!

Visit [villageOSHC.com.au](http://villageOSHC.com.au) to book!

#### SOME ACTIVITIES YOU MIGHT HAVE SEEN AROUND YOUR VILLAGEOSHC SERVICE!

- Creating Bird feeders
- Salt dough ornaments
- Game of Hot potato
- Oil pastel painting
- Animal face pancakes



VillageOSHC

[www.villageoshc.com.au](http://www.villageoshc.com.au) | [support@villageoshc.com.au](mailto:support@villageoshc.com.au)





## This Week @ Sacred Heart



### Shrove Tuesday

Thank you to the Parents Association and the many mums and grandmothers who came to cook a mountain of pancakes for our students on Shrove Tuesday

### Sacred Heart Netball Under 9s Team



Lily received player of the day for her courageous play.

Congratulations to the girls on scoring their first 2 goals the season!



# Kaboom Twilight Sports Carnival







SACRED HEART PRIMARY SCHOOL

# Community News

Coronavirus  
(Covid-19)

## Diamond Creek COVID-19 pop-up vaccination clinic

Friday 4 March, 2.30-6.30pm

Saturday 5 March, 9.30am-1.30pm

Diamond Creek Community Centre  
28 Main Hurstbridge Road, Diamond Creek

First, second and third doses.

Novavax and Pfizer available for adults.

Paediatric Pfizer available for children.

Walk-ins and bookings are accepted for all age groups.

Book online via <https://portal.cvms.vic.gov.au/>  
or by calling the Victorian Coronavirus Hotline on  
1800 675 398.

Proudly supported by






**OPEN DAY**  
Sunday 6 March



Bookings required  
Register at [whitefriars.vic.edu.au](http://whitefriars.vic.edu.au)  
156 Park Road Donvale Vic 3111 *Belong. Believe. Become.*

**LOYOLA COLLEGE**  
— CLASS OF 2021 —


UNIVERSITY OFFERS  
**96%**  
UNIVERSITY ENROLLED  
**79%**  
TAFE/VET ENROLLED  
**16%**  
EMPLOYMENT  
**5%**



**RITCHIES CARD WELCOME OFFER!**

**\$10**  
off your  
first shop\*

- 1 Join and activate your Ritchies Card or App. Visit a store within 14 days, spend \$100 or more in a single transaction and scan your Ritchies card or app.
- 2 Get \$10 off instantly. Valid for one transaction.



Download the Ritchies Card App and select the club, school or charity that you wish to support.

RITCHIES CARD    Download on the App Store    GET IT ON Google Play

\*Terms & Conditions apply. See [www.ritchies.com.au](http://www.ritchies.com.au) for details. Excludes Delivered and Tobacco. Photo Retrange, QR Cards, and items marked reduced to clear. Litter can be used to obtain the discount.



**Open Day**  
*Explore / Learn*  
Sunday, 27 March  
11am - 2pm  
*Register your attendance*  
[marcellin.vic.edu.au](http://marcellin.vic.edu.au)

Year 7 2024 Enrolments now open  
Close 19 August 2022



Any Loyalty customers who spend \$100 or more in a single transaction, in either the supermarket or liquor store (excl. tobacco, gift cards etc), will be entitled to receive a **Ritchies Friendliest Team Hessian bag** valued at \$4.99 during this promotion period.

This exciting promotion commences on Wednesday 23<sup>rd</sup> February and will run for 2 weeks in both Supermarket and Liquor



**RITCHIES CARD MEMBERS**  
Spend \$100\* in one transaction and get a  
**FREE** Ritchies The Friendliest Team Bag  
Valued at \$4.99!

Available for a short time only. While stocks last.  
\*Terms & Conditions apply. Available to Ritchies Card Members only. See [www.ritchies.com.au](http://www.ritchies.com.au) for details. Excludes cigarettes and tobacco, phone recharge, gift cards, and items marked reduced to clear. Litter can be used to obtain the discount.

SCAN TO DOWNLOAD THE RITCHIES CARD APP




Download on the App Store    GET IT ON Google Play



**Catholic Ladies' College**

**GIRLS CAN FLY.**

This complimentary 3 week after-school program is designed for girls in Years 5 to ignite their passion for the 'Girls Can Code' revolution.

The coolest intersection of STEM learning and fun. The students will get a taste of cutting-edge technology and learn about coding, problem-solving, engineering, design, and more! They will code their flight path and watch in wonder as their drone takes off, then navigate through an obstacle course designed by them.

**Get in quick! These programs book out extremely fast.**

**WEDNESDAY 2, 9, 16 MARCH**  
**4:00 - 5:15PM**  
**19 DIAMOND STREET, ELTHAM**  
**[WWW.TRYBOOKING.COM/BXROQ](http://WWW.TRYBOOKING.COM/BXROQ)**