



SACRED HEART PRIMARY SCHOOL

Newsletter

Working together to build a learning community that embraces faith, diversity and personal growth.

Sacred Heart Primary School, Diamond Creek

Telephone: 03 9438 1590

Email: principal@shdiamondcreek.catholic.edu.au

Website: www.shdiamondcreek.catholic.edu.au

View the Newsletter online: <https://www.shdiamondcreek.catholic.edu.au/newsletters-forms/>

Newsletter No 8 Term 3

1 September 2022

Dear Sacred Heart families and friends,

Thank you to all families for your support in regards to the school closure on Monday and Tuesday. This time enabled the staff an opportunity to work with presenters from the Berry Street School and further develop skills in regards to Learning Diversity within the classroom.

The Berry Street Education Model (BSEM) provides strategies for teaching and learning that enable teachers and support staff to increase engagement of students with complex, unmet learning needs and to successfully improve *all* students' self-regulation, relationships, wellbeing, growth and academic achievement. The pedagogical strategies incorporate trauma-informed teaching, positive education, and wellbeing practices. We believe that this is of extreme importance following two years of lockdowns and the impact this has had on students, staff and families. This opportunity was positive, enabling our staff to develop, reflect and now integrate strategies to further support our students in a supportive environment to ensure all students are the best version of themselves.

Melbourne Archdiocese Catholic Schools School Improvement Survey - MACSSIS SURVEY

In 2022, students, families and staff have been invited to participate in MACSSIS via a secure and purpose-built online platform. The survey will take place online from Monday 29th August to Friday 16th September 2022. This feedback is invaluable to our progress as an effective school community and is backed by evidence-based research and best practices. PLEASE take the time to complete this survey to help support the school with future direction and affirmation for the positive strengths of Sacred Heart Primary School.



For the last two weeks of Term 3 Jim will be taking well deserved Long Service Leave to travel through Victoria and New South Wales. Gina will be Acting Principal during this period.

We wish all the Fathers and father figures in our community a very Happy Father's Day for this Sunday.

Kind regards,

Jim & Gina



SACRAMENT OF RECONCILIATION:

Reminder that any student celebrating the Sacrament of Reconciliation this year is expected to attend the commitment Mass on Saturday 3 September at 7.15pm at St Peters, Hurstbridge or Sunday 11 September at 9am at Sacred Heart Parish, Diamond Creek.





SACRED HEART PRIMARY SCHOOL

General News

HATS:

Reminder to all families that as the UV ratings increase it is expected that all students wear the correct sun hat from Thursday 1 September. Hats are available from the office for \$15 or can be ordered online via CDFPAY.

HOOP TIME:

A number of Year 5/6 students are representing Sacred Heart Primary School in the Hoop Time Basketball competition today.

STATE GOVERNMENT SHADE SAIL PROGRAM

This morning work began on installing the shade sails over the entrance to the Community Centre. These sails will provide shade for this outdoor learning and gathering space in accordance with the State Government's Shade Sail Program for Schools. This program was initiated in 2021 in response to the Pandemic and the need to provide schools with the opportunity to have students out in fresh air more often during the school day.

DIAMOND CREEK TOWN FAIR:

When: Saturday 10th September, 2022
Theme: Superheroes!
Where: Diamond Creek Netball Courts
Time: Assemble at 9.30am for a 10.00am start

This year Sacred Heart Primary School will once again participate in the Grand Parade at the Town Fair. The theme for this year's parade is 'Superheroes'. Sacred Heart students will march in the parade wearing their sports uniform with more exciting details to come. All students are expected to participate in the parade if possible, especially those who hold or have held leadership positions within the school during the year. This is an opportunity for all students to represent our school with pride in our local community. All parents are required to check in their child with a staff member upon arrival. At the conclusion of the parade all children must be collected immediately and checked off by a staff member from Coventry Oval. We thank you for your support of this event.

DISTRICT ATHLETICS

Congratulations to all students who represented Sacred Heart in the District Athletics Carnival last week. Congratulations to the following students who have made it through to Division Athletics which is to be held on Thursday 8th September at Meadowglen International Athletics Stadium, Grace O, Alfie R, Oliver P and Charlie R.

DADS AND DONUTS

On Friday 2nd September we will celebrate our Dads with a special assembly followed by a small presentation of Donuts and a handmade gift. The assembly will begin at 2.45 pm in the Community Centre and we would like to see as many Dads who are able to attend to come along.

Dads and Donuts

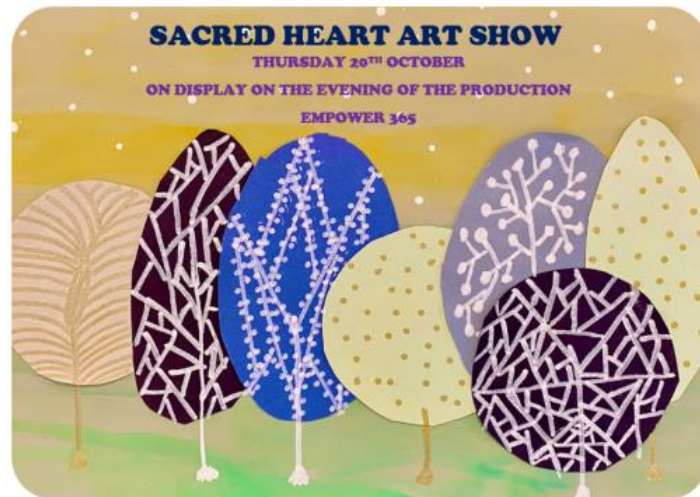
Bring along your dad or special guest to celebrate the wonderful father figures in our lives.

DATE: Friday 2nd September
TIME: 2.45pm - Assembly followed by a presentation
VENUE: Community Centre



Costume letters and requirements have been sent home to all students this week. Students will be required to bring all of their costume items to school on the day of production, Thursday 20th October.

Students will be asked to wear their sports uniform on this day.
Tickets will be available for purchase through trybooking at the end of this term.



SACRED HEART PRIMARY SCHOOL

Wellbeing

UPSCHOOL - A Community Resource By Sacred Heart Primary School - available on our school website.

Education is so much more than books and pencils, homework and study. Education is life, the experiences we share, the hurdles we overcome, the relationships we build and the lessons sometimes hard won. How we interact with the world, our peers and our parents are governed by what we learn in school as well as from the world around us.

Shared experiences, community and family are fundamental in shaping our children into positive, self-aware and intelligent little people and communication is key to keeping a community together. We believe education should be creative, inspirational and inclusive so we decided to create a specially designed resource centre to keep our families connected.

Packed with creative and fun ideas in health and self-awareness, kids activities, educational resources, school updates and support, Upschool is designed to keep you engaged, connected, informed and inspired to live, learn and play as a happy, mindful and sharing community.

This free and growing resource centre on our website is our way of sharing positive and inspiring messages that we feel will have a direct and positive impact within our community.

Something in here for all ages and growing weekly.

[UpSchool can be found on the Sacred Heart School website](#)

INSIGHTS

Why dads matter



Father's Day can be a tricky occasion for some families, especially for those who don't have a father who is present in their life because of family breakdown, or a geographical distance which may not allow them to be close by. There are also those of us who have lost a father, or who are being raised by single mums who are both mum and dad to their kids. This too can impact how our kids view 'dad' and what he means to them. Other family structures exist where dad is not present either, and this can complicate Father's Day further.

The reality is that dads, when present and safe, take different shapes and forms. And research shows that kids thrive when dad is that positive, safe presence in their lives.

Over the past few decades, research has shown us that dads (and other male role models like teachers, coaches, church leaders, uncles, grandpas, and more) matter. Enormously. Their positive impact cannot be understated or waved away. And research also tells us that dads (and those other male role models) are stepping up and presenting that positive and active presence in their children's lives.

Why do dads matter?

Having involved fathers, however they might look to you and your family, has a lasting effect on their children's lives, for the better.

Firstly, dads engagement can help kids achieve better results at school, help increase their self-esteem and even reduce the risk of delinquency, substance abuse and other high-risk behaviours in kids. Known as the **'father effect'** - this umbrella term describes these and the many other benefits of a paternal presence, a presence who values and prioritises quality time.

Secondly, these dads matter because their influence, attention, nurturing, and affection help promote children's social and emotional development. They set up a healthy relationship with their children, allow for emotional growth and help develop positive health and wellbeing. And they provide a model of healthy masculinity for their kids; the kind of masculinity that helps those around them feel safer and stronger.

Third, there is a sense of acceptance and security that fathers can help provide which not only help our kids in the short term but continues as they move into adulthood as well. This protective presence can come from both parents but seems particularly present with actively and positively engaged fathers.

Fourth, engaged fathers matter because they can also help our kids develop important life skills including respect, problem solving, empathy and social skills. They teach them about limits, consent, and responsibility. Researchers aren't quite sure why or how, but these things seem to develop differently when dads are present versus when they're not.

What does an engaged dad look like?

In TV talk, an engaged dad looks like everyone's favourite blue heeler dad, Bandit from Bluey.

parenting *ideas

If you've watched the show, you'll have seen that Bandit isn't perfect. He can be dismissive now and then. He can say things that are challenging. But despite his imperfections (which we all have), Bandit listens to his children – their thoughts, their concerns, their dreams and their ideas. He encourages them, he challenges them, he shows an interest in them.

And Bandit talks to his children – he makes jokes, he reads books, he tells them about his day, he involves them in other parts of his life. He is verbally expressive with clear communication but without being controlling or belittling.

Bandit plays with his children – he kicks the footy in the backyard, or feeds the baby doll a bottle; he helps put together Lego or find the missing piece of a puzzle. He supports their interests, imagination, and growth. He helps set limits and boundaries and regulate emotions.

Bandit also supports his children – emotionally he helps navigate their problems or worries with them, he doesn't dismiss them. Rather he guides them to solve problems or cope with disappointment themselves. He supports them physically– he watches their sports matches, or dancing recitals; he is their biggest supporter.

Bandit is a positive role model – he demonstrates values that he wishes to instil within his own child/ren. He is honest and shows integrity. But he's not perfect. He makes mistakes – because he is human and when he does, he will own them and will say sorry.

He grows alongside his kids – as his children get older and mature, his relationship with them evolves with it. They learn about each other and grow and feel confident and secure in their relationship together. He values self-care – he has time for himself and ensures his own wellbeing and health is prioritised too because without this, he can't be his best self.

All dads are different but equally important

These qualities of an engaged dad aren't a checklist that dads need to tick off. Every dad will be different and that is okay. What's important is that dads are there for their kids and want to grow with them. That's what life is. Growth. That is what our kids will notice the most and how they will know you matter... because you do!



Shona Hendley

Shona Hendley is a freelance writer and a former secondary school teacher. Her work appears in Kidspot, ABC Everyday, The Guardian, Body + Soul, and News.com.au amongst others. Shona currently lives in regional Victoria with her family, including husband, two daughters, two cats, and three super cheeky goats. You can follow her on [Instagram](#).



SACRED HEART PRIMARY SCHOOL

Important Dates

Term 3 Dates 2022 - FAMILIES

September

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
			Hats to be worn Health & PE Day	ISS V Glen Katherine B (away) Assembly & Fathers Day Celebration 2.45pm	Reconciliation Commitment Mass	FATHERS DAY
5 WEEK 9 A	6	7	8	9	10	11
Year 5/6 overnight excursion (Eco Camp) - Jacinta, Helen M, Duncan, Rachel Parents Association 7.30pm TBC		FUNdamentals for Foundation Program	Division Athletics Parish Pastoral Council Meeting	ISS Finals (Netball & Soccer) Assembly 3pm	Diamond Creek Town Fair	Reconciliation Commitment Mass
12 WEEK 10 B	13	14	15	16	17	18
	SAC 7.30pm	FUNdamentals for Foundation Program	3/4 Netball Tournament	Footy Day Special Lunch order MACSSIS Closes TERM 3 FINISHES 2.30pm		



SACRED HEART PRIMARY SCHOOL

Student of the Week

Foundation
1/2 NS
1/2 PA
3/4 NJ
3/4 RM
5/6 MR
5/6 JD
Visual Arts

Harley Chatfield
Charlotte Lewis
Ava Clark
Alex Campbell
Xavier Hernandez
Amelia Campbell
Zara Campbell
Evie Jones

Week 7 Students of the Week



Foundation News



Sacred Heart School
Celebrating 60 years

SCHOOL 60TH ANNIVERSARY PROJECT.

The 60th Anniversary project for Sacred Heart will now focus on attempting to collect as many class photographs as possible from our 60 years of operation. We will de-identify them so that people's privacy is respected and also to engender a lot of reminiscing and guessing of who was in what year.

Early in term 4 we will set aside a day for us to collect as many class or sporting team photographs and see how many years we can cover in our 6- year history. All photographs will be photocopied and returned to you as soon as possible.

Watch this space.



More Than Football
AFTER SCHOOL PROGRAM

CREATING A MOVEMENT OF CHANGE FOR TOMORROW'S GRASSROOTS LEADERS

Free Trial

To Redeem Free Trial
SCAN QR Code

LOCATION: Sacred Heart Primary School - Diamond Creek
TIME: TUESDAY 3-4:5PM
HEAD COACH NAME: Michael
EMAIL: vic34.football@sportstaracademy.com
PHONE: 0406 805 074

SSAA More Than Sport

1300 372 300
SPORTSTARACADEMY.COM



Research
LOWER PLENTY BASEBALL CLUB

**"COME AND TRY"
JUNIOR BASEBALL**

WEDNESDAY 7TH SEPTEMBER &
WEDNESDAY 14TH SEPTEMBER
5:30 - 7PM
GLENAUBURN PARK, LOWER PLENTY

AGES 5-17 YEARS
ALL GENDERS AND ABILITIES
+ COMPLIMENTARY SAUSAGE SIZZLE

DAVID WILDSMITHS TENNIS COACHING



**HOLIDAY CLINICS
@ UC TENNIS CLUB**



WHATS ON?

Fun tennis for all ages and abilities. A great way to make new friends and an awesome introduction to tennis with the help of experienced coaches.

WHEN AND WHERE?

Day 1: Thursday 22nd September 9:30-12:30PM

Day 2: Tuesday 27th September 9.30am-12:00pm (Red, orange, Green and Yellow ball tournament)

Day 3: September 29th July 9:30-12:30PM

All clinics will be @ UC tennis club, located on Challenger St, Diamond Creek

HOW MUCH?

1 Day: \$40 Per Student

2 Days: \$70 Per Student

3 Days: \$100 Per Student

HOW TO ENTER?

Message Jarryd Wildsmith on 0452581804

- The name/s and contact info of the participants
- Age
- Which Day/ Days

BRING A FRIEND WHO CURRENTLY DOESN'T HAVE LESSONS WITH US AND YOU'LL RECEIVE AN ADDITIONAL \$5 OFF

LIMITED SPOTS AVAILABLE!!!!