



SACRED HEART PRIMARY SCHOOL

# Newsletter

*Working together to build a learning community that embraces faith, diversity and personal growth.*

Sacred Heart Primary School, Diamond Creek

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View the Newsletter online: <https://www.shdiamondcreek.catholic.edu.au/newsletters-forms/>

Newsletter No 2 Term 4

13 October 2022

Dear Sacred Heart families and friends,

## **COVID - 19 REQUIREMENTS:**

You may be aware that the Victorian Government has announced changes to the COVID-19 isolation requirements.

This means that the mandatory orders around isolation for people with COVID-19 have ended and instead we move to health advice and recommendations for people with COVID-19 or COVID-19-like symptoms.

Sacred Heart will continue to adhere to the Department of Health's recommendations to ensure that our school remains a safe environment for our staff and students.

The Department of Health strongly recommends that students and school staff:

- who test positive to COVID-19 stay home and isolate for 5 days and do not attend school after 5 days if they are still symptomatic
- who are symptomatic, but have not tested positive, not attend school. This does not include students with pre-existing conditions such as hay fever.

If your child tests positive for COVID-19, please let us know. You should also continue to notify the Department of Health via their webform or by calling 1800 675 398.

We will no longer report positive cases to the school community.

Please continue to remain vigilant about preventing COVID-19 transmission. Any student who is unwell should continue to remain at home. This helps to keep staff and students healthy and well in our school and reduces the spread of both COVID-19 and other respiratory diseases.

Parents and carers will be contacted if their child shows symptoms while at school.

Students who wish to wear a mask should continue to do so.

To keep our school as safe as possible, we will also continue to use air purifiers and other COVID-19 prevention measures.

Thank you for your continued efforts to keep our school community safe and well.

## **DISCO:**

Thank you to Liz Nardella and her team for making the school disco a possibility for all our students. From all reports the disco was a real highlight for the students, with many different opportunities for the students to participate in and purchase. Thank you to all families who were able to support this event which raised an estimated profit of \$2100 for the school, which will support the fundraising to purchase a new playground for the students.

We give a big thank you to the Rotary Club of Diamond Creek who generously donated funds to Sacred Heart School from the sale of tickets to the Inflatable Obstacle Course at the Diamond Creek Fair.

Regards,

Jim and Gina



**RECONCILIATION PARENT FAITH NIGHT:**

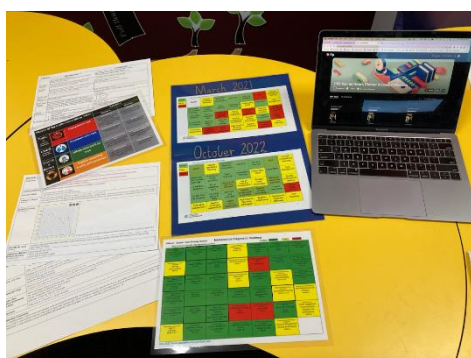
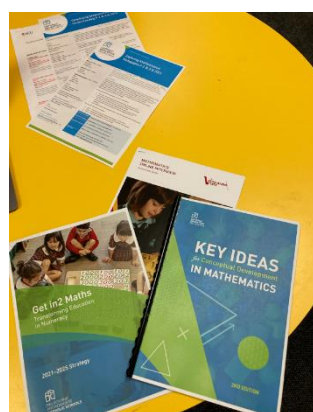
In consultation with Fr Steve we have decided to postpone tonight's Reconciliation Faith night due to the current and forecasted extreme weather conditions and dangers on the roads.



**Learning and Teaching at Sacred Heart in Term 4**

Collaborative professionalism is the belief that through engagement with others, the 'learning together', we build knowledge and insights for instructional leadership to improve student outcomes. Over the past few years, many Eastern Region Catholic schools have been supported by our critical friend and mentor, Dr Lyn Sharratt who has guided us in sharing much with each other about key aspects of our work.

As part of an Eastern Region Learning Fair, 15 schools, including Sacred Heart, were welcomed to Sacred Heart Primary School in Croydon yesterday, 12th November. At this Fair we shared many exciting aspects of our school's growth over the past two years, in the area of Mathematics. Here are some images of the story of our work practice:





SACRED HEART PRIMARY SCHOOL

# General News

**FREE KIDS CRAFT ACTIVITIES**



SACRED HEART PARISH

## CRAFT MARKET

SUN 23 OCT \* PARISH HALL

10AM - 2PM

25 GIPSON STREET  
DIAMOND CREEK

**FOOD ENTERTAINMENT! COFFEE**





@thepetiteknot

@debsdesignlab

@woodandhoney\_

### LOCAL MODERN MAKERS, CRAFTERS + PRODUCERS!

- \* Dried Flower Arrangements
- \* Custom Homewares + Keepsakes
- \* Clay Earrings + Fine Jewellery
- \* Tote, Picnic + Beach Bags
- \* Artisan Soap, Body + Bath
- \* Kids Clothing, Accessories + Dolls
- \* Hand-poured Candles + Fragrance
- \* Gourmet Food + Wellness Hampers
- \* Fresh Flowers, Plants + Produce
- \* Sugar Cookie Gifts + Activity Kits
- \* Baby Clothing, Nappies + Accessories
- \* Macramé Decor, Angel Dolls + Gifts
- \* Watercolour Art + Premium Cards
- \* Kids Library Bags, Smocks + Aprons
- \* Homemade Cakes + Baked Goods
- \* RAFFLE + MORE!

  Facebook > Sacred Heart Craft Market



**YOU'RE INVITED!** All families will receive a printed invitation to the Sacred Heart Craft Market today! We really hope to see you all there to join in the fun and help raise much-needed funds.

TIP > Find the event on Facebook to mark your RSVP, share with family and friends and to see the exciting list of Stallholders! <https://fb.me/e/1OxDyh64w>

**YOU CAN STILL HELP! – SEE HOW BELOW!** We really appreciate your generous donations!

#### Cake Stall

We would love donations of your favourite cakes, biscuits, cookies, muffins, cupcakes, slices, rum balls etc. *NOTE: Please no fresh cream or custard due to food regulations*

Please advise **Megan Ioannidis**, Parish helper, on **0404 532 591** of your contribution by **Monday 17 October**. Simple packaging instructions will be given upon reply.

Cake Stall items can be delivered to the Parish Centre between 3pm and 4pm on Friday 21 October and 3pm and 4pm on Saturday 22 October or otherwise by arrangement.

### **Plant + Produce Stall**

Are you a green thumb? If so, donations of potted plants, herbs or flowers suitable to sell at the Parish Plant Stall would be fantastic! Likewise with any other home-grown produce such as lemons, apples, garlic, herbs, honey and labelled jam etc.

Items can be delivered to the Parish Centre as above or during ordinary opening hours with consideration given to the freshness of produce.

### **Lucky Dip**

We'd very much love if families could contribute a small item suitable for a Lucky Dip prize!

Some suggestions are small, inexpensive items bought at variety stores: fidgets, trinkets, keychains, erasers, stickers, hair accessories, temporary tattoos, bag tags, badges, small figurines, lip balm, packaged lollies e.g. mini Mentos, Chupa Chups etc.

Contributions can be dropped in the designated basket at the School Office anytime during ordinary opening hours up until 4pm Monday 17 October.

### **Become a Student Volunteer!**

Students have an exciting opportunity to volunteer at the Cake Stall or Kids Craft Activity Stall!

- One-hour supervised shifts will be scheduled from 10am until 2pm with two students rostered per shift
- Register your child's interest via the Operoo request

### **Parent Volunteers**

Please feel so welcome to join in and be part of the day too! There are opportunities to help across the Student Volunteer stalls or to assist Parish Volunteers.

- Register your interest via the Operoo request

Please contact **Megan** on **0404 532 591** with any questions or for more information.

*Many thanks and we look forward to seeing you there!*

### **CONGRATULATIONS:**

#### **Current Student:**

Well done to Alfie Rowley who qualified for the Regional Athletics carnival on Wednesday. To make it to this level is such a tremendous achievement competing against so many students across the state. Alfie finished in 3rd place overall, beating his personal best by 2 seconds! We are so proud of your efforts and achievement Alfie. Well done.



**GRANDPARENTS DAY:**



On Wednesday 26 October we will celebrate Grandparents Day with our students and families. We will celebrate a mass at 9.15am followed by a family activity.

To celebrate the special Grandparents and Grandparent Figures in our lives we will be providing students with the opportunity to create their own personalised Picture Plate.



### ABOUT THIS FUNDRAISER

We are running a Picture Products fundraising activity to benefit the school and celebrate the Grandparents and Grandparents figures within our Sacred Heart community, and we would love for you to join in! Your child/ren's artwork will be transformed into a melamine picture plate that will last a lifetime. Students will be provided with the tools required to create their picture and you may order as many items as you would like.

### HOW IT WORKS

Students will be completing their design at school on Grandparent's Day. After Mass on Wednesday 26th October 2022 students will be divided into family groups where they will be provided with the plate template and the craft supplies required. Grandparents, Grandparent Figures, and Parents/Guardians are welcome to attend and join in with this activity.

Each plate will cost \$30 with all proceeds going back into the school. You are able to order multiple plates with the same artwork.

If you would like to order any plates please complete the order form provided and make payment to the office no later than Friday 28th October. You are under no obligation to purchase any items if you do not want to - it is purely optional if you would like to support this fundraiser. We will send off the pictures that are to be turned into plates and there will be a 6-8 week turnaround time.

Once your order is completed Picture Products will post the plates back to the school and we will send the plates home with students.

### PRICE AND DUE DATE

Each plate will cost \$30. Payment will be **due by Friday 28th October** and can be made via CDF pay: <https://shdiamondcreek.cdfpay.org.au/MonitorOnline/app/#!/login> or cash/card at the office.

Thank you so much for your support!

Children's Name	Class	Cost Each	Total Number of Copies	Total Cost
		\$30		
		\$30		
		\$30		
<b>Totals:</b>				

### **WALKING SCHOOL BUS/WALK TO SCHOOL MONTH:**

Sacred Heart Primary is excited to be taking part in VicHealth's Walk to School during the month of October.

Walk to School encourages primary school students to walk to and from school every day in October to highlight the ways walking improves children's health and wellbeing. Walking to school is a great way to help kids achieve the recommended 60 minutes of physical activity each day.

We'll be encouraging families and students to walk to and from school as often as possible during October to help students learn healthy habits for life.

Parents often cite safety issues as one of the primary reasons they are reluctant to allow their children to walk to school. Studies show that fewer children are walking and riding to school, and more children are at risk of becoming overweight. Changing behaviours of children and parents requires creative solutions that are safe and fun. A walking school bus is a group of children walking to school with one or more adults. One adult 'drives' at the front of the bus, while the other adult supervises at the rear.

The benefits extend throughout the community and include:

- a safe and convenient way for our children to travel to school,
- improvement in the health and wellbeing of our children through walking and talking,

- an opportunity for our children to learn road sense and traffic safety,
- a reduction of traffic congestion around our school,
- contributing to reducing pollution,
- opportunities for children and parents to develop friendships and a sense of 'family' in our school community.

For Walk to School Month, two staff members have volunteered to be present each Friday at 8.10am at Everleigh Drive to depart for Sacred Heart no later than 8.15am and supervise the students walking to school.

The route will be:

- Start at Wadeson Park at Everleigh Drive, proceed along Everleigh Drive to Broad Gully Road, proceed along Broad Gully Road to supervised crossing, proceed along western side of Gipson Street to supervised crossing, and arrive at Sacred Heart.

If you would like to join them you are more than welcome otherwise ensure your child/ren are at the Wadeson Park at 8.15am or they can join us along the way.

Of course should the weather be not suitable for the Walking Bus staff will not be present at Wadeson Park.

### **SCHOOL CLOSURES THIS TERM:**

Please note that there will be a school closure on Monday 31st October followed by the Melbourne Cup public holiday on Tuesday 1st November as well as a closure on Monday 21st November to enable staff to work with Berry Street and further develop skills in regards to Learning Diversity within the classroom.

The Berry Street Education Model (BSEM) provides strategies for teaching and learning that enables teachers to increase engagement of students with complex, unmet learning needs and to successfully improve *all* students' self-regulation, relationships, wellbeing, growth and academic achievement. Our pedagogical strategies incorporate trauma-informed teaching, positive education, and wellbeing practices. We believe that this is of extreme importance following two years of lockdown and the impact this has had on people.

### **2023 STUDENT CLASSES:**

Fairly soon our teachers will start the process of organising next year's class groups. This process will take several weeks so that the groupings are as balanced as possible. We also use a program called 'Class Solver' that takes in information regarding academic, social, needs, preferences and requests to help formulate classes. Once the process is finalised, changes will only be made in exceptional circumstances. Over the last few years this process has run smoothly and we are aiming for similar results again this year.

Parent requests are being invited for consideration. Please note that ALL REQUESTS MUST BE IN WRITING.

- Placement requests will only be considered in relation to your own child and it is not appropriate to involve other students.
- Requests need to relate to social, academic and/or behavioural needs of students. It is not appropriate to request a particular teacher.
- All requests must be with Jim – josullivan@shdiamondcreek.catholic.edu.au or Gina – gmurphy@shdiamondcreek.catholic.edu.au prior to Friday 28th October.
- We will attempt, as much as possible, to satisfy appropriate parent requests providing they are received by the due date.

In order for this process to be as authentic as possible it is essential that we know of any students who will not be continuing at Sacred Heart in 2023.

### **SCHOLASTIC BOOK CLUB – ISSUE 7**

Brochures have gone home this week. Orders are due by **Wednesday 19 October**. You can order online via LOOP ([scholastic.com.au/LOOP](https://www.scholastic.com.au/LOOP)) or return the order form in the back of the brochure with correct money to the office.

If you order online by Friday 7th October, you can use the following promo code to get \$5 off your order.



USE PROMO CODE: **ISSUE7GIFT**

**\*BE QUICK, VALID UNTIL MIDNIGHT FRIDAY 7 OCTOBER!**

**CADBURY CHOCOLATE FUNDRAISER:**



**Outstanding Chocolate Payments:**

Please ensure your payment of \$60.00 is made via CDFPay or cash returned to the office in the fundraiser envelope ASAP. We really appreciate everyone's effort in selling these chocolates and supporting our fundraising efforts.

**VILLAGE OSHC NEWS:**



**Always Learning and Always Evolving**

VillageOSHC's valuable and informative monthly publication, 'The Network - Community Hub' is back with another edition.

This will provide you with interesting articles, reviews and ideas for our community.

Please click below to download the latest edition

- [The Network - Community Hub October 2022](#)

We sincerely hope you find this resource useful and insightful.



**PRODUCTION NEWS:**

Tickets for Sacred Heart's Production of The End are available for purchase from Trybooking. Please click on this link to order your tickets: <https://www.trybooking.com/BXVIC>



**Click here to purchase your tickets!**

**\*\*\*\*\* ONLY 1 WEEK TO GO! \*\*\*\*\***

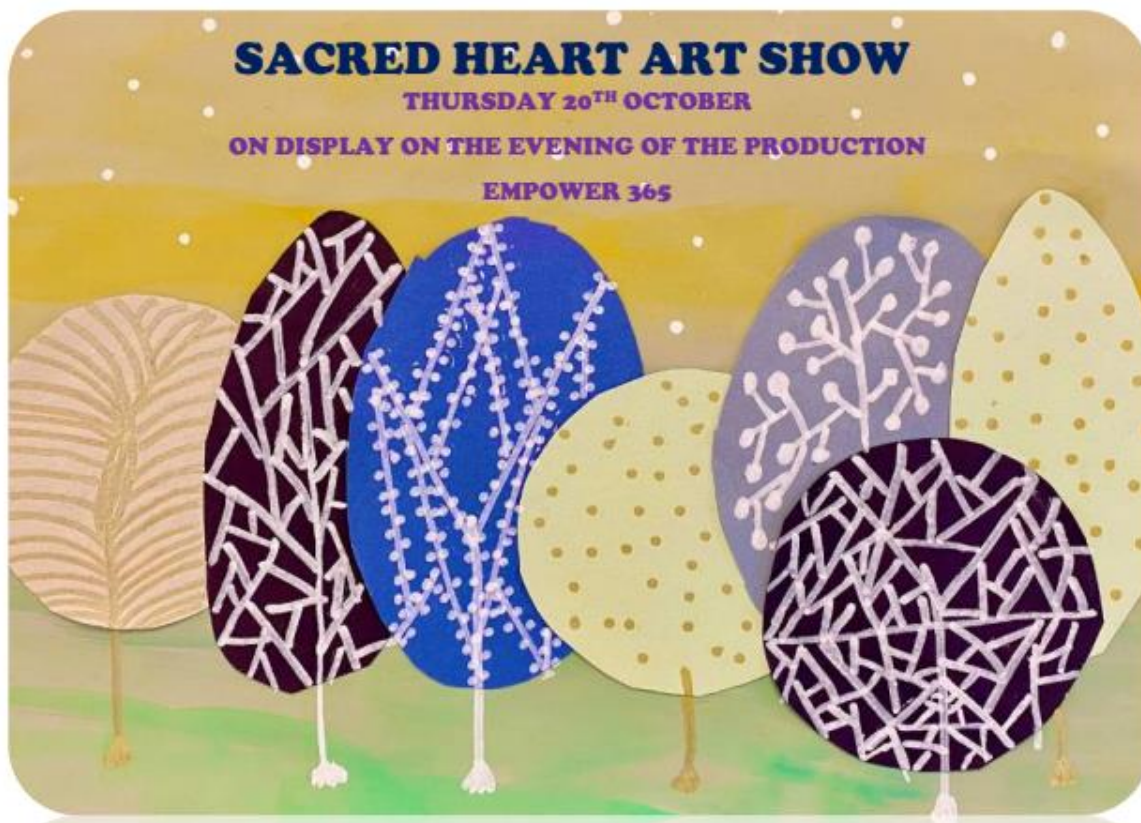
Sacred Heart  
**The End**

Thursday 20th October, 2022

Matinee 12:30pm  
Evening 7:00pm

Empower 365  
360 Main Road, Lower Plenty

Tickets- <https://www.trybooking.com/BXVIC>



**SACRED HEART ART SHOW**  
THURSDAY 20<sup>TH</sup> OCTOBER  
ON DISPLAY ON THE EVENING OF THE PRODUCTION  
EMPOWER 365

The poster features a stylized illustration of seven trees with various patterns and colors (brown, dark purple, blue, light green, purple, and dark purple) against a yellow background with white stars. The trees are set on a green grassy field.



INSIGHTS

## Establishing digital boundaries for a good night's sleep



It's well established that sleep is vital for children and adolescents' learning, physical health, mental wellbeing and emotional regulation. Yet, a concerning number of Australian children and adolescents aren't meeting the national sleep guidelines according to a recent study\*.

There are many reasons for young people's poor sleep habits including school demands, co-curricular and/or work commitments, perceived pressure from parents and educators and consumption of energy drinks. Young people's digital device habits can have a significant, negative impact on their sleep.

Handheld devices emit blue light which hampers melatonin production. This can result in the delayed onset of sleep and potentially shorten critical phases of the sleep cycle. Research confirms that children who have not yet gone through puberty are particularly vulnerable to blue light exposure in the evening as they have larger pupils, compared to post-puberty adolescents.

### Strategies to stop screens from sabotaging your child's sleep

Parents can have a positive influence on their child and teens' digital habits and doing so will yield positive results for their child's sleep and subsequent learning and wellbeing.

#### Establish a digital bedtime

Kids should switch off digital devices 60 minutes prior to falling asleep. Reinforce this habit by establishing a 'landing zone' such as a kitchen bench, or desk in a study or sideboard where digital devices go for charging and storage. Many students report that they 'need' to complete homework or submit assignments late at night. Verify the validity of such statements and work in partnership with your child's school to limit this type of required screen activity at night. Parents need to also be good role models by switching off before bed too.

#### Tech-free zones

Bedrooms should be tech-free zones so consider buying an alarm clock if your child uses a mobile phone to wake themselves up. Keeping devices out of bedrooms removes the tech-temptation to use them throughout the night, reduces the likelihood that they'll reach for them upon waking and lessens the chance of cyberbullying incidents. Ensure any devices left in bedrooms are on airplane mode and that the device is away from their line of sight.

#### Ensure a daily dose of 'greentime'

Exposure to natural blue light from sources such as the sun is critical for regulating circadian rhythms and promoting sleepiness at night. Ensure your child/teen is exposed to bright, natural, daytime light preferably before midday each day.

## Use blue light filters

Most devices include options for 'night mode' or 'dark mode' that reduce blue light exposure. Dimming the brightness of the screen in the settings or applying a filter on a desktop or laptop also assists.

## Do a screen swap before bed

Encourage passive tech activities before bed such as watching TV, listening to an audiobook, music or podcast, or reading on an e-reader.

It can be a challenge navigating digital boundaries with your child or teen particularly when it involves sleep, which is vital for health, wellbeing and learning. Talk to them regularly about the importance of sleep using science and facts to substantiate your claims.

\*The Australian Department of Health recommends between 9-11 hours of sleep for children (aged 5-13 years) and between 8-10 hours of sleep for adolescents (aged 14-17 years). A 2019 study published by the Australian Institute of Family Studies found that a quarter of 12-15 year olds were experiencing a concerning lack of sleep and more than half of the 16-17 year olds in the study were not getting the recommended 8-10 hours/night ([Source: https://aifs.gov.au/sites/default/files/publication-documents/lsac-asr-2018-chap4-sleep.pdf](https://aifs.gov.au/sites/default/files/publication-documents/lsac-asr-2018-chap4-sleep.pdf))



### Dr Kristy Goodwin

Dr Kristy Goodwin is a digital wellbeing and performance speaker, author and researcher (and mum who also deals with her kids' techno-tantrums!). She's the author of *Raising Your Child in a Digital World*, and a media commentator who doesn't suggest that we ban the iPhone, or unplug the gaming console (digital abstinence isn't the solution). Kristy translates research into essential information and realistic strategies for parents to ensure kids and teens thrive in the digital world. For further details visit [www.drkristygoodwin.com](http://www.drkristygoodwin.com).



# SACRED HEART PRIMARY SCHOOL

## Important Dates

### Term 4 Dates - FAMILIES - 2022

#### October

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>10 WEEK 2 B</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
Parents Association Meeting 7.30pm		FUNdamentals for Foundation Program	Free Dress Day for Winning House  Reconciliation Faith Night  PPC Meeting	ISS v Glen Katherine (away)  Walk to School Bus  Assembly 3pm		
<b>17 WEEK 3 A</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
		FUNdamentals for Foundation Program	School Production	ISS v  Walk to school bus  Assembly 3pm		
<b>24 WEEK 4 B</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
		International Grandparents Day - Mass & Plate Activity  2023 Foundation Information Evening 7pm		Walk to school bus  ISS  Assembly 3pm  Teachers Day		
<b>31 WEEK 5 A</b>						
Report Writing Day School Closure						

#### November

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
	Melbourne Cup Public Holiday	Swimming Lessons 9.15-10.00 F 10-10.45 1/2 10.45-11.30 3/4 11.30-12.15 5/6		ISS v  Assembly 3pm		
<b>7 WEEK 6 B</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Parents Association 7.30pm	Special Lunch Order  Sacrament of Reconciliation	Swimming Lessons	PPC Meeting	ISS v  Remembrance Day  Assembly 3pm		
<b>14 WEEK 7 A</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
	Foundation 2023 Orientation Session 1 2.00-3.15pm  Uniform Shop open 3.15pm - 4.00pm	Swimming Lessons		ISS v  Assembly 3pm		

	SAC 7.30pm					
<b>21 WEEK 8 B</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
SCHOOL CLOSURE – Berry Street: Relationships		Swimming Lessons Foundation 2023 Orientation Session 2 – 2pm – 3.15pm	The Big Sister Experience - Transition Year 5/6 all day Parent Session 6.30-7.45pm	ISS v Assembly 3pm		First Sunday of Advent
<b>28 WEEK 9 A</b>	<b>29</b>	<b>30</b>				
Year 1-6 transition		Open Water Learning Experience (OWLE) 10am - 2.30pm Sandridge Beach Year 5/6  Swimming Lessons				

## December

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			<b>1</b> Foundation 2023 Orientation Session 3 2-3.15pm  Uniform Shop open 1.20pm - 2.00pm  Foundation Celebration 6.15pm	<b>2</b> ISS v Assembly 3pm	<b>3</b> St Peters 50th anniversary 5pm mass	<b>4</b> Second Sunday of Advent
<b>5 WEEK 10 B</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Parents Association AGM 7.30pm	Parent Helper Morning Tea 11am  SAC 7.30pm	Swimming Lessons  Foundation 2023 Orientation Session 4 2.00pm – 3.15pm  Uniform Shop Open 3.15-4.00pm  Year 6 Graduation Mass and Supper 6pm	CHRISTMAS CAROLS 6pm  Free Dress for winning house points Term 4  PPC Meeting	Specialist classes finish  Change over day 2023 (Year 1-6 transition) 11.40am – 1.30pm  Assembly 3pm  Reports go home		Third Sunday of Advent
<b>12 WEEK 11 A</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Awards Ceremony & Final Assembly 2.20pm	Special Lunch TBC  Year 6-7 Transition for some schools		End of Year Celebrations	End of Year Mass 12pm & Leaving ceremony  Students dismissed at 1.30pm		
<b>19 WEEK 12</b>	<b>20</b>					
Staff last day and lunch	Staff Professional Planning Day (off campus)					



# SACRED HEART PRIMARY SCHOOL

## *Student of the Week*

Foundation	Alannah Stanic
1/2 NS	Alfie Harte
1/2 PA	Lawson Luchetta
3/4 NJ	Daniel McIlroy
3/4 RM	Caitlin Waddington
5/6 MR	Miaa Mitrovski
5/6 JD	Leo Liu
LOTE	Delilah Hodgson
Performing Arts	Foundation Class
STEM	Sebastian Zagami
Visual Arts	Madison Fitt
Science	Ivan Nemyrovskiy & Eadie Perry-Turnley
P E	Jacoby Turner



Week 1 Students of the Week



Token Winners



F – 2 Class Leaders

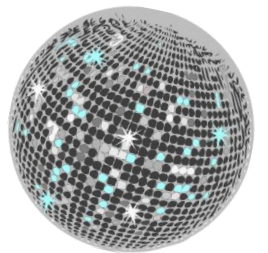


Australian Maths Competition Awards



Disco Fun @ Sacred Heart







## Administration Building – works this week

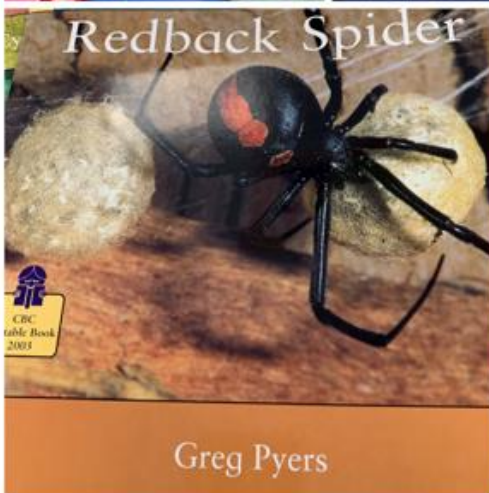


New windows to the front of the school – Meeting Room and Staff Room



Administration Office taking shape

## Lots of great learning happening in Year 1/2 this Term





SACRED HEART PRIMARY SCHOOL

# Community News

## SCHOOL 60TH ANNIVERSARY PROJECT

The 60th Anniversary project for Sacred Heart will now focus on attempting to collect as many class photographs as possible from our 60 years of operation. We will de-identify them so that people's privacy is respected and also to engender a lot of reminiscing and guessing of who was in what year.

Early in term 4 we will set aside a day for us to collect as many class or sporting team photographs and see how many years we can cover in our 6- year history. All photographs will be photocopied and returned to you as soon as possible.

Watch this space.



Sacred Heart School

*Celebrating 60 years*



### **Always Learning and Always Evolving**

VillageOSHC's valuable and informative monthly publication, 'The Network - Community Hub' is back with another edition.

This will provide you with interesting articles, reviews and ideas for our community.

Please click below to download the latest edition

- [\*\*The Network - Community Hub October 2022\*\*](#)

We sincerely hope you find this resource useful and insightful.



Hi Everyone.

Diamond Valley, Eltham and Nillumbik Lions clubs are proud to support Backpacks4VicKids. (B4VKs)

<https://www.backpacks4vickids.org.au/needs>

B4VKs are a registered Not For Profit charitable organisation run by volunteers. They keep overheads minimal, relying heavily on the time and skills of volunteers.

Their purpose is to aid displaced children by providing the essentials needed most urgently, long before any arrangements have been made to further support them. Often children are placed quickly into foster or kinship care, for example, without much more than what they are wearing at the time. They provide displaced children with a few essential items to help resource them, restoring dignity, self-worth, and to show them someone cares.

Please join us all, for a FUN day on 23 October 2022, and let's all unite for the children who need our help.

We will be having a silent auction, a bottle auction and a couple of other fun activities.

*Bookings can be made by following this link*

<https://www.trybooking.com/eventlist/eventListingURL?aid=168061>

**HURSTBRIDGE HURRICANES**  
**INTRO TO BASKETBALL**

**\$50**  
For 5 sessions

For Ages 5 - 12 4.00 PM-5.00 PM  
Hurstbridge Basketball Stadium

Every WEDNESDAY  
from 19th Oct to 16th Nov

Registration link [www.hurstbridgehurricanes.com/programs](http://www.hurstbridgehurricanes.com/programs)

**PARADE COLLEGE**  
**PARADE**  
TENETE TRADITIONES

**BOOK A FAMILY TOUR TODAY**

**Parade College**  
Bundoora Campus  
Yr. 7-12  
Preston Campus  
Yr. 8-12  
Visit [parade.vic.edu.au](http://parade.vic.edu.au)  
to book a tour!

**TERM 4 DATES**

- Friday 14 October
- Monday 24 October
- Thursday 10 November
- Thursday 17 November

Tours commence at 9:15am  
& conclude at 10:45am

#aworldofopportunities