



SACRED HEART PRIMARY SCHOOL

Newsletter

Sacred Heart Primary School, Diamond Creek

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View the Newsletter online: <https://www.shdiamondcreek.catholic.edu.au/newsletters-forms/>

Newsletter No 6 Term 1

10 March 2022

Fr Steve's Homily:

Please click on Father Steve's image using this link to view last week's mass:

<http://www.pol.org.au/diamondcreek>

Working together to build a learning community that embraces faith, diversity and personal growth.

Dear Sacred Heart families and friends,

The season of Lent is a time of **change**, of **preparation** and of **renewal**. It is a time to focus on new beginnings and new life. A time to reflect on how we can become better people, to deepen our relationship with God and a time to grow out of our selfish ways, and to become more caring and thoughtful towards each other.

We love what Pope Francis had to say at the Ash Wednesday Mass he celebrated in Rome a few years ago. He said: "*Lent is meant to wake up Christians and help them see that God can give them the strength to change their lives and their surroundings.*"

He also talked about Lent as a time to begin again: "*...it is possible to realise something new within ourselves and around us simply because God is faithful, he continues to be rich in goodness and mercy, and he is always ready to forgive us and start all over.*"

What a liberating idea. To start over, to begin again. I'm sure all of us at times wish that we could start over. Lent gives us the opportunity to start over with God. We know that through his unconditional love of each one of us it is possible to start again with a clean slate. Perhaps too we could apply this idea to those around us. Wouldn't it be great if we could all start over in terms of our relationships with those in our lives whom we always seem to be in conflict with? How much of a burden could be lifted from our shoulders if we could forget about past issues we have had with others and move forward to a more positive future? It is possible through forgiveness and reconciliation.

So perhaps we can take this more positive and mature view of what Lent is about and bring a little peace to our own lives and others. Certainly, Lent is a time for fasting, for *giving up*, but it is also a time to reconcile ourselves with others and with God.

Lent also provides us with some practical advice on how we might go about achieving this lofty aim. **Prayer**, **Fasting** and **Almsgiving** are traditionally three ways that we can prepare ourselves for the death and resurrection of Jesus at Easter. Recently, our great Pope Francis provided a simple yet powerful understanding of the value and meaning of each of these actions.

Pope Francis calls the Lenten practices of prayer, almsgiving, and fasting a "soothing remedy". **Prayer** allows us to eradicate "secret lies" and "self-deception," and we find "the consolation God offers," he says. **Almsgiving** frees us from greed; it helps us regard others as brothers and sisters. "How I would like almsgiving

to become a genuine style of life for each of us!" he says. **Fasting** "weakens our tendency to violence" reviving "our desire to obey God," who alone can satisfy our hunger.

Perhaps this Lent each of us could take the time to practice each of these virtues in our own way. In doing so we might make our part of the world a better place and perhaps even come a bit closer to God.

Caritas Australia – Project Compassion

Caritas Australia is a Catholic outreach and social justice organisation which is committed to working alongside the most vulnerable and addressing the imbalance of power by including the people affected in the decisions impacting their lives.

Each year during Lent, Caritas Australia holds its appeal – **Project Compassion** in line with our Lenten practice of Almsgiving. I encourage you to reflect on how you may be able to support the vital work of Caritas in support of those in greatest need in our world.

Kind regards
Jim O'Sullivan
Principal

Gina Murphy
Deputy Principal



Vale Fr. Owen Doyle

Fr. Owen Doyle has been a resident at St. Thomas' Retirement Village next to St. Thomas parish site since he retired from priestly ministry in the Diocese of Sandhurst in September 2013 at the age of 89. In these last almost 8 years he has celebrated or concelebrated Mass with one of the priests most weekdays and one of the weekend Masses. He has been a wonderful inspiration to us as priests in our Deanery and parishioners for the continued vitality of his mind, his prayerfulness, great sense of humour and generosity of heart. After a few months struggling with a broken neck and later, hip, he died peacefully surrounded by his loving family on Monday 7th of March at the age of 97 at Justin Villa, the priests' retirement home where he went after his hospitalisation.

Fr. Owen lived a remarkably full life. He grew up on the family farm in Quambatook; studied to be a teacher and enlisted into the RAAF during World War II. After the War he continued his studies for teaching and then married Margot in 1949. During their married life they had 9 children. They moved to Watsonia in 1958 and became actively involved in many aspects of St. Mary's parish life, and during this time Owen continued teaching in Government High Schools. Sadly, Margot died in 1982 after a long battle with cancer. It was later, as Deputy Principal at Heidelberg High that as a 58 year old widower with just two years before his retirement that he seriously contemplated how he would spend the rest of his life with his children leaving home and setting up their own lives and families. So, in 1985 he entered the seminary to train for the priesthood. He was ordained at St. Mary's, Greensborough in 1988 for the Bendigo (Sandhurst) Diocese. He served in Beechworth, Numurkah, St. Kilian's Bendigo and finally as parish priest of Rushworth where he ministered till his retirement from active ministry. He has celebrated the weddings and baptisms of numerous grandchildren and great grandchildren, the latest only a few weeks ago.

Certainly Owen's was a very full, active and generous life. I will miss him as one who has become my friend. His Funeral is scheduled for Thursday March 17th in the parish where he spent much of his life as a husband and father and where he was ordained a priest – St. Mary's Greensborough. May he rest in peace, united to his beloved wife, Margot, and the numerous people he has loved and have gone before him.

Fr. Steven Rigo

<https://www.sandhurst.catholic.org.au/item/2112-fr-owen-doyle-rip-30-may-1924-7-march-2022>

Enhancing Catholic School Identity (ECSI) survey:

The ECSI Survey is a key element of the process of understanding our current Catholic identity and where the school community might like to see itself in the future as a Catholic school and we request your participation. The online survey gathers responses from students in Years 5 and 6, all staff and a representative sample of parents.

You have been asked to complete the survey online; it may take up to an hour to do so. Try not to get caught up in the questions or the language being used, simply respond intuitively. There are four individual surveys in the adult survey, providing you with the opportunity to take a break and re-fresh. Keeping a record of your individual user code and password will allow you to complete the survey over two or more sessions.

The survey is open until the end of this term but I would encourage you to attempt to complete it as soon as possible to avoid other 'life' matters getting in the way.



Easter Bonnet Parade:

We will be holding our annual Easter Bonnet Parade again this year on Friday 8 April. Students are asked to make a bonnet for this day and bring it to school to parade in the courtyard to celebrate Easter. If you are unable to make this at home the students will be given the opportunity to make a bonnet at school in the lunch breaks. Suzie Collins will share more information in regards to this closer to the time. Parents are invited to attend this event.

St Patrick's Day:

On Thursday 17 March we encourage students to wear a touch of green with their school uniform to acknowledge St Patrick's Day. Bring out your green! St. Patrick's Day is packed with parades, good luck charms, and all things green. The event started as a religious holiday, but over time it's become a celebration of Irish culture.



St. Patrick might be the patron saint of Ireland—but he didn't always *live* in Ireland. Patrick was born in Britain in the fourth century and didn't arrive in Ireland until he was 16 years old, when he was sent to work in the country.

After he arrived, Patrick became interested in Christianity and started teaching others about the religion. He is said to have converted many of the country's residents to Christians, and now St. Patrick's Day is celebrated on the day Patrick supposedly died.

Ride2School:

We will again be participating in the Ride2School Day on Friday 25 March. We encourage children to use active transport to get to school on this day. This may be riding a bike, a scooter or a skateboard, or even walking some of the way to school if riding skills are not developed enough yet. National Ride2School Day is the perfect opportunity to kick-start new healthy habits and promote the many benefits of active travel. We

encourage all students and their families to leave the car at home and give riding, walking, scooting or skating to school a go, even if it is part of the way.



National Day of Action against Bullying and Violence:

On Friday 18 March 2022, Sacred Heart will participate in the National Day of Action against Bullying and Violence (NDA). The NDA is Australia's key bullying prevention initiative, connecting schools and communities to find workable solutions to prevent bullying.

The theme for the 2022 NDA is Kindness Culture. Sacred Heart will demonstrate Kindness Culture by promoting inclusiveness, respect and community belonging for all students.

Planning for a safe and supportive school community requires a whole-school community approach. Whole-school responses to bullying prevention build positive and supportive school environments by incorporating strategies for intervention at all levels, inclusive of students, teachers, parents and carers. Three key characteristics outlined in the national definition of bullying distinguish bullying behaviours from other forms of peer aggression behaviours which do not constitute bullying. The key characteristics of bullying include:

1. power imbalance
2. deliberate intent to cause harm, and
3. ongoing and repeated behaviour.

While the following behaviours of peer aggression do not constitute bullying, these behaviours may still be serious and require intervention at home and at school:

- arguments and disagreements (where there is no power imbalance)
- single acts of social rejection or meanness, or
- isolated incidents of aggression, intimidation or violence.

It is important for our entire school community, including our staff, parents, carers and students to have a clear understanding of the definition of bullying to be able to distinguish these behaviours from peer aggression, and correctly identify and respond to incidents of bullying.

The full national definition can be read [here](#).

Knowing the [types of bullying behaviour](#) can also help you identify if the incident is bullying, or peer aggression. While neither of these behaviours are tolerated at Sacred Heart, they do require different management strategies, and the first step for responding is to correctly identify the behaviour.

For more information, please visit the [Bullying. No Way!](#) website for additional resources.

The Parents Association will provide each student with an orange ribbon. The colour orange represents the need to unite for kindness, acceptance, and inclusion to prevent students being bullied.

Mini Working Bees:

The link to the Working Bee document is:

<https://docs.google.com/spreadsheets/d/1Og1M5O9arSVDdvLpaeaVSHzjMKvht0Jw2sK3eskN0vw/edit?usp=sharing>

Advertising Board & Support with Promotion in the local kinders :

Next week the school will have a promotional board, courtesy of Nillumbik Council and Morrison Kleeman Real Estate Agents. This board will be placed on the corner of Main Street and Collins Street advertising school tours at 10.30 am on Sunday 20th March, 27th March and 3rd April as well as by appointment. Flyers will also be placed in kinders and pre-school venues. **If you are able to help with placing these flyers in a local kinder or pre-school venue please contact the school office.**

Secondary School Applications:

Reminder to families of Year 5 students wishing to attend Catholic Secondary Schools, open days are currently happening and applications for 2024 close 19 August 2022. Year 6 students looking at applying for Government Schools information will be sent home early Term 2 via your child but I encourage families to start attending open days in the meantime.

International Women's Day:

Tuesday was International Women's Day, which this year has the theme '#Break the Bias'. The theme asks us to consider how COVID-19 has impacted women and girls, and amplified the inequalities they continue to face. It reminds us that a more equal world post-COVID-19 requires removing the cultural, socioeconomic and political barriers that women face to accessing leadership roles. We encourage you to use this International Women's Day to reflect on how we can promote access to leadership opportunities for women and girls of all ages to ensure our schools are places in which everyone feels welcomed, valued and supported.

2022 CSEF – Camps, Sports & Excursions Fund:

The Camps, Sports and Excursions Fund (CSEF) provides payments for eligible students to attend activities like school camps or trips, swimming and school-organised sport programs, outdoor education programs and excursions and incursions.



Who can apply?

Families holding a valid means-tested concession card or temporary foster parents are eligible to apply. A Special Consideration category also exists.

Payment amounts

Payments amounts for 2022 are:

- \$125 per year for eligible primary school students

Payments are made directly to the school and are tied to the student.

If you have received the CSEF previously, please forward a copy of your Concession Card to school. New applicants can download the form or collect one from the office:

[Camps, Sports and Excursions Fund application form \(pdf - 441.28kb\)](#)



SACRED HEART PRIMARY SCHOOL

Wellbeing

One element of our Wellbeing Program is a partnership with The Resilience Project. This is a social emotional learning program designed to develop resilience, nurture mental health & foster a culture of kindness at the school.

An important ingredient in the wellbeing of your child/ren is the partnership we share with you in this regard. To ensure that parents/guardians can be armed with the skills, strategies and mindset to support their child/ren's well being, The Resilience Project is offering an online information evening for parents/guardians with Martin Heppell on Wednesday **23rd March, 6.30pm-8.00pm (90 minutes)**. During this presentation,

Martin will share his experiences and combine them with practical strategies that can be implemented everyday to improve our overall well being.

Parents will need to register using the following registration link:

https://us02web.zoom.us/webinar/register/WN_gNTFI0MqTz2uy3yZEkFHdw

Once you have registered, you will receive a link to attend the webinar, along with a reminder the day prior.

I hope you are able to attend the evening and as always, we will continue to work together in support of your child/ren's wellbeing.



Parent & Community Presentation

At The Resilience Project, our mission is to teach positive mental health strategies to help people build happiness and resilience.

Some of the mental health statistics in our country are startling. Looking after our mental health doesn't have to be.

We are especially committed to delivering programs in primary and secondary schools. These settings have the greatest opportunity to instil positive wellbeing habits in our youth, and rewrite the confronting mental health statistics.

One in four adolescents will experience mental health problems this year and nearly two thirds of them will not seek help.

Alarming, **one in seven** primary school students are also likely to experience mental health problems this year.



Through engaging presentations, student curriculum, teacher resources and digital content, our School Program supports mental health not just in the classroom, but also in the family home.

During our Parent & Community Presentation, Hugh van Cuylenburg or Martin Heppell will share their experiences and combine them with practical strategies that can be implemented every day to improve our overall wellbeing.

The research is clear; the more positive emotion you experience, the more resilient you will be. For that reason we focus on three key pillars that have been proven to cultivate positive emotion; **Gratitude, Empathy and Mindfulness (GEM)**.

Key Takeaways

As parents and carers, we know you want to show up for your kids, support their mental health, and encourage them to be the best they can be. An important part of showing up for our children, however, is first showing up for ourselves.

Our Parent & Carer Presentation will help you...

- **Equip yourself with simple, practical tools** to look after your own wellbeing.
- **Be informed** of the confronting mental health statistics in our country, and **understand why prevention is the key** to changing this narrative (especially for our children).
- **Learn about GEM (Gratitude, Empathy & Mindfulness)** - the evidence-based principles your kids' are living and breathing at school to feel happier and build resilience.
- **Feel confident** in holding positive wellbeing discussions with your family.

MAKING CONNECTIONS & SUPPORTING YOUR CHILDREN

Building your relationships and connections with your children is key to helping them **feel loved, safe and secure**. Feeling genuine connection also has many **positive impacts on our mental health**, some benefits include:

HELP DECREASE CHANCES OF ANXIETY & DEPRESSION

GIVES US PURPOSE

HELPS DEVELOP GREATER EMPATHY

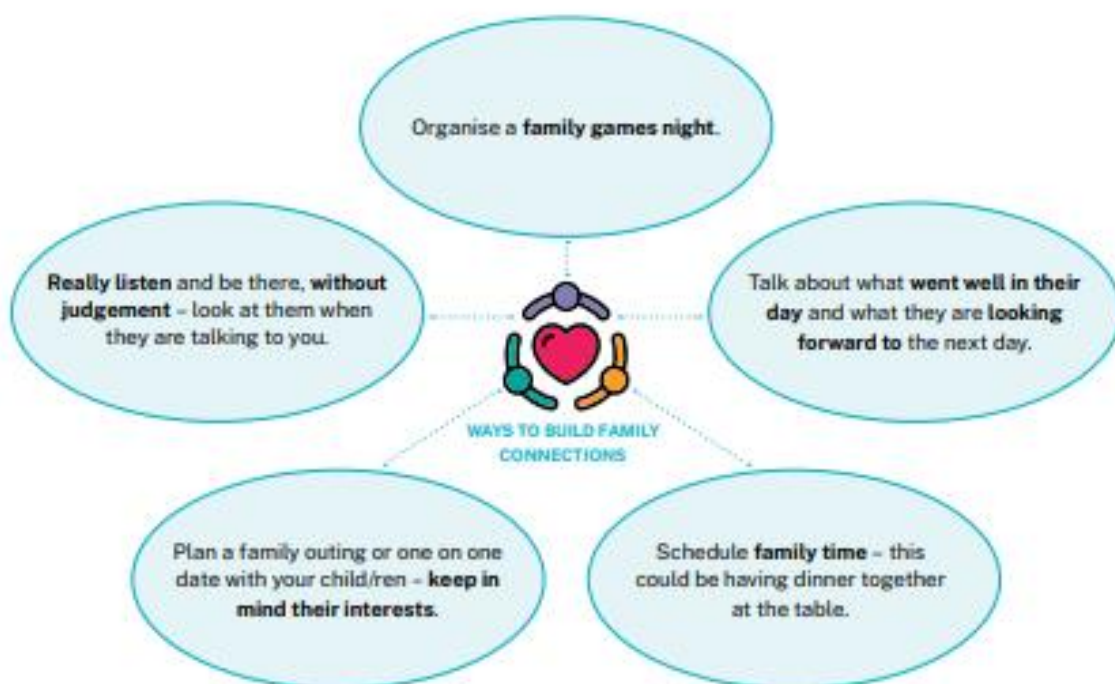
SENSE OF BELONGING

FEELING SUPPORTED

BUILDS TEAMWORK AND COOPERATION

ENHANCED HAPPINESS

INCREASES SELF ESTEEM



For more information on how to **build meaningful connections and support your children** click on the links below.



TRP's **Lael Stone** talks about **Connected Parenting**

[READ ARTICLE](#)



Teenagers talking about relationships with parents from **raisingchildren.net.au**

[WATCH VIDEO](#)



raisingchildren.net.au talks about building positive relationships for parents and children.

[READ ARTICLE](#)

INSIGHTS

Explaining scary world events to our children



Almost exactly two years ago our world changed in incomprehensible ways. It was supposed to be a couple of weeks. A month at most. We just had to isolate at home. Flatten the curve. Protect the vulnerable.

It meant working from home unless we were essential workers. It also meant school was at home. But it was an adventure. A reset. A chance to change things up and focus on what matters most; to help make a difference for our communities.

But despite a few bright patches where it really was good and our hope was high, it was also often bad. Our two most populous states endured the world's longest lockdowns. The borders stayed closed keeping loved ones separated.

It was a year of stuttering Zoom calls and classes, quarantine, mask mandates, vaccinations, protests, and for many parents and families, hellish challenges to balance all that family, work, and government restrictions required.

As 2022 commenced, QLD held students back from school for two extra weeks to encourage vaccinations. NSW and VIC required all students to be tested for COVID using at-home testing kits twice per week. It felt like COVID parenting was about to become more overwhelming than we could manage.

Now, barely into March, our lives are bombarded with stories – and for some, the reality – of flood waters inundating homes and lives being lost. And a conflict in Eastern Europe that many fear will become a war has begun.

It's enough to leave parents reeling. Except that many parents are already stressed out, burned out, and tired out. Parents have done all they can to hold things together. The difficulty – the unfairness of it all – is that we must keep on keeping on. Our children are relying on us.

What our children need right now

Our children *need* the world to feel safe and secure. The more they feel this, the more they can explore life with confidence, look to the future with hope, and find a meaningful way forward. And whether we are feeling it or not, it's up to us to provide them that safety and security. If not, the unpredictable nature of life can consume them with anxiety, fear, apprehension, and worry.

More information is *not* reassuring

Ever notice that getting more information does not reduce your worries and fears? Scrolling your news feeds doesn't offer reassurance. It's the same with your children. They don't need lots of information. They need to feel safe. And what we do makes a difference.

Kids are anxious. Here are 5 ways to help

Tune out media

Social media algorithms are designed to push more and more of what we see in our direction. The more you and your children watch these events occur online, the more they'll appear. Keep bad news away from your children – especially younger children – as much as possible.

Remember that emotions are contagious

If you are feeling emotional or overwhelmed, your child will sense it – and catch it. Taking a deep breath, and keeping level and stable will help you respond gently and patiently to your child.

If it's mentionable, it's manageable

Rather than asking your child "Are you ok?", say what you see. "Gee, you look pretty worried about things. What's on your mind?" Perhaps you could say, "I noticed you were pretty affected by that horrible news. It's hard to hear isn't it."

Side by side conversations

Rather than sitting face-to-face, talk with your children about their questions and concerns while side-by-side. Perhaps it's a car ride, beside their bed at night, or while you're doing an activity together. Side-by-side conversations feel less threatening.

Don't turn on the fire hose

When someone is thirsty, we don't put their face in front of the fire hose. We give them a glass of water. It's the same with our kids. Most of the time they don't want to (or can't) understand the magnitude of the bad news or even why it happened (if there's a reason at all). When you answer their questions, keep it simple, invite more questions, and answer the best you can. Kindness and gentle reassurance that you "get it" is typically enough.

In closing

Most of the time the world is a fabulous, beautiful place, but scary things happen from time to time. When they do, remind your child that this is unusual which is why it's in the news. As Rebecca Solnit eloquently described in her book, *A Paradise Built in Hell*, "Horrible in itself, disaster is sometimes a door back into paradise, the paradise at least in which we are who we hope to be, do the work we desire, and are each our sister's and brother's keeper."

As this latest bad news strikes, let's notice that there are usually more people moving towards the disaster areas to help than there are leaving it due to stress and duress. Let's see the good, be part of it, and give our children hope for a better world.



Dr Justin Coulson

Dr Justin Coulson helps families be happier. His Goalcast and TEDx positive parenting videos have been viewed by more than 80 million people. He is the author of 6 parenting books and the cohost and parenting expert on Channel 9's Parental Guidance. He hosts Australia's #1 podcast for parents: Dr Justin Coulson's Happy Families. Justin and his wife, Kylie, are the parents of 6 daughters.

Free Webinar for Parents:

Our school has a membership with Parenting Ideas, one of Australia's most trusted sources of parenting education and support. As part of this membership, all the parents in this school community can attend some fantastic webinars in 2022 at no cost. We're pleased to let you know about an upcoming webinar.

Building lasting happiness in children

When you ask parents what they want for their kids, by far the most common reply is "I just want them to be happy". And though this desire goes hand-in-hand with such things as good health, an education and a safe place to call home, happiness is a really difficult area for parents to navigate or seek assistance with. Nobody denies the importance of happiness, but how many parents have ever been shown how to model and implement it?

In this webinar, Dr Jodi Richardson explains how lifelong happiness stems from how we think and what we do, rather than from what we have.

Key learning and discussion points include:

- A new definition of happiness
- What stands in the way of happiness
- Why the science says "more stuff" doesn't make us happier, and what to do instead
- The skills of happiness - quantifiable, helpful areas of output for parents to nurture in their children
- Evidence-based strategies to increase happiness

Presented by

Dr Jodi Richardson

Anxiety and wellbeing speaker, author, educator

Video overview

Click this link to view the video overview: <https://vimeo.com/678464264>

When

Wednesday 23 March 2022 at 8:00 PM AEDT

Redeem your webinar now - it's easy

- Click this link: <https://www.parentingideas.com.au/parent-resources/parent-webinars/webinar-building-lasting-happiness-in-children>
- Click 'Add to cart'
- Click 'View cart'
- Enter the coupon code HAPPY
- Click 'Apply coupon'
- Click 'Proceed to checkout'
- Enter our school's name to verify your eligibility. The \$39 discount will then be applied.
- Fill in your account details. These are the details you will use to login to your account and access your webinar and resources
- Click 'Place Order'

YOUR MEMBERSHIP BENEFIT: A WEBINAR FOR PARENTS

Dr Jodi Richardson presents: Building lasting happiness in children

Wednesday 23 March 2022
8:00pm - 9:00pm AEDT

Anxiety and wellbeing speaker, author, educator





SACRED HEART PRIMARY SCHOOL

Student of the Week

Foundation

1/2 NS

1/2 PA

3/4 NJ

3/4 RM

5/6 JD

5/6 MR

PE

LOTE

STEM

Performing Arts

Visual Arts

Science

Elly Gallagher

Beau Nardella

Conor O'Reilly

Miles Valentine

Owen Valentine

Georgia Fitzmaurice

Jacoby Turner

Miller Burns

Mitali Perera

Nicholas Dovile

Miller Burns

Davey Dooley

Jack Nardella





SACRED HEART PRIMARY SCHOOL

Important Dates

March

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
14 WEEK 7 A	15	16	17	18	19	20
LABOUR DAY HOLIDAY	Harmony Week Eucharist Faith Night 5.30pm & 7.00pm		St Patrick's Day	ISS v Hurstbridge National Day of Action against Bullying & Violence Assembly 3pm		School Tours - 10.30 am
21 WEEK 8 B	22	23	24	25	26	27
		TRP Parent Webinar		Ride2School Day ISS v Diamond Creek Assembly 3pm Hot Cross Buns orders due		Sacrament of First Eucharist School Tours - 10.30 am
28 WEEK 9 A	29	30	31			
Sacred Hearts Got Talent	School Photos – The School Photographer		Collect Hot Cross Buns			

April

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
				ISS v Greenhills Assembly 3pm	First Eucharist	First Eucharist School Tours 10.30am Daylight savings ends
4 10 B	5	6	7	8	9	10
Parents Association 7.30pm	SAC 7.30pm			Easter Bonnet Parade 9.10am Special Lunch Order Easter raffle drawn END OF TERM 1 2.30PM		

- GOOD FRIDAY – 15 April
- EASTER SUNDAY – 17 April

Saint Patrick's Day

To celebrate the Feast Day of Saint Patrick, on **Thursday 17th March**, students are invited to wear a touch of green to school. Students are required to wear their full school uniform with something green added, for example, a green ribbon, green socks, green hat etc.



MARCH 17, 2022



SACRED HEART PRIMARY
SCHOOL



Easter Raffle

Dear families,

We are requesting donations of Easter eggs for our annual Easter Raffle. Any donation, big or small, will be greatly appreciated. Please send any Easter egg donations to the office by Friday 1st April.

Thank you,

Parents Association





SACRED HEART PRIMARY SCHOOL

Learning & Teaching

In visual art, Foundation students read *Odd Dog Out* by Rob Biddulph, a book about embracing being unique. Students then created their own unique sausage dog as an expression of this.



Years 3 to 6 students have been revising the art elements and principles and have made these wheels which they will now use in class throughout the year to help them identify and analyse the art elements and principles used by artists in artworks they view.

Students in Years 1-6 have been working on drawing skills. They have been drawing objects such as toys and other things found around the classroom/schoolyard.



Years 5 and 6 students practised their modelling skills, including kneading, rolling, joining and manipulating clay to create these little houses. Students were asked to create a house that expresses their unique personality. The clay houses are currently drying out before they will be placed in the kiln. Students will then complete their creations by painting and decorating them for display.



Family Maths Challenge:

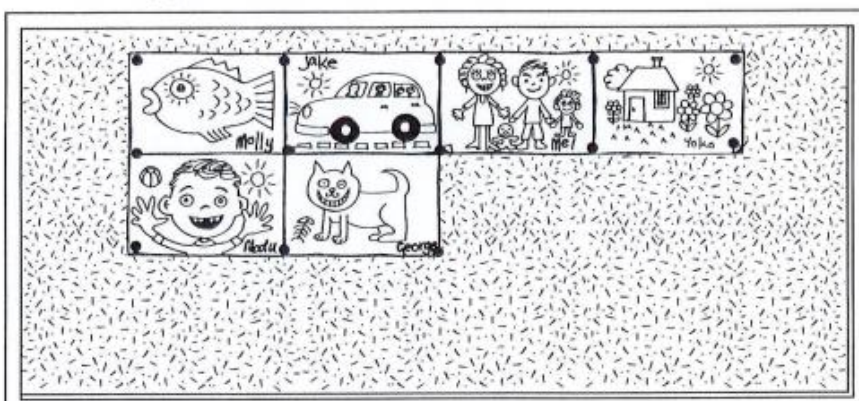
Please email your answers to Mrs Claudia Neale: cneale@shdiamondcreek.catholic.edu.au

A Fun Family Maths Challenge #6:

Junior Challenge:

Melinda is helping her teacher pin up the class's artwork. She has 12 paintings that she is going to pin up in 3 rows, with 4 paintings in each row.

2. How many pins does she need? _____



Senior Challenge:

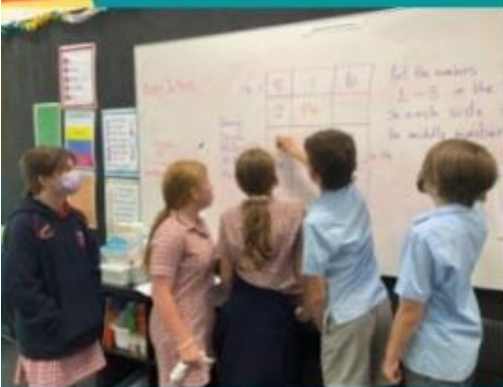
6

What is the number?



- It is smaller than 2 000 but bigger than 1 000.
- The hundreds digit is smaller than 6 but bigger than 4.
- The tens digit is an odd number smaller than 7 but bigger than 3.
- The ones digit is in the 4 times tables and is bigger than 7 but smaller than 10.
- The thousands digit is 1 more than 0.

WHAT AN
EXCITING
START TO
THIS YEAR IN
5/6!



Village OSHC News:



International Women's Day

International Women's Day is an excellent opportunity to show our little leaders, both boys and girls, that the world celebrates equality, diversity and opportunities for everyone.

We celebrate those who came before us, those who stand beside us, and those who will come after.

The Extend Group believes wholeheartedly in equality and the removal of bias our workforce. We are incredibly proud to continue to offer equal opportunities across both educator and management roles in our company.

This Week @ Sacred Heart



Our students supporting International Womens Day by 'Breaking the Bias'

Clean Up Australia – Clean Up Sacred Heart





WELCOME TO MINI VINNIES 2022

Mini Vinnies empowers students to promote issues affecting their community through volunteering, supporting and fundraising. Students within the school and local community put their values into action. They meet regularly to learn about social justice issues, develop **leadership** skills and engage with the wider St Vincent de Paul Society. Mini Vinnies vision is “See, Think, Do.”

INTRODUCING OUR 2022 MINI VINNIES GROUP

- Penny Madison Michala, Tess, Harper, Maia, Amelia, Mitali, Monique



OUR FIRST TASK FOR THE YEAR

We encourage all families to contribute to Project Compassion during Lent. Caritas Australia does a wonderful job of supporting those in need. Across the six weeks of Lent we will share with you a story from Caritas Australia's website that illustrates the work they do to assist the vulnerable. This is also

shared at Assembly each Friday afternoon.

We aim to raise money for this wonderful cause and ask for all families to support this initiative. This is an important time of learning for all students and families as members of a Catholic faith community.



PRAYER

We pray for the work of Caritas Australia through Project Compassion. We pray also for greater respect for the environment. May we care deeply for the Earth that God has entrusted to our care. May we realise that we are on Holy Ground. Amen.





SACRED HEART PRIMARY SCHOOL
Community News

To assist your decision making in relation to your child's education for 2023 and beyond, please find below a link to the 136 page 2022 edition of the Catholic Education Guide.

CLICK HERE: <https://victoriaschoolguides.starcommunity.com.au/catholic-education/>



You are invited

Small Business Breakfast

Proudly presented by Loyola College Alumni Association in conjunction with VCAL/VET Small Business students

29 March 2022

7:30am - 8:30am

Magis Performing Arts Centre
Loyola College

Keynote address

Small Business surviving post COVID

\$10 registration at Trybooking

www.loyola.vic.edu.au/tickets/

RSVP 25 March



IN THE PARK PRODUCTIONS

JUST MACBETH!

by **Andy Griffiths**
LIVE ON STAGE

Murder!
Madness!
Wizz Fizz!

MAR 18-27
Eltham / Diamond Creek

www.inthepark.com.au

CREATIVE VICTORIA REGIONAL VICS VICTORIA Nillumbik The Green Village Store Regional Centre Rotary

RITCHIES CARD WELCOME OFFER!

\$10 off your first shop*

- 1 Join and activate your Ritchies Card or App.
- 2 Visit a store within 14 days, spend \$100 or more in a single transaction and scan your Ritchies card or app.
- 3 Get \$10 off instantly. Valid for one transaction.

Download the Ritchies Card App and select the club, school or charity that you wish to support.

RITCHIES CARD

Download on the App Store GET IT ON Google Play

Any Loyalty customers who spend \$100 or more in a single transaction, in either the supermarket or liquor store (excl. tobacco, gift cards etc), will be entitled to receive a Ritchies Friendliest Team Hessian bag valued at \$4.99 during this promotion period.

This exciting promotion commences on Wednesday 23rd February and will run for 2 weeks in both Supermarket and Liquor

RITCHIES CARD MEMBERS

Spend \$100* in one transaction and get a **FREE** Ritchies The Friendliest Team Bag Valued at \$4.99!

Available for a short time only. While stocks last.

SCAN TO DOWNLOAD THE RITCHIES CARD APP

RITCHIES CARD MEMBERS

Available for a short time only. While stocks last.

Auditions at ELT 26th and 27th March 2022

the WIND in the WILLOWS

If you are between the ages of 10 and 18 years of age, Eltham Little Theatre invites you to audition for their production of the musical *Wind in the Willows*. We are looking for enthusiastic performers who can help bring this classic children's story to life. Acting, dancing and singing skills are required for all characters. Strong dancing skills are not necessarily required but they would be an advantage.

Auditions will be held at the Eltham Performing Arts Centre, 1603 Main Rd Research 3095.

Details on roles available and how to register for auditions can be found on the ELT website - Acting and Directing at ELT menu - Auditions.

www.elthamlittletheatre.org.au

Primary School children are invited to take part in a workshop at Edendale Farm to learn how to harness the power of the sun to create a unique sun print. This will be run by *Clean Energy Nillumbik* a volunteer organisation <https://www.cleanenergynillumbik.org.au/> as part of the

Clean Energy Nillumbik Clean Energy Expo

Solar printing for kids

In this one-hour workshop children will learn how to harness the power of the sun to create a totally unique sun print.

Where: Edendale Farm

When: Sunday 3 April

Cost: FREE

Times: 11:00am, 12:00am, 1:00pm or 2:00pm

Bookings essential: www.cleanenergynillumbik.org.au/kids

Wear: Old clothes or smock – fabric dyes may stain

Age: 5+ (children under 7 will need adult assistance)

Clean Energy Nillumbik

FREE KIDS ACTIVITY!

CLEAN ENERGY EXPO

CREATE YOUR OWN SOLAR PRINT!
PLUS OUTDOOR GAMES, EV DISPLAY,
LIVE MUSIC AND MORE!

SUNDAY APRIL 3RD

EDENDALE COMMUNITY ENVIRONMENT FARM
ELTHAM

REGISTER ONLINE!

WWW.CLEANENERGYNILLUMBIK.ORG.AU/EXPO

Proudly supported by

Nillumbik
The Green Wedge Shire

THE LIVING RAINFOREST

EVERYONE'S WELCOME

Greensborough
Plaza

HEY KIDS,

Here at Greensborough Plaza, we are passionate about teaching our local community to learn, be engaged and be inspired.

From March 28th – April 13th, the Centre Court at Greensborough Plaza will be transformed into a natural, serene environment with a rainforest that will come to life with an array of living plants and enjoyable experiences.

A custom-built boardwalk will take you on a journey, where you can enjoy the natural surroundings and hidden animals. The rainforest will feature an interactive console containing information and facts about native Australian animals, and when pressed activates sounds within the forest set. A special fog show will also take place hourly.

As well as ensuring students have lots of fun, they will learn all about the unique and enchanting wildlife we have right here in Australia.

The best times for large groups would be 9am or 10am from Tuesday 29th March to Thursday 7th April, however if the above times are not suitable please contact the Marketing Co-ordinator at Greensborough Plaza who will work with you directly to arrange a time.

Get ready to explore The Living Rainforest, just at your doorstep.

For more information, please contact:

Danielle Novak
Marketing Co-ordinator,
Greensborough Plaza
Dani.Novak@ap.jll.com
9435 4000